

Epreuve 22
 17.07.2026 - 16:56

Filles, 400m Libre

 15 ans et moins
 Liste résultats

Limite - J12 (-) Damen - 12: 5:20.58 / Limite - J13 Damen 13: 5:03.75 / Limite - J14 Damen 14: 4:55.28 / Limite - J15 Damen 15: 4:51.24 / Limite x2 - J12 (-) Damen - 12: 5:25.08 / Limite x2 - J13 Damen 13: 5:08.25 / Limite x2 - J14 Damen 14: 4:59.78 / Limite x2 - J15 Damen 15: 4:55.74 / Limite x3 - J12 (-) Damen - 12: 5:29.58 / Limite x3 - J13 Damen 13: 5:12.75 / Limite x3 - J14 Damen 14: 5:04.28 / Limite x3 - J15 Damen 15: 5:00.24

Points: AQUA 2026

Rang	An	Club	Temps	Pts
12 ans et moins				
1. Benetti Anika	2014	A-Club Swimming Team Savosa	S4:55.36	498
50m: 31.51 31.51	150m: 1:46.28 37.96	250m: 3:03.02 38.43	350m: 4:19.27 37.66	
100m: 1:08.32 36.81	200m: 2:24.59 38.31	300m: 3:41.61 38.59	400m: 4:55.36 36.09	
2. Gerber Alynä	2014	Limmat Sharks Zürich	4:56.03	495
50m: 33.00 33.00	150m: 1:47.90 37.72	250m: 3:04.62 38.24	350m: 4:20.38 37.39	
100m: 1:10.18 37.18	200m: 2:26.38 38.48	300m: 3:42.99 38.37	400m: 4:56.03 35.65	
3. Gläser Nele Sophie	2014	Rolle Natation	4:56.09	494
50m: 32.82 32.82	150m: 1:47.93 37.59	250m: 3:04.45 37.70	350m: 4:21.75 38.21	
100m: 1:10.34 37.52	200m: 2:26.75 38.82	300m: 3:43.54 39.09	400m: 4:56.09 34.34	
4. Rohmeder Hanna	2014	Limmat Sharks Zürich	5:01.09	470
50m: 33.90 33.90	150m: 1:50.77 38.71	250m: 3:08.33 38.66	350m: 4:24.74 37.79	
100m: 1:12.06 38.16	200m: 2:29.67 38.90	300m: 3:46.95 38.62	400m: 5:01.09 36.35	
5. Dulas Elisa	2014	YPS-Club Swim Team Gamprin	5:04.88	453
50m: 33.76 33.76	150m: 1:51.35 39.11	250m: 3:10.48 39.83	350m: 4:28.48 38.58	
100m: 1:12.24 38.48	200m: 2:30.65 39.30	300m: 3:49.90 39.42	400m: 5:04.88 36.40	
6. Zimmermann Nora	2014	Schwimmclub Kreuzlingen	5:05.53	450
50m: 34.21 34.21	150m: 1:52.09 39.52	250m: 3:09.98 38.69	350m: 4:29.00 39.39	
100m: 1:12.57 38.36	200m: 2:31.29 39.20	300m: 3:49.61 39.63	400m: 5:05.53 36.53	
7. Fitzi Lea	2014	Schwimmclub Flipper Gossau	5:05.94	448
50m: 33.43 33.43	150m: 1:50.65 38.58	250m: 3:09.44 39.14	350m: 4:28.09 38.89	
100m: 1:12.07 38.64	200m: 2:30.30 39.65	300m: 3:49.20 39.76	400m: 5:05.94 37.85	
8. Surber Lina	2014	Schwimmclub Bülach	5:06.75	444
50m: 33.71 33.71	150m: 1:51.11 39.09	250m: 3:10.32 39.75	350m: 4:29.59 39.45	
100m: 1:12.02 38.31	200m: 2:30.57 39.46	300m: 3:50.14 39.82	400m: 5:06.75 37.16	
9. Mumenthaler Liza	2014	Lausanne Aquatique	5:14.26	413
50m: 34.23 34.23	150m: 1:53.79 40.02	250m: 3:14.54 40.38	350m: 4:35.55 40.24	
100m: 1:13.77 39.54	200m: 2:34.16 40.37	300m: 3:55.31 40.77	400m: 5:14.26 38.71	
10. Götte Elina	2014	Schwimmverein St.Gallen-Wittenb.	5:14.48	412
50m: 34.82 34.82	150m: 1:54.76 40.44	250m: 3:17.09 41.65	350m: 4:37.67 40.41	
100m: 1:14.32 39.50	200m: 2:35.44 40.68	300m: 3:57.26 40.17	400m: 5:14.48 36.81	
11. Stocker Christina	2014	Schwimgemeinschaft Liechtenst.	5:15.83	407
50m: 35.34 35.34	150m: 1:55.31 40.26	250m: 3:17.40 41.35	350m: 4:38.34 40.42	
100m: 1:15.05 39.71	200m: 2:36.05 40.74	300m: 3:57.92 40.52	400m: 5:15.83 37.49	
12. Salonen Klaara	2014	Startgemeinschaft Berner Oberlan	5:16.39	405
50m: 33.35 33.35	150m: 1:50.99 39.22	250m: 3:12.00 41.44	350m: 4:36.49 42.14	
100m: 1:11.77 38.42	200m: 2:30.56 39.57	300m: 3:54.35 42.35	400m: 5:16.39 39.90	
13. Shield Lexy	2014	Schwimmclub Bülach	5:18.68	396
50m: 35.99 35.99	150m: 1:55.59 40.12	250m: 3:17.34 40.91	350m: 4:39.43 40.98	
100m: 1:15.47 39.48	200m: 2:36.43 40.84	300m: 3:58.45 41.11	400m: 5:18.68 39.25	
14. Bieri Charlotte	2014	Schwimmclub Aarefisch Aarau	5:24.87	374 *
50m: 37.63 37.63	150m: 2:00.15 41.20	250m: 3:23.62 41.58	350m: 4:45.53 40.47	
100m: 1:18.95 41.32	200m: 2:42.04 41.89	300m: 4:05.06 41.44	400m: 5:24.87 39.34	
15. Schreier Sofie	2014	Swim Regio Solothurn	5:31.83	351 ***
50m: 35.23 35.23	150m: 1:56.00 40.78	250m: 3:20.69 43.30	350m: 4:45.53 40.47	
100m: 1:15.22 39.99	200m: 2:37.39 41.39	300m: 4:04.39 43.70	400m: 5:31.83 39.34	
forf.nd. Sniegocki Schrader Emilia	2014	Schwimmverein Baar		

Epreuve 22, Filles, 400m Libre

13 ans

1. Pellanda Esmeralda	2013 Nuoto Sport Locarno	4:40.91	579
50m: 31.27 31.27	150m: 1:42.32 36.07	250m: 2:54.46 35.95	350m: 4:06.14 35.62
100m: 1:06.25 34.98	200m: 2:18.51 36.19	300m: 3:30.52 36.06	400m: 4:40.91 34.77
2. Valsesia Ylenia	2013 Mendrisiotto Nuoto	4:44.96	555
50m: 32.69 32.69	150m: 1:44.94 36.70	250m: 2:57.60 36.10	350m: 4:09.92 35.80
100m: 1:08.24 35.55	200m: 2:21.50 36.56	300m: 3:34.12 36.52	400m: 4:44.96 35.04
3. Wüst Aurelia	2013 Limmat Sharks Zürich	4:47.23	541
50m: 31.82 31.82	150m: 1:44.52 36.94	250m: 2:57.79 36.27	350m: 4:11.54 36.62
100m: 1:07.58 35.76	200m: 2:21.52 37.00	300m: 3:34.92 37.13	400m: 4:47.23 35.69
4. Fortina Nicole	2013 Mendrisiotto Nuoto	4:51.03	520
50m: 32.63 32.63	150m: 1:45.50 36.81	250m: 3:00.18 37.20	350m: 4:14.87 37.22
100m: 1:08.69 36.06	200m: 2:22.98 37.48	300m: 3:37.65 37.47	400m: 4:51.03 36.16
5. Loeliger Sonja	2013 Schwimmclub Uster	4:52.83	511
50m: 31.18 31.18	150m: 1:44.69 37.36	250m: 3:01.06 38.43	350m: 4:17.01 38.29
100m: 1:07.33 36.15	200m: 2:22.63 37.94	300m: 3:38.72 37.66	400m: 4:52.83 35.82
6. Nothelfer Jule	2013 Limmat Sharks Zürich	4:55.10	499
50m: 32.21 32.21	150m: 1:45.04 37.12	250m: 3:01.18 38.23	350m: 4:17.35 37.95
100m: 1:07.92 35.71	200m: 2:22.95 37.91	300m: 3:39.40 38.22	400m: 4:55.10 37.75
7. Carrozzo Audrey	2013 Genève Natation 1885	4:57.08	489
50m: 32.83 32.83	150m: 1:47.20 37.23	250m: 3:03.11 38.11	350m: 4:19.92 37.91
100m: 1:09.97 37.14	200m: 2:25.00 37.80	300m: 3:42.01 38.90	400m: 4:57.08 37.16
8. Miljanovic Josephina	2013 Schwimmverein St.Gallen-Wittenb.	4:59.20	479
50m: 32.90 32.90	150m: 1:48.70 38.60	250m: 3:06.61 38.73	350m: 4:22.35 36.73
100m: 1:10.10 37.20	200m: 2:27.88 39.18	300m: 3:45.62 39.01	400m: 4:59.20 36.85
9. Alberts Tara	2013 Schwimmverein Wädenswil	5:00.09	475
50m: 34.06 34.06	150m: 1:47.91 37.27	250m: 3:03.57 37.82	350m: 4:21.48 38.01
100m: 1:10.64 36.58	200m: 2:25.75 37.84	300m: 3:43.47 39.90	400m: 5:00.09 38.61
10. Noël Héloïse	2013 CN La Chaux-de-Fonds	5:00.42	473
50m: 34.89 34.89	150m: 1:52.73 39.51	250m: 3:09.39 38.62	350m: 4:24.72 37.84
100m: 1:13.22 38.33	200m: 2:30.77 38.04	300m: 3:46.88 37.49	400m: 5:00.42 35.70
11. Adouani Elin	2013 Cercle des Nageurs de Nyon	5:01.10	470
50m: 33.05 33.05	150m: 1:49.84 38.43	250m: 3:06.57 37.80	350m: 4:23.57 37.93
100m: 1:11.41 38.36	200m: 2:28.77 38.93	300m: 3:45.64 39.07	400m: 5:01.10 37.53
12. Maggioni Victoria	2013 A-Club Swimming Team Savosa	5:01.74	467
50m: 33.67 33.67	150m: 1:50.23 38.48	250m: 3:07.34 38.32	350m: 4:24.85 38.30
100m: 1:11.75 38.08	200m: 2:29.02 38.79	300m: 3:46.55 39.21	400m: 5:01.74 36.89
13. Paszkowski Mila	2013 Limmat Sharks Zürich	5:01.88	466
50m: 33.38 33.38	150m: 1:48.37 38.09	250m: 3:06.19 38.95	350m: 4:24.09 39.15
100m: 1:10.28 36.90	200m: 2:27.24 38.87	300m: 3:44.94 38.75	400m: 5:01.88 37.79
14. Strametz Mia	2013 Schwimmverein Baar	5:02.00	466
50m: 35.65 35.65	150m: 1:51.42 37.96	250m: 3:07.66 37.91	350m: 4:24.36 37.91
100m: 1:13.46 37.81	200m: 2:29.75 38.33	300m: 3:46.45 38.79	400m: 5:02.00 37.64
15. Realini Giulia	2013 Mendrisiotto Nuoto	5:02.23	465
50m: 34.19 34.19	150m: 1:50.09 37.91	250m: 3:07.48 38.33	350m: 4:24.32 38.03
100m: 1:12.18 37.99	200m: 2:29.15 39.06	300m: 3:46.29 38.81	400m: 5:02.23 37.91
16. Pezzulo Louise	2013 Genève Natation 1885	5:03.06	461
50m: 33.75 33.75	150m: 1:50.25 38.96	250m: 3:08.29 38.63	350m: 4:26.58 39.39
100m: 1:11.29 37.54	200m: 2:29.66 39.41	300m: 3:47.19 38.90	400m: 5:03.06 36.48
17. Mina Olivia	2013 Turrita Nuoto	5:08.04	439 *
50m: 33.96 33.96	150m: 1:51.83 39.33	250m: 3:11.04 39.43	350m: 4:30.62 39.61
100m: 1:12.50 38.54	200m: 2:31.61 39.78	300m: 3:51.01 39.97	400m: 5:08.04 37.42

Epreuve 22, Filles, 400m Libre

14 ans

1.	Del Bello Paula	2012 Schwimmverein St.Gallen-Wittenb	4:36.21	609
	50m: 31.11 31.11	150m: 1:40.44 34.96	250m: 2:50.75 34.88	350m: 4:01.17 35.06
	100m: 1:05.48 34.37	200m: 2:15.87 35.43	300m: 3:26.11 35.36	400m: 4:36.21 35.04
2.	Müller Mia	2012 Schwimmverein St.Gallen-Wittenb	4:40.29	583
	50m: 31.78 31.78	150m: 1:43.02 35.97	250m: 2:54.63 35.55	350m: 4:05.92 34.81
	100m: 1:07.05 35.27	200m: 2:19.08 36.06	300m: 3:31.11 36.48	400m: 4:40.29 34.37
3.	Lukac Emily	2012 Schwimmclub Uster	4:40.37	582
	50m: 31.42 31.42	150m: 1:41.57 35.72	250m: 2:53.45 36.00	350m: 4:05.96 36.10
	100m: 1:05.85 34.43	200m: 2:17.45 35.88	300m: 3:29.86 36.41	400m: 4:40.37 34.41
4.	Chanson Yaël	2012 Renens-Natation	4:41.00	578
	50m: 32.14 32.14	150m: 1:43.61 36.38	250m: 2:55.66 35.78	350m: 4:07.48 36.05
	100m: 1:07.23 35.09	200m: 2:19.88 36.27	300m: 3:31.43 35.77	400m: 4:41.00 33.52
5.	Aurino Mia	2012 Lugano Aquatics	4:48.33	535
	50m: 32.24 32.24	150m: 1:45.40 36.73	250m: 3:00.08 37.20	350m: 4:13.29 36.15
	100m: 1:08.67 36.43	200m: 2:22.88 37.48	300m: 3:37.14 37.06	400m: 4:48.33 35.04
6.	Pawlenka Anna Sophia	2012 Schwimmverein Baar	4:48.72	533
	50m: 32.22 32.22	150m: 1:43.38 36.26	250m: 2:57.16 36.85	350m: 4:12.23 37.45
	100m: 1:07.12 34.90	200m: 2:20.31 36.93	300m: 3:34.78 37.62	400m: 4:48.72 36.49
7.	Helfer Juline	2012 Limmat Sharks Zürich	4:51.00	521
	50m: 32.56 32.56	150m: 1:46.02 36.87	250m: 2:59.65 36.76	350m: 4:14.66 37.60
	100m: 1:09.15 36.59	200m: 2:22.89 36.87	300m: 3:37.06 37.41	400m: 4:51.00 36.34
8.	Allegrini Gianna	2012 Schwimmverein St.Gallen-Wittenb	4:52.07	515
	50m: 33.43 33.43	150m: 1:46.84 36.63	250m: 3:00.98 37.09	350m: 4:15.55 37.01
	100m: 1:10.21 36.78	200m: 2:23.89 37.05	300m: 3:38.54 37.56	400m: 4:52.07 36.52
9.	Weber Therese	2012 Schwimmclub Uster	4:52.34	514
	50m: 31.96 31.96	150m: 1:43.86 36.77	250m:	350m:
	100m: 1:07.09 35.13	200m: 2:21.12 37.26	300m: 3:37.63	400m: 4:52.34
10.	Gut Nora	2012 Schwimmclub Frauenfeld	4:52.35	513
	50m: 32.70 32.70	150m: 1:45.96 37.01	250m: 3:01.25 38.26	350m: 4:16.15 38.07
	100m: 1:08.95 36.25	200m: 2:22.99 37.03	300m: 3:38.08 36.83	400m: 4:52.35 36.20
11.	Erard Nina	2012 CN La Chaux-de-Fonds	4:57.08	489 *
	50m: 33.41 33.41	150m: 1:48.67 37.90	250m: 3:05.07 38.46	350m: 4:21.20 37.68
	100m: 1:10.77 37.36	200m: 2:26.61 37.94	300m: 3:43.52 38.45	400m: 4:57.08 35.88
12.	Stettler Inès	2012 Lancy Natation	5:01.59	468 **
	50m: 33.98 33.98	150m: 1:50.05 37.93	250m:	350m:
	100m: 1:12.12 38.14	200m: 2:29.51 39.46	300m: 3:47.25	400m: 5:01.59
13.	Garelli Alyssa	2012 Lancy Natation	5:02.68	463 **
	50m: 35.54 35.54	150m: 1:52.13 38.53	250m: 3:08.23 37.61	350m: 4:24.88 38.08
	100m: 1:13.60 38.06	200m: 2:30.62 38.49	300m: 3:46.80 38.57	400m: 5:02.68 37.80

forf.nd. Asietti Virginia 2012 Nuoto Sport Locarno

15 ans

1.	Dürler Selina	2011 Limmat Sharks Zürich	4:36.63	606
	50m: 31.92 31.92	150m: 1:40.47 34.60	250m: 2:51.08 34.84	350m: 4:02.44 35.25
	100m: 1:05.87 33.95	200m: 2:16.24 35.77	300m: 3:27.19 36.11	400m: 4:36.63 34.19
2.	Hirsch Frida	2011 Schwimmclub Kreuzlingen	4:39.74	586
	50m: 31.52 31.52	150m: 1:42.85 36.04	250m: 2:55.48 36.14	350m: 4:05.78 34.45
	100m: 1:06.81 35.29	200m: 2:19.34 36.49	300m: 3:31.33 35.85	400m: 4:39.74 33.96
3.	Vionnet Emma	2011 Genève Natation 1885	4:41.27	577
	50m: 30.97 30.97	150m: 1:42.04 35.77	250m: 2:54.17 35.85	350m: 4:06.36 36.01
	100m: 1:06.27 35.30	200m: 2:18.32 36.28	300m: 3:30.35 36.18	400m: 4:41.27 34.91
4.	Monighetti Gaia	2011 Turrita Nuoto	4:44.25	559
	50m: 31.85 31.85	150m: 1:43.17 36.14	250m: 2:56.07 36.38	350m: 4:09.84 36.75
	100m: 1:07.03 35.18	200m: 2:19.69 36.52	300m: 3:33.09 37.02	400m: 4:44.25 34.41

Epreuve 22, Filles, 400m Libre, 15 ans

Rang	An	Club	Temps	Pts
5.	Bruns Mailey Sue	2011 Swim Regio Solothurn	4:44.61	557
	50m: 30.78 30.78	150m: 1:41.77 36.34	250m: 2:55.63 37.29	350m: 4:09.94 37.02
	100m: 1:05.43 34.65	200m: 2:18.34 36.57	300m: 3:32.92 37.29	400m: 4:44.61 34.67
6.	Schnellmann Aline	2011 Schwimmverein St.Gallen-Wittenb	4:45.86	549
	50m: 32.18 32.18	150m: 1:43.09 35.64	250m: 2:56.52 36.39	350m: 4:10.81 36.42
	100m: 1:07.45 35.27	200m: 2:20.13 37.04	300m: 3:34.39 37.87	400m: 4:45.86 35.05
7.	Scarfone Sara	2011 Mendrisiotto Nuoto	4:49.42	529
	50m: 32.87 32.87	150m: 1:45.16 36.35	250m: 2:59.01 36.89	350m: 4:13.09 36.77
	100m: 1:08.81 35.94	200m: 2:22.12 36.96	300m: 3:36.32 37.31	400m: 4:49.42 36.33
8.	Gülec Aylin	2011 Schwimmclub Herisau	4:54.58	502 *
	50m: 32.50 32.50	150m: 1:46.13 37.15	250m: 3:02.39 38.24	350m: 4:18.27 37.63
	100m: 1:08.98 36.48	200m: 2:24.15 38.02	300m: 3:40.64 38.25	400m: 4:54.58 36.31
9.	Ramel Anne	2011 Schwimmklub Bern	5:01.29	469 ***
	50m: 32.99 32.99	150m: 1:47.45 37.80	250m: 3:05.27 39.04	350m: 4:23.44 38.47
	100m: 1:09.65 36.66	200m: 2:26.23 38.78	300m: 3:44.97 39.70	400m: 5:01.29 37.85
forf.nd.	Mariotti Rebecca	2011 Lugano Aquatics		
hc.	Portulez Beatriz Oliveira	2011 Schwimmclub Chur	5:02.77	462 ***
	50m: 32.92 32.92	150m: 1:47.52 38.00	250m: 3:05.24 38.92	350m: 4:24.82 39.75
	100m: 1:09.52 36.60	200m: 2:26.32 38.80	300m: 3:45.07 39.83	400m: 5:02.77 37.95