

Epreuve 123

Dames, 400m Libre

13 ans et plus

2026-04-25 - 11:38

Liste résultats

Record de piscine / Pool Record	4:16.48	MACLEAN, Brittany	ESWIM	Gatineau	2012-02-18
Meet Records 15 +	4:35.71	MULLINS, Keira	GSH	Gatineau	2023-04-29
Meet Records 13 - 14	4:36.56	KRAUSS, Ellie	NG	Gatineau	2023-04-29

Points: AQUA 2024

Rang	Age	Temps	Pts		
13 ans					
1.	BEAUCHAMP, Marie	13	Natation Gatineau	4:53.54	515
	50m: 1:09.71	150m: 2:25.92	250m: 3:41.52	350m: 4:53.54	
2.	RASOULIS, Evangelia	13	Greater Ottawa Kingfish S.C.	5:02.49	471
	50m: 34.31 34.31	150m: 2:29.51	250m: 3:09.17 39.66	350m: 5:02.49	
	100m: 1:12.10 37.79	200m: 3:47.77	300m: 38.60	400m: 5:02.49	
3.	GORA, Chelsea	13	Ernestown Barracuda Swim Club	5:03.87	464
	50m: 33.32 33.32	150m: 1:49.71	38.66 250m: 3:07.42	350m: 4:25.85	
	100m: 1:11.05 37.73	200m: 5:03.87	300m: 400m: 5:03.87	38.02	
4.	DESSUREAULT, Laurence	13	Club de Natation Mont-Tremblan	5:12.83	425
	50m: 1:12.76	150m: 2:32.49	250m: 3:53.29	350m: 5:12.83	
	100m: 1:12.76	200m: 3:53.29	300m: 400m: 5:12.83		
5.	LAFRENIÈRE, Sandriane	13	Natation Gatineau	5:17.21	408
	50m: 36.30 36.30	150m: 1:57.20	40.84 250m: 3:19.20 40.84	350m: 4:40.43	40.47
	100m: 1:16.36 40.06	200m: 2:38.36	41.16 300m: 3:59.96 40.76	400m: 5:17.21	36.78
6.	ANDRUS, Chloe	13	Northumberland Aquatic Club	5:17.39	407
	50m: 1:15.86	150m: 2:38.53	250m: 3:59.83	350m: 5:17.39	
	100m: 1:15.86	200m: 3:59.83	300m: 400m: 5:17.39		
14 ans					
1.	NORLOCK, Helena V	14	Carleton Place Water Dragons	5:01.66	475
	50m: 32.46 32.46	150m: 2:26.18	250m: 3:05.50 39.32	350m: 4:23.88	38.24
	100m: 1:09.36 36.90	200m: 3:45.64	300m: 40.14	400m: 5:01.66	37.78
2.	HOSKIN, Victoria	14	Greater Ottawa Kingfish S.C.	5:06.58	452
	50m: 34.55 34.55	150m: 2:31.31	250m: 3:10.55 39.24	350m: 4:29.30	39.25
	100m: 1:12.95 38.40	200m: 3:50.05	300m: 39.50	400m: 5:06.58	37.28
3.	GOW, Emma L	14	Kingston Blue Marlins	5:18.39	404
	50m: 1:18.39	150m: 2:48.39	250m: 4:18.39	350m: 5:18.39	
	100m: 1:18.39	200m: 4:18.39	300m: 400m: 5:18.39		
15 ans					
1.	TRIPP, Helena T	15	Kingston Blue Marlins	4:35.63	622
	50m: 30.72 30.72	150m: 1:40.74	35.26 250m: 2:50.97 35.09	350m: 4:01.46	35.38
	100m: 1:05.48 34.76	200m: 2:15.88	35.14 300m: 3:26.08 35.11	400m: 4:35.63	34.17
2.	BROCHU, Aleni	15	Natation Gatineau	4:41.02	587
	50m: 1:08.72	150m: 2:20.99	250m: 3:31.62	350m: 4:41.02	
	100m: 1:08.72	200m: 3:31.62	300m: 400m: 4:41.02		
3.	PARADIS, Jolianne	15	Natation Gatineau	4:48.01	545
	50m: 33.43 33.43	150m: 1:46.41	37.10 250m: 3:00.51 37.50	350m: 4:13.53	36.62
	100m: 1:09.31 35.88	200m: 2:23.01	36.60 300m: 3:36.91 36.40	400m: 4:48.01	34.48

Epreuve 123, Filles, 400m Libre, 15 ans

Rang	Age	Temps	Pts		
4.	BOUDREAU-LAVOIE, Charlotte	15	Greater Ottawa Kingfish S.C.	5:06.40	453
	50m: 34.23 34.23 150m: 1:52.04	39.37 250m: 3:10.33 38.70	350m: 4:28.20 38.35		
	100m: 1:12.67 38.44 200m: 2:31.63	39.59 300m: 3:49.85 39.52	400m: 5:06.40 38.20		
5.	SCHMIDT STUTZMAN, Maggie O	15	Kingston Blue Marlins	5:12.60	426
	50m: 35.69 35.69 150m: 1:55.58	39.55 250m: 3:13.93 38.62	350m:		
	100m: 1:16.03 40.34 200m: 2:35.31	39.73 300m: 3:53.29 39.36	400m: 5:12.60		

16 ans et plus

1.	KRAUSS, Ellie	17	Natation Gatineau	4:32.53	644
	50m:	150m:	250m:	350m:	
	100m: 1:05.59	200m: 2:15.53	300m: 3:24.46	400m: 4:32.53	
2.	TESSIER, Sophia	17	Natation Gatineau	4:39.40	597
	50m:	150m:	250m:	350m:	
	100m: 1:07.27	200m:	300m: 3:28.84	400m: 4:39.40	
3.	BOYER, Mariane	17	Natation Gatineau	4:42.11	580
	50m: 32.41 32.41 150m: 1:43.33	35.60 250m: 2:55.26 35.92	350m: 4:06.92 35.93		
	100m: 1:07.73 35.32 200m: 2:19.34	36.01 300m: 3:30.99 35.73	400m: 4:42.11 35.19		
4.	NOORDHOF, Ava	17	Greater Ottawa Kingfish S.C.	4:47.88	546
	50m: 33.11 33.11 150m: 1:46.01	36.27 250m: 2:58.71 36.52	350m: 4:11.56 36.63		
	100m: 1:09.74 36.63 200m: 2:22.19	36.18 300m: 3:34.93 36.22	400m: 4:47.88 36.32		
5.	KINSELLA, Maia	16	Timmings Marlins Swim Club	4:48.53	542
	50m:	150m:	250m:	350m:	
	100m: 1:10.02	200m: 2:23.92	300m: 3:37.49	400m: 4:48.53	
6.	LIVINGSTON, Emmanuelle	17	Greater Ottawa Kingfish S.C.	4:52.35	521
	50m: 33.54 33.54 150m: 1:46.34	250m: 3:01.02	350m: 4:16.75		
	100m:	200m:	400m: 4:52.35 35.60		
7.	COLLINS, Julia G	16	Kingston Blue Marlins	4:54.67	509
	50m: 33.82 33.82 150m: 1:48.03	37.33 250m: 3:02.14	350m: 4:17.54 38.03		
	100m: 1:10.70 36.88 200m:	300m: 3:39.51 37.37	400m: 4:54.67 37.13		
8.	TIMPSON, Evangelina E	16	Kingston Blue Marlins	4:57.70	494
	50m:	150m: 1:49.13	250m:	350m:	
	100m: 1:11.97	200m: 2:27.25	300m: 3:44.06	400m: 4:57.70	
9.	OUIMET, Arielle	16	Greater Ottawa Kingfish S.C.	5:00.38	481
	50m: 33.30 33.30 150m: 1:49.53	250m: 3:05.82	350m:		
	100m:	200m:	400m: 5:00.38		
10.	SERSON, Olivia	18	Ernestown Barracuda Swim Club	5:01.83	474
	50m:	150m:	250m:	350m:	
	100m: 1:09.21	200m: 2:25.31	300m: 3:44.07	400m: 5:01.83	
11.	MENDIETA-SWEET, Justice T	16	Kingston Blue Marlins	5:09.00	442
	50m:	150m:	250m:	350m: 4:31.34	
	100m:	200m:	300m:	400m: 5:09.00 37.66	