

Epreuve 111

Dames, 400m 4 nages

13 ans et plus

2026-04-24 - 11:33

Liste résultats

Record de piscine / Pool Record	4:50.42	JEWELL, Karyn	CNG	Gatineau	2012-02-17
Meet Records 15 +	5:17.35	BOYER, Mariane	NG	Gatineau	2024-04-26
Meet Records 13 - 14	5:22.15	BOYER, Mariane	NG	Gatineau	2023-04-28

Points: AQUA 2024

Rang	Age	Temp	Pts		
13 ans					
1.	RAFTER, Sadie	13	Swim Ottawa	5:53.24	426
	50m: 36.33 36.33	150m: 2:04.76 45.02	250m: 3:41.65 51.76	350m: 5:13.80 40.32	
	100m: 1:19.74 43.41	200m: 2:49.89 45.13	300m: 4:33.48 51.83	400m: 5:53.24 39.44	
2.	LAFRENIÈRE, Sandrienne	13	Natation Gatineau	6:08.61	375
	50m:	150m:	250m: 3:59.90 50.00	350m:	
	100m: 1:30.04	200m: 3:09.90	300m: 4:49.47 49.57	400m: 6:08.61	
3.	TOGTOKHBAYAR, Uranbileg	13	Swim Ottawa	6:17.03	350
	50m:	150m:	250m:	350m: 5:35.30	
	100m: 1:28.60	200m: 2:59.16	300m:	400m: 6:17.03 41.73	
14 ans					
1.	MCKENNA, Ainsley	14	Swim Ottawa	5:47.21	448
	50m: 35.23 35.23	150m:	250m: 3:35.69	350m:	
	100m:	200m:	300m:	400m: 5:47.21	
2.	PENNELL, Julia	14	Ernestown Barracuda Swim Club	5:48.13	445
	50m:	150m: 2:02.45	250m:	350m:	
	100m:	200m:	300m:	400m: 5:48.13	
3.	DEMOULIN, Mary	14	Natation Gatineau	6:05.13	386
	50m: 39.23 39.23	150m: 2:13.05 50.05	250m: 3:51.80 52.56	350m: 5:27.70 42.36	
	100m: 1:23.00 43.77	200m: 2:59.24 46.19	300m: 4:45.34 53.54	400m: 6:05.13 37.43	
15 ans					
1.	MARTINEAU, Alyssa	15	Natation Gatineau	5:18.50	581
	50m: 32.68 32.68	150m: 1:50.91 40.58	250m: 3:18.93 47.49	350m: 4:42.77 36.28	
	100m: 1:10.33 37.65	200m: 2:31.44 40.53	300m: 4:06.49 47.56	400m: 5:18.50 35.73	
2.	BROCHU, Aleni	15	Natation Gatineau	5:22.98	557
	50m: 33.73 33.73	150m: 1:51.46	250m: 3:20.10 48.60	350m: 4:46.67	
	100m:	200m: 2:31.50 40.04	300m:	400m: 5:22.98 36.31	
3.	ARCHIBALD, Fia	15	Swim Ottawa	5:54.26	422
	50m: 37.94 37.94	150m: 2:05.97 45.36	250m: 3:41.99 52.87	350m:	
	100m: 1:20.61 42.67	200m: 2:49.12 43.15	300m: 4:33.09 51.10	400m: 5:54.26	
16 ans et plus					
1.	BOYER, Mariane	17	Natation Gatineau	5:14.86	602
	50m: 32.99 32.99	150m: 1:52.66 42.67	250m: 3:19.86 44.83	350m: 4:39.96 35.79	
	100m: 1:09.99 37.00	200m: 2:35.03 42.37	300m: 4:04.17 44.31	400m: 5:14.86 34.90	
2.	JODOIN, Olivia	17	Greater Ottawa Kingfish S.C.	5:25.87	543
	50m: 34.00 34.00	150m: 1:55.35 43.19	250m: 3:24.10 46.31	350m: 4:49.06 39.06	
	100m: 1:12.16 38.16	200m: 2:37.79 42.44	300m: 4:10.00 45.90	400m: 5:25.87 36.81	

Epreuve 111, Dames, 400m 4 nages, 16 ans et plus

Rang					Age					Temps	Pts	
3.	LIVINGSTON, Emmanuelle				17	Greater Ottawa Kingfish S.C.				5:35.58	497	
	50m:	35.97	35.97	150m:	2:00.51	45.08	250m:	3:33.49	50.08	350m:	4:59.35	
	100m:	1:15.43	39.46	200m:	2:43.41	42.90	300m:			400m:	5:35.58	36.23
4.	MENDIETA-SWEET, Justice T				16	Kingston Blue Marlins				5:52.87	427	
	50m:	36.79	36.79	150m:			250m:			350m:	5:14.66	39.47
	100m:	1:20.77	43.98	200m:	2:56.96		300m:	4:35.19		400m:	5:52.87	38.21
5.	RANDS, Catherine				17	Swim Ottawa				6:03.62	390	
	50m:	38.65	38.65	150m:	2:14.02	48.18	250m:	3:48.84	48.74	350m:	5:22.07	43.68
	100m:	1:25.84	47.19	200m:	3:00.10	46.08	300m:	4:38.39	49.55	400m:	6:03.62	41.55