Torneio Nadador Completo
Odemira, 1/5/2026

Prova 5 | Femin., 100m Livres | 13 anos e mais velhos
01/05/2026 - 11:05 | Resultados

Recordes Regionais Piscina Curta Open	56.72	Ana Reis SOUSA	CNLA	Porto	08/12/2017
Recordes Regionais Piscina Curta 18 +	1:01.68	Nicoleta LASCU	CNLA	Sines	30/11/2019
Recordes Regionais Piscina Curta 17	1:01.92	Catarina Isabel ALVES	AMINAT	Sines	20/11/2022
Recordes Regionais Piscina Curta 16	56.72	Ana Reis SOUSA	CNLA	Porto	08/12/2017
Recordes Regionais Piscina Curta 15	59.24	Ana Reis SOUSA	CNLA	Guarda	03/12/2016
Recordes Regionais Piscina Curta 14	1:00.89	Ana Reis SOUSA	CNLA	Mealhada	01/11/2015
Recordes Regionais Piscina Curta 13	1:02.49	Joana ESCARIA	AMINATA	Tomar	10/05/2003

Pontos: AQUA 2025

Lugar	Nome	Idade	Clube	Tempo final	Pontos	50m	100m
Infantil B							
1.	Lara Amorim PEREIRA	13	Litoral Alentejano	**1:07.30**	416	32.13	35.17
2.	Alice Fortunato CORREIA	13	GSC Grândola Sports Club	**1:11.10**	353	35.22	35.88
3.	Maria Leonor SANTOS	13	Litoral Alentejano	**1:17.78**	269	37.38	40.40
4.	Ana VIERU	13	Litoral Alentejano	**1:18.39**	263	37.45	40.94
5.	Maria Vitoria HRYNIV	13	GSC Grândola Sports Club	**1:18.61**	261	38.41	40.20
6.	Maria Leonor CALCAO	13	Acmn	**1:20.94**	239	39.05	41.89
7.	Diana Sofia ROSADO	13	Litoral Alentejano	**1:20.95**	239	40.08	40.87
8.	Sara Araujo SILVA	13	Ndco	**1:21.66**	233	39.17	42.49
9.	Alice Cardoso SILVA	13	Litoral Alentejano	**1:21.84**	231	40.16	41.68
10.	M. CASMARRINHA	13	Acmn	**1:22.12**	229	41.18	40.94
11.	Renata Nunes NOBRE	13	Ndco	**1:28.67**	182	45.45	43.22
Infantil A							
1.	Ines Borges COSTA	14	Ndco	**1:05.63**	448	32.58	33.05
2.	Maria Brito PALMA	14	Zona Azul	**1:08.14**	401	32.34	35.80
3.	Madalena Santos MACHADO	14	Ndco	**1:08.55**	393	33.50	35.05
4.	Inês Mendes ROCHA	14	Litoral Alentejano	**1:11.92**	341	35.07	36.85
5.	Sofia MEDEIRO HORTA	14	Zona Azul	**1:12.80**	328	34.81	37.99
6.	Daniela Varela SILVA	14	Acmn	**1:15.35**	296	36.34	39.01
7.	Alice Maria NUNES	14	Acmn	**1:15.55**	294	36.26	39.29
8.	Ines Oliveira GOMES	14	Ndco	**1:15.86**	290	36.75	39.11
9.	Carolina Paixao CENICO	14	Acmn	**1:16.13**	287	36.14	39.99
10.	Diana Domingos SANTOS	14	GSC Grândola Sports Club	**1:16.84**	279	36.29	40.55
11.	Ariana Nunes BATISTA	14	GSC Grândola Sports Club	**1:16.87**	279	36.36	40.51
12.	Lara Sofia GONCALVES	14	Litoral Alentejano	**1:16.91**	278	37.34	39.57
13.	Lucia Cristina SEQUEIRA	14	Aminata	**1:16.93**	278	35.92	41.01
14.	Teresa Filipe BANHA	14	Acmn	**1:17.04**	277	36.99	40.05
15.	Catia Mendes FIDALGO	14	GSC Grândola Sports Club	**1:17.47**	272	37.66	39.81
16.	Luana Alexandra REBOCHO	14	Zona Azul	**1:19.64**	251	38.95	40.69
17.	Valentina Guerrero NAVA	14	Litoral Alentejano	**1:22.46**	226	40.33	42.13
18.	Margarida Soares MONTEIRO	14	Cnbe	**1:22.53**	225	38.74	43.79
19.	Maria Leonor MARTINS	14	Cnbe	**1:22.85**	223	39.96	42.89
20.	Leonor Alhinho MAGNA	14	Cnbe	**1:24.02**	213	38.29	45.73
21.	Clarisse Alexandra NUNES	14	Litoral Alentejano	**1:26.90**	193	42.42	44.48
22.	Daniela Costa COLACO	14	Cnbe	**1:30.39**	171	42.65	47.74
Juvenil B							
1.	Margarida Maria BEATO	15	GSC Grândola Sports Club	**1:06.23**	436	31.64	34.59
2.	Teresa Ribeiro ROCHA	15	Aminata	**1:11.16**	352	34.02	37.14
3.	Madalena Isabel MARQUES	15	Acmn	**1:13.69**	317	35.21	38.48
4.	Madalena Vidinha BARRADAS	15	Zona Azul	**1:15.69**	292	35.84	39.85
5.	Raquel Trejeira GUERREIRO	15	GSC Grândola Sports Club	**1:20.80**	240	39.55	41.25
Juvenil A							
1.	Mariana Rosado GOMES	16	Aminata	**1:06.89**	423	32.18	34.71
2.	Leonor Barao GUERREIRO	16	Aljustrelense	**1:08.20**	399	32.59	35.61
3.	Leonor Duarte GONCALVES	16	Ndco	**1:08.27**	398	33.17	35.10

Prova 5, Femin., 100m Livres

Juniores/Seniores

1.	Joana Afonso BANZA	17	Aljustrelense	**1:06.00**	441	32.23	33.77
2.	Maria Lua PISCO	19	Acmn	**1:13.37**	321	35.03	38.34
EXH	Margarida Nunes ANTONIO	22	Aljustrelense	**1:04.85**	465	31.52	33.33
EXH	Maria Ines LUIS	15	Aljustrelense	**1:05.06**	460	31.24	33.82
EXH	Ines Sofia LOPES	16	Aljustrelense	**1:06.20**	437	31.72	34.48
EXH	Carolina Neves MESTRE	13	Aljustrelense	**1:15.43**	295	36.61	38.82
EXH	Filipa Serrão ROSÁRIO	14	Litoral Alentejano	**1:19.24**	255	38.49	40.75