

Prova 2 Masc., 400m Livres 10 anos e mais velhos
20/06/2026 - 15:45 Startlist

RN Adaptada 50m S1	59:00.00	,					
RN Adaptada 50m S2	59:00.00	,					
RN Adaptada 50m S3	10:44.36	Tiago Manuel, Silva	CLAC	Rio Maior			07/03/2026
RN Adaptada 50m S4	59:00.00	,					
RN Adaptada 50m S5	7:07.80	Luis Carlos, Nascimento	FCP	Funchal			01/03/2025
RN Adaptada 50m S6	5:15.72	Daniel Carlos, Videira	POR	Funchal			19/05/2021
RN Adaptada 50m S7	5:07.70	Ricardo Aderneira, Soares	POR	Singapore (SGP)			22/09/2025
RN Adaptada 50m S8	4:34.61	Diogo Luis, Cancela	POR	Funchal			21/04/2024
RN Adaptada 50m S9	4:21.94	David Realista, Grachat	POR	Londres (GBR)			04/09/2012
RN Adaptada 50m S10	4:22.53	Tomas Coelho, Cordeiro	INDANC	Coimbra			17/12/2023
RN Adaptada 50m S11	4:36.36	Marco Ribeiro, Meneses	POR	Paris (FRA)			30/08/2024
RN Adaptada 50m S12	5:42.62	Simao Oliveira, Concha	CPCD	Vila Franca de Xira			17/05/2026
RN Adaptada 50m S13	4:31.26	Vitor Hugo, Encarnacao	POR	Eindhoven (NED)			10/08/2014
RN Adaptada 50m S14	4:46.12	Samuel Lima, Duarte	FVCD	Coimbra			15/12/2024
RN Adaptada 50m S15	4:28.84	Miguel Duarte, Cruz	CFB	Oeiras			20/12/2020
RN Adaptada 50m S16	5:18.51	Andre Camara, Jorge	CEOL	Rio Maior			25/01/2020
RN Adaptada 50m S17	5:02.45	Joaquim Eduardo, Carvalho	CNF	Funchal			06/03/2026
RN Adaptada 50m S21	5:38.24	Vicente Barros, Pereira	POR	Padova (ITA)			08/09/2023

S6 - Esperanas Esp S6 50m: 8:09.14 - 25m: 8:19.28 / S6 - Seniores Sen S6 50m: 7:24.68 - 25m: 7:33.89 / S7 -
Esperanas Esp S7 50m: 7:56.72 - 25m: 7:52.49 / S7 - Seniores Sen S7 50m: 7:13.38 - 25m: 7:09.54 / S8 -
Esperanas Esp S8 50m: 7:05.45 - 25m: 7:23.98 / S8 - Seniores Sen S8 50m: 6:26.77 - 25m: 6:43.62 / S9 -
Esperanas Esp S9 50m: 6:45.82 - 25m: 6:43.75 / S9 - Seniores Sen S9 50m: 6:08.93 - 25m: 6:07.04 / S10 -
Esperanas Esp S10 50m: 6:46.74 - 25m: 6:34.57 / S10 - Seniores Sen S10 50m: 6:09.76 - 25m: 5:58.70 / S110 -
Esperanas Esp S110 50m: 6:46.74 - 25m: 6:34.57 / S110 - Seniores Sen S110 50m: 6:09.76 - 25m: 5:58.70 / S11 -
Esperanas Esp S11 50m: 7:08.16 - 25m: 7:09.25 / S11 - Seniores Sen S11 50m: 6:29.24 - 25m: 6:30.23 / S12 -
Esperanas Esp S12 50m: 10:36.33 - 25m: 9:54.95 / S12 - Seniores Sen S12 50m: 9:38.48 - 25m: 9:00.86 / S13 -
Esperanas Esp S13 50m: 7:00.26 - 25m: 6:49.25 / S13 - Seniores Sen S13 50m: 6:22.06 - 25m: 6:12.04 / S113 -
Esperanas Esp S113 50m: 7:00.26 - 25m: 6:49.25 / S113 - Seniores Sen S113 50m: 6:22.06 - 25m: 6:12.04 / S14 -
Esperanas Esp S14 50m: 7:23.28 - 25m: 7:13.79 / S14 - Seniores Sen S14 50m: 6:42.99 - 25m: 6:34.35 / S15 -
Esperanas Esp S15 50m: 6:56.51 - 25m: 6:43.30 / S15 - Seniores Sen S15 50m: 6:18.65 - 25m: 6:06.63 / S16 -
Esperanas Esp S16 50m: 8:13.47 - 25m: 7:50.65 / S16 - Seniores Sen S16 50m: 7:28.61 - 25m: 7:07.86 / S17 -
Esperanas Esp S17 50m: 7:59.94 - 25m: 7:37.54 / S17 - Seniores Sen S17 50m: 7:16.31 - 25m: 6:55.94 / S21 -
Esperanas Esp S21 50m: 8:44.03 - 25m: 8:24.09 / S21 - Seniores Sen S21 50m: 7:56.39 - 25m: 7:38.27 / MO -
Esperanas Esp M 50m: 8:44.03 - 25m: 8:24.09 / MO - Seniores Sen M 50m: 7:56.39 - 25m: 7:38.27

Pista	Nome	Ano	Licena	Classe	Cod Exc	Clube	Tempo Inscr.
S�rie 1 de 4							
2	Bruno Matias, Grenhas	92	228661	S9	9	Palmela Desporto	NT
3	Tiago Gouveia, Dinis	96	219664	S12	A,T	Clube Desportivo Nacional	8:11.37 50m
4	Joao Barge, Andrade	06	214789	S21		Feira Viva Cultura e Desporto	7:10.08 50m
5	Joel Alexandre, Pereira	92	148272	S21		APC Coimbra	7:41.82 50m
6	Joao Diogo, Oscar	88	228538	S8	A,12+	Palmela Desporto	NT
S�rie 2 de 4							
1	Tomas Aniceto, Santos	99	147091	S21		Feira Viva Cultura e Desporto	7:00.13 50m
2	Andre Fernandes, Costa	10	225156	S17		Feira Viva Cultura e Desporto	6:42.86 50m
3	Miguel Paiva, Branco	97	204251	S17	A	Appda Coimbra	6:27.37 50m
4	Francisco Pessanha, Montes	02	133450	S21		Assoc Desporto Adaptado Porto	5:48.80 25m
5	Francisco Santos, Pinheiro	02	223321	S7	A,3,5,12+	Feira Viva Cultura e Desporto	6:08.85 50m
6	Jose Carneirinho, Ribeiro	90	133321	S14		Sporting	6:30.44 50m
7	Joao Tanica, Cruz	92	207363	S12	A,T	Palmela Desporto	6:51.81 50m
8	Daniel Filipe, Moreira	97	148345	S21		AP Vila D Este	6:45.32 25m

Prova 2, Masc., 400m Livres

Série 3 de 4

1	Ricardo Silva, Reis	09	216676	S9	A,3,5,12+	Fcp	5:46.03	50m	___:___:___
2	Simao Oliveira, Concha	11	151278	S12	A,T	CPCD - Povia de Santa Iria	5:42.62	50m	___:___:___
3	Joao Afonso, Conceicao	11	221813	S17		Fcp	5:34.48	50m	___:___:___
4	Rodrigo Miguel, Alcobia	11	223370	S10	A,12+	Natacao Ferreira do Zezere	5:32.74	50m	___:___:___
5	Simao Pedro, Rocha	06	203015	S14		Aquatico Pacense	5:34.08	50m	___:___:___
EXH 6	Nikita, Gladkikh	04	227921	S17		Fluvial Portuense	5:27.20	25m	___:___:___
7	Rafael Ramirez, Picoto	05	218015	S8	A,H,3,5,12+	Sporting	5:45.14	50m	___:___:___
8	Andre Reis, Almeida	00	201716	S21		Sporting	5:51.90	50m	___:___:___

Série 4 de 4

1	David Silva, Paiva	04	212742	S17		Fcp	5:20.58	50m	___:___:___
2	Ricardo Aderneira, Soares	99	132927	S7	A,3,5,12+	Gesloures	5:07.70	50m	___:___:___
3	Joao Matos, Fidalgo	03	128885	S10	1	Gesloures	4:35.08	50m	___:___:___
4	Ryan Lukas, Desousa	11	217269	S15	H	ACSintra	4:30.79	50m	___:___:___
5	Ricardo Andrade, Belezas	91	132918	S15	H	Os Belenenses	4:33.39	50m	___:___:___
6	Marco Ribeiro, Meneses	01	204993	S11	T	O Crasto	4:37.46	50m	___:___:___
7	Bruno Ferreira, Reis	00	133136	S8	12+	Fcp	5:19.39	50m	___:___:___
8	Andre Carreiro, Ponte	92	25907	S14		Clube Naval de Ponta Delgada	5:22.37	50m	___:___:___