

Prova 25
21/06/2026 - 9:55

Femin., 400m Estilos

10 anos e mais velhos
Resultados

RN Adaptada 50m SM5	59:00.00	,								
RN Adaptada 50m SM6	59:00.00	,								
RN Adaptada 50m SM7	59:00.00	,								
RN Adaptada 50m SM8	59:00.00	,								01/01/1800
RN Adaptada 50m SM9	59:00.00	,								01/01/1800
RN Adaptada 50m SM10	59:00.00	,								01/01/1800
RN Adaptada 50m SM11	59:00.00	,								01/01/1800
RN Adaptada 50m SM12	59:00.00	,								
RN Adaptada 50m SM13	59:00.00	,								
RN Adaptada 50m SM14	59:00.00	start,								01/01/1800
RN Adaptada 50m SM15	59:00.00	start,								01/01/1800
RN Adaptada 50m SM16	59:00.00	,								
RN Adaptada 50m SM17	6:07.35		Joana Lopes, Salgueiro		RIAAC		Vila Franca de Xira			15/03/2026
RN Adaptada 50m SM21	8:03.18		Matilde Lucia, Gaspar		APCC		Porto			08/03/2025
RN Adaptada 50m M	59:00.00	,								

S14 - Esperanças Esp S14 50m: 11:00.00 - 25m: 9:54.00 / S14 - Seniores Sen S14 50m: 10:00.00 - 25m: 9:00.00 / S17 -
Esperanças Esp S17 50m: 11:00.00 - 25m: 9:03.23 / S17 - Seniores Sen S17 50m: 10:00.00 - 25m: 8:13.85 / S21 -
Esperanças Esp S21 50m: 12:28.59 - 25m: 11:41.20 / S21 - Seniores Sen S21 50m: 11:20.54 - 25m: 10:37.45 / MO -
Esperanças Esp M 50m: 12:28.59 - 25m: 11:41.20 / MO - Seniores Sen M 50m: 11:20.54 - 25m: 10:37.45

Pontos: KNZB NED WPS 2025

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo final	Pts
Classe S21-Absoluto							
1.	Filipa Sa, Reis	00	SM21	147099	Feira Viva Cultura e Desporto	8:18.81	
	50m: 52.95 52.95	150m: 3:03.16 1:04.02	250m: 5:14.19 1:09.79	350m: 7:22.74 57.90			
	100m: 1:59.14 1:06.19	200m: 4:04.40 1:01.24	300m: 6:24.84 1:10.65	400m: 8:18.81 56.07			

Classe S21-Seniores							
1.	Filipa Sa, Reis	00	SM21	147099	Feira Viva Cultura e Desporto	8:18.81	
	50m: 52.95 52.95	150m: 3:03.16 1:04.02	250m: 5:14.19 1:09.79	350m: 7:22.74 57.90			
	100m: 1:59.14 1:06.19	200m: 4:04.40 1:01.24	300m: 6:24.84 1:10.65	400m: 8:18.81 56.07			