

Prova 11 Femin., 200m Estilos 10 anos e mais velhos
20/06/2026 - 18:00 Resultados

RN Adaptada 50m SM1	59:00.00	start,								
RN Adaptada 50m SM2	59:00.00	start,								
RN Adaptada 50m SM3	59:00.00	,								
RN Adaptada 50m SM4	59:00.00	,								
RN Adaptada 50m SM5	4:26.08	Simone Silva, Fragoso	POR	Rio de Janeiro (BRA)						15/09/2016
RN Adaptada 50m SM6	59:00.00	start,								01/01/1800
RN Adaptada 50m SM7	59:00.00	start,								01/01/1800
RN Adaptada 50m SM8	3:16.26	Ana Filipa, Castro	FCP	Barcelona (ESP)						22/03/2025
RN Adaptada 50m SM9	2:48.70	Susana Pereira, Veiga	CFB	Coimbra						25/07/2025
RN Adaptada 50m SM10	2:50.03	Teresa Lamego, Neves	SCP	Vila Franca de Xira						23/02/2014
RN Adaptada 50m SM11	59:00.00	start,								01/01/1800
RN Adaptada 50m SM12	59:00.00	start,								01/01/1800
RN Adaptada 50m SM13	59:00.00	start,								01/01/1800
RN Adaptada 50m SM14	3:15.72	Sonia Castanheiro, Resende	SCA	P�voa de Varzim						19/06/2016
RN Adaptada 50m SM15	3:10.42	Susana Maria, Lourenco	SCP	P�voa de Varzim						10/05/2015
RN Adaptada 50m SM16	59:00.00	start,								01/01/1800
RN Adaptada 50m SM17	2:52.72	Joana Lopes, Salgueiro	RIAACT	Loul�						04/07/2025
RN Adaptada 50m SM21	3:48.44	Matilde Lucia, Gaspar	APCC	Vila Franca de Xira						14/03/2026
RN Adaptada 50m M	59:00.00	,								

S5 - Esperanas Esp S5 50m: 5:04.00 - 25m: 7:20.40 / S5 - Seniores Sen S5 50m: 4:36.37 - 25m: 6:40.37 / S6 - Esperanas Esp S6 50m: 5:05.80 - 25m: 8:26.00 / S6 - Seniores Sen S6 50m: 4:38.00 - 25m: 7:40.00 / S7 - Esperanas Esp S7 50m: 5:04.70 - 25m: 9:02.24 / S7 - Seniores Sen S7 50m: 4:37.00 - 25m: 8:12.94 / S8 - Esperanas Esp S8 50m: 5:04.06 - 25m: 5:03.10 / S8 - Seniores Sen S8 50m: 4:36.42 - 25m: 4:35.55 / S9 - Esperanas Esp S9 50m: 4:21.37 - 25m: 4:17.93 / S9 - Seniores Sen S9 50m: 3:57.61 - 25m: 3:54.48 / S10 - Esperanas Esp S10 50m: 4:23.43 - 25m: 4:31.02 / S10 - Seniores Sen S10 50m: 3:59.48 - 25m: 4:06.38 / S11 - Esperanas Esp S11 50m: 4:23.43 - 25m: 4:31.02 / S11 - Seniores Sen S11 50m: 3:59.48 - 25m: 4:06.38 / S12 - Esperanas Esp S12 50m: 4:48.20 - 25m: 5:17.90 / S12 - Seniores Sen S12 50m: 4:22.00 - 25m: 4:49.00 / S13 - Esperanas Esp S13 50m: 4:46.00 - 25m: 4:16.30 / S13 - Seniores Sen S13 50m: 4:20.00 - 25m: 3:53.00 / S14 - Esperanas Esp S14 50m: 5:03.23 - 25m: 5:45.52 / S14 - Seniores Sen S14 50m: 4:35.66 - 25m: 5:14.11 / S15 - Esperanas Esp S15 50m: 4:55.02 - 25m: 4:58.61 / S15 - Seniores Sen S15 50m: 4:28.20 - 25m: 4:31.46 / S16 - Esperanas Esp S16 50m: 4:15.20 - 25m: 4:22.90 / S16 - Seniores Sen S16 50m: 3:52.00 - 25m: 3:59.00 / S17 - Esperanas Esp S17 50m: 4:27.59 - 25m: 4:14.64 / S17 - Seniores Sen S17 50m: 4:03.27 - 25m: 3:51.49 / S21 - Esperanas Esp S21 50m: 5:55.95 - 25m: 5:31.35 / S21 - Seniores Sen S21 50m: 5:23.59 - 25m: 5:01.23 / MO - Esperanas Esp M 50m: 5:55.95 - 25m: 5:31.35 / MO - Seniores Sen M 50m: 5:23.59 - 25m: 5:01.23

Pontos: KNZB NED WPS 2025

Lugar	Nome	Ano	Classe	Licena	Clube	Tempo final	Pts	50m	100m	150m	200m
Classe SM5-SM14-Absolutos											
1.	Ana Filipa, Castro	97	SM8	131735	FCP	3:21.62	473	42.01	54.61	1:03.64	41.36
2.	Maria Ines, Cristovao	99	SM8	148384	ASC	4:07.37	256	55.33	55.31	1:22.25	54.48
Classe SM21-Absolutos											
1.	Filipa Sa, Reis	00	SM21	147099	FVCD	3:55.58		51.35	1:01.64	1:07.45	55.14
2.	Barbara Ines, Gomes	91	SM21	148265	APCC	4:54.68		1:09.55	1:21.53	1:15.75	1:07.85
Classe SM8-Seniores											
1.	Ana Filipa, Castro	97	SM8	131735	FCP	3:21.62	473	42.01	54.61	1:03.64	41.36
2.	Maria Ines, Cristovao	99	SM8	148384	ASC	4:07.37	256	55.33	55.31	1:22.25	54.48



Prova 11, Femin., 200m Estilos

Classe SM21-Seniores

1. Filipa Sa, Reis	00	SM21 147099	FVCD	3:55.58	51.35	1:01.64	1:07.45	55.14
2. Barbara Ines, Gomes	91	SM21 148265	APCC	4:54.68	1:09.55	1:21.53	1:15.75	1:07.85

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