

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 301
2026-04-26 - 13:00

1500m Libre

11 ans et plus
Liste résultats

Points: AQUA 2025

| Rang | | | Age | | | | | Temps | Pts |
|----------------------------|---------------------------|---------|----------------|-------------------------------------|-----------------|---------|-----------------|-----------------|------------|
| 11 - 12 ans, Filles | | | | | | | | | |
| Liste résultats provisoire | | | | | | | | | |
| | SAYEGH, Florence | | 12 | Rouge et Or/Université Laval | | | | 21:11.10 | 379 |
| | 100m: 1:19.90 | 1:19.90 | 500m: 7:08.71 | 1:26.50 | 900m: 12:50.08 | 1:24.11 | 1300m: 18:28.97 | 1:23.51 | |
| | 200m: 2:47.45 | 1:27.55 | 600m: 8:34.38 | 1:25.67 | 1000m: 14:14.54 | 1:24.46 | 1400m: 19:50.94 | 1:21.97 | |
| | 300m: 4:15.26 | 1:27.81 | 700m: 9:59.69 | 1:25.31 | 1100m: 15:39.61 | 1:25.07 | 1500m: 21:11.10 | 1:20.16 | |
| | 400m: 5:42.21 | 1:26.95 | 800m: 11:25.97 | 1:26.28 | 1200m: 17:05.46 | 1:25.85 | | | |
| 13 - 14 ans, Filles | | | | | | | | | |
| Liste résultats provisoire | | | | | | | | | |
| | FORTIN, Flavie | | 14 | Rouge et Or/Université Laval | | | | 19:13.55 | 508 |
| | 100m: 1:11.17 | 1:11.17 | 500m: 6:19.17 | 1:17.21 | 900m: 11:29.02 | 1:17.65 | 1300m: 16:40.59 | 1:18.28 | |
| | 200m: 2:27.80 | 1:16.63 | 600m: 7:36.80 | 1:17.63 | 1000m: 12:46.17 | 1:17.15 | 1400m: 17:57.99 | 1:17.40 | |
| | 300m: 3:44.77 | 1:16.97 | 700m: 8:54.08 | 1:17.28 | 1100m: 14:03.88 | 1:17.71 | 1500m: 19:13.55 | 1:15.56 | |
| | 400m: 5:01.96 | 1:17.19 | 800m: 10:11.37 | 1:17.29 | 1200m: 15:22.31 | 1:18.43 | | | |
| | TRUDEL, Léanne | | 14 | Unik | | | | 19:43.61 | 470 |
| | 100m: 1:13.80 | 1:13.80 | 500m: 6:30.94 | 1:19.71 | 900m: 11:49.63 | 1:19.83 | 1300m: 17:07.89 | 1:19.38 | |
| | 200m: 2:33.21 | 1:19.41 | 600m: 7:50.32 | 1:19.38 | 1000m: 13:09.54 | 1:19.91 | 1400m: 18:26.48 | 1:18.59 | |
| | 300m: 3:52.48 | 1:19.27 | 700m: 9:10.09 | 1:19.77 | 1100m: 14:29.11 | 1:19.57 | 1500m: 19:43.61 | 1:17.13 | |
| | 400m: 5:11.23 | 1:18.75 | 800m: 10:29.80 | 1:19.71 | 1200m: 15:48.51 | 1:19.40 | | | |
| | LINDSAY, Estelle | | 14 | Rouge et Or/Université Laval | | | | 20:10.75 | 439 |
| | 100m: 1:15.86 | 1:15.86 | 500m: 6:38.60 | 1:21.19 | 900m: 12:04.26 | 1:20.82 | 1300m: 17:31.56 | 1:22.55 | |
| | 200m: 2:35.47 | 1:19.61 | 600m: 7:59.79 | 1:21.19 | 1000m: 13:24.53 | 1:20.27 | 1400m: 18:52.72 | 1:21.16 | |
| | 300m: 3:56.06 | 1:20.59 | 700m: 9:21.92 | 1:22.13 | 1100m: 14:46.07 | 1:21.54 | 1500m: 20:10.75 | 1:18.03 | |
| | 400m: 5:17.41 | 1:21.35 | 800m: 10:43.44 | 1:21.52 | 1200m: 16:09.01 | 1:22.94 | | | |
| | GERVAIS, Florence | | 13 | Rouge et Or/Université Laval | | | | 20:24.18 | 425 |
| | 100m: 1:17.11 | 1:17.11 | 500m: 6:44.23 | 1:21.70 | 900m: 12:14.24 | 1:24.63 | 1300m: 17:44.86 | 1:22.91 | |
| | 200m: 2:38.61 | 1:21.50 | 600m: 8:05.14 | 1:20.91 | 1000m: 13:36.91 | 1:22.67 | 1400m: 19:06.72 | 1:21.86 | |
| | 300m: 4:00.26 | 1:21.65 | 700m: 9:26.11 | 1:20.97 | 1100m: 14:59.72 | 1:22.81 | 1500m: 20:24.18 | 1:17.46 | |
| | 400m: 5:22.53 | 1:22.27 | 800m: 10:49.61 | 1:23.50 | 1200m: 16:21.95 | 1:22.23 | | | |
| | NGUYEN, Delphine | | 13 | Rouge et Or/Université Laval | | | | 20:29.81 | 419 |
| | 100m: 1:17.16 | 1:17.16 | 500m: 6:46.90 | 1:21.74 | 900m: 12:15.77 | 1:23.63 | 1300m: 17:50.89 | 1:23.28 | |
| | 200m: 2:39.90 | 1:22.74 | 600m: 8:08.60 | 1:21.70 | 1000m: 13:39.85 | 1:24.08 | 1400m: 19:12.46 | 1:21.57 | |
| | 300m: 4:02.96 | 1:23.06 | 700m: 9:30.41 | 1:21.81 | 1100m: 15:03.56 | 1:23.71 | 1500m: 20:29.81 | 1:17.35 | |
| | 400m: 5:25.16 | 1:22.20 | 800m: 10:52.14 | 1:21.73 | 1200m: 16:27.61 | 1:24.05 | | | |
| | LEVESQUE, Florence | | 14 | Rouge et Or/Université Laval | | | | 20:50.77 | 398 |
| | 100m: 1:16.85 | 1:16.85 | 500m: 6:48.62 | 1:22.64 | 900m: 12:26.59 | 1:23.06 | 1300m: 18:07.69 | 1:24.67 | |
| | 200m: 2:39.32 | 1:22.47 | 600m: 8:13.40 | 1:24.78 | 1000m: 13:51.77 | 1:25.18 | 1400m: 19:31.28 | 1:23.59 | |
| | 300m: 4:02.34 | 1:23.02 | 700m: 9:37.77 | 1:24.37 | 1100m: 15:16.61 | 1:24.84 | 1500m: 20:50.77 | 1:19.49 | |
| | 400m: 5:25.98 | 1:23.64 | 800m: 11:03.53 | 1:25.76 | 1200m: 16:43.02 | 1:26.41 | | | |
| | LANOUILLE, Alice | | 13 | Rouge et Or/Université Laval | | | | 21:33.88 | 360 |
| | 100m: 1:22.55 | 1:22.55 | 500m: 7:13.78 | 1:27.75 | 900m: 13:02.58 | 1:26.71 | 1300m: 18:45.82 | 1:25.69 | |
| | 200m: 2:50.15 | 1:27.60 | 600m: 8:41.00 | 1:27.22 | 1000m: 14:28.60 | 1:26.02 | 1400m: 20:11.64 | 1:25.82 | |
| | 300m: 4:17.99 | 1:27.84 | 700m: 10:08.58 | 1:27.58 | 1100m: 15:54.42 | 1:25.82 | 1500m: 21:33.88 | 1:22.24 | |
| | 400m: 5:46.03 | 1:28.04 | 800m: 11:35.87 | 1:27.29 | 1200m: 17:20.13 | 1:25.71 | | | |
| | FOISY, Élisabeth | | 14 | Rouge et Or/Université Laval | | | | 23:20.14 | 284 |
| | 100m: 1:23.72 | 1:23.72 | 500m: 7:38.54 | 1:34.50 | 900m: 13:56.97 | 1:35.05 | 1300m: 20:12.72 | 1:33.22 | |
| | 200m: 2:55.62 | 1:31.90 | 600m: 9:13.68 | 1:35.14 | 1000m: 15:31.85 | 1:34.88 | 1400m: 21:46.90 | 1:34.18 | |
| | 300m: 4:29.15 | 1:33.53 | 700m: 10:47.58 | 1:33.90 | 1100m: 17:06.86 | 1:35.01 | 1500m: 23:20.14 | 1:33.24 | |
| | 400m: 6:04.04 | 1:34.89 | 800m: 12:21.92 | 1:34.34 | 1200m: 18:39.50 | 1:32.64 | | | |

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 301, Filles, 1500m Libre, 13 - 14 ans

| Rang | | | Age | | | | | Temps | Pts |
|------|-----------------------|---------|----------------|-------------------------------------|-----------------|---------|-----------------|-----------------|------------|
| | SLAMA, Meriam | | 13 | Rouge et Or/Université Laval | | | | 23:47.40 | 268 |
| | 100m: 1:22.95 | 1:22.95 | 500m: 7:42.67 | 1:36.52 | 900m: 14:10.03 | 1:36.47 | 1300m: 20:38.38 | 1:36.56 | |
| | 200m: 2:54.86 | 1:31.91 | 600m: 9:19.19 | 1:36.52 | 1000m: 15:47.56 | 1:37.53 | 1400m: 22:14.50 | 1:36.12 | |
| | 300m: 4:29.61 | 1:34.75 | 700m: 10:55.47 | 1:36.28 | 1100m: 17:24.92 | 1:37.36 | 1500m: 23:47.40 | 1:32.90 | |
| | 400m: 6:06.15 | 1:36.54 | 800m: 12:33.56 | 1:38.09 | 1200m: 19:01.82 | 1:36.90 | | | |
| | BOUSNINA, Sara | | 14 | Rouge et Or/Université Laval | | | | 24:08.98 | 256 |
| | 100m: 1:25.25 | 1:25.25 | 500m: 7:55.99 | 1:39.48 | 900m: 14:31.31 | 1:38.58 | 1300m: 21:04.18 | 1:37.22 | |
| | 200m: 3:00.63 | 1:35.38 | 600m: 9:35.31 | 1:39.32 | 1000m: 16:09.20 | 1:37.89 | 1400m: 22:39.91 | 1:35.73 | |
| | 300m: 4:38.60 | 1:37.97 | 700m: 11:13.99 | 1:38.68 | 1100m: 17:48.64 | 1:39.44 | 1500m: 24:08.98 | 1:29.07 | |
| | 400m: 6:16.51 | 1:37.91 | 800m: 12:52.73 | 1:38.74 | 1200m: 19:26.96 | 1:38.32 | | | |
| | BOUDREAU, Lily | | 13 | Rouge et Or/Université Laval | | | | 25:06.81 | 227 |
| | 100m: 1:28.05 | 1:28.05 | 500m: 8:11.54 | 1:43.95 | 900m: 14:59.10 | 1:41.88 | 1300m: 21:49.12 | 1:42.21 | |
| | 200m: 3:06.82 | 1:38.77 | 600m: 9:51.93 | 1:40.39 | 1000m: 16:41.67 | 1:42.57 | 1400m: 23:30.18 | 1:41.06 | |
| | 300m: 4:46.29 | 1:39.47 | 700m: 11:34.41 | 1:42.48 | 1100m: 18:25.37 | 1:43.70 | 1500m: 25:06.81 | 1:36.63 | |
| | 400m: 6:27.59 | 1:41.30 | 800m: 13:17.22 | 1:42.81 | 1200m: 20:06.91 | 1:41.54 | | | |
| | SOLTANI, Maya | | 13 | Rouge et Or/Université Laval | | | | 25:39.68 | 213 |
| | 100m: 1:29.23 | 1:29.23 | 500m: 8:19.62 | 1:43.24 | 900m: 15:16.51 | 1:44.82 | 1300m: 22:14.08 | 1:45.74 | |
| | 200m: 3:10.53 | 1:41.30 | 600m: 10:03.88 | 1:44.26 | 1000m: 17:00.68 | 1:44.17 | 1400m: 23:59.37 | 1:45.29 | |
| | 300m: 4:52.86 | 1:42.33 | 700m: 11:48.48 | 1:44.60 | 1100m: 18:45.22 | 1:44.54 | 1500m: 25:39.68 | 1:40.31 | |
| | 400m: 6:36.38 | 1:43.52 | 800m: 13:31.69 | 1:43.21 | 1200m: 20:28.34 | 1:43.12 | | | |

15 - 16 ans, Filles

| | | | | | | | | | |
|----|----------------------------|---------|----------------|---------------------------------------|-----------------|---------|-----------------|-----------------|------------|
| 1. | TURCOTTE, Annabelle | | 16 | Club de natation région de Qué | | | | 17:34.11 | 665 |
| | 100m: 1:05.40 | 1:05.40 | 500m: 5:45.56 | 1:09.99 | 900m: 10:29.60 | 1:11.24 | 1300m: 15:15.42 | 1:11.21 | |
| | 200m: 2:15.58 | 1:10.18 | 600m: 6:56.27 | 1:10.71 | 1000m: 11:40.98 | 1:11.38 | 1400m: 16:26.28 | 1:10.86 | |
| | 300m: 3:25.32 | 1:09.74 | 700m: 8:07.08 | 1:10.81 | 1100m: 12:52.58 | 1:11.60 | 1500m: 17:34.11 | 1:07.83 | |
| | 400m: 4:35.57 | 1:10.25 | 800m: 9:18.36 | 1:11.28 | 1200m: 14:04.21 | 1:11.63 | | | |
| 2. | GOSSELIN, Mélia | | 15 | Rouge et Or/Université Laval | | | | 18:13.38 | 596 |
| | 100m: 1:08.56 | 1:08.56 | 500m: 6:01.63 | 1:13.79 | 900m: 10:56.03 | 1:13.97 | 1300m: 15:50.09 | 1:13.36 | |
| | 200m: 2:21.20 | 1:12.64 | 600m: 7:15.00 | 1:13.37 | 1000m: 12:09.69 | 1:13.66 | 1400m: 17:03.15 | 1:13.06 | |
| | 300m: 3:34.72 | 1:13.52 | 700m: 8:28.30 | 1:13.30 | 1100m: 13:23.30 | 1:13.61 | 1500m: 18:13.38 | 1:10.23 | |
| | 400m: 4:47.84 | 1:13.12 | 800m: 9:42.06 | 1:13.76 | 1200m: 14:36.73 | 1:13.43 | | | |
| 3. | HARVEY, Éllie | | 15 | Club de natation région de Qué | | | | 18:39.45 | 555 |
| | 100m: 1:09.48 | 1:09.48 | 500m: 6:07.12 | 1:14.35 | 900m: 11:07.77 | 1:15.22 | 1300m: 16:10.05 | 1:16.23 | |
| | 200m: 2:23.55 | 1:14.07 | 600m: 7:21.96 | 1:14.84 | 1000m: 12:23.12 | 1:15.35 | 1400m: 17:25.55 | 1:15.50 | |
| | 300m: 3:38.23 | 1:14.68 | 700m: 8:37.00 | 1:15.04 | 1100m: 13:38.28 | 1:15.16 | 1500m: 18:39.45 | 1:13.90 | |
| | 400m: 4:52.77 | 1:14.54 | 800m: 9:52.55 | 1:15.55 | 1200m: 14:53.82 | 1:15.54 | | | |
| 4. | BOMBARDIER, Cecile | | 15 | Club De Natation Sherbrooke | | | | 18:56.76 | 530 |
| | 100m: 1:10.15 | 1:10.15 | 500m: 6:14.72 | 1:16.56 | 900m: 11:20.31 | 1:16.83 | 1300m: 16:27.73 | 1:16.83 | |
| | 200m: 2:25.84 | 1:15.69 | 600m: 7:30.59 | 1:15.87 | 1000m: 12:37.08 | 1:16.77 | 1400m: 17:44.54 | 1:16.81 | |
| | 300m: 3:42.02 | 1:16.18 | 700m: 8:46.71 | 1:16.12 | 1100m: 13:54.06 | 1:16.98 | 1500m: 18:56.76 | 1:12.22 | |
| | 400m: 4:58.16 | 1:16.14 | 800m: 10:03.48 | 1:16.77 | 1200m: 15:10.90 | 1:16.84 | | | |
| 5. | BELISLE, Viviane | | 16 | Club de natation région de Qué | | | | 18:57.96 | 529 |
| | 100m: 1:09.78 | 1:09.78 | 500m: 6:11.17 | 1:15.53 | 900m: 11:16.69 | 1:17.20 | 1300m: 16:26.31 | 1:18.37 | |
| | 200m: 2:24.86 | 1:15.08 | 600m: 7:27.00 | 1:15.83 | 1000m: 12:33.66 | 1:16.97 | 1400m: 17:42.67 | 1:16.36 | |
| | 300m: 3:40.66 | 1:15.80 | 700m: 8:43.07 | 1:16.07 | 1100m: 13:51.12 | 1:17.46 | 1500m: 18:57.96 | 1:15.29 | |
| | 400m: 4:55.64 | 1:14.98 | 800m: 9:59.49 | 1:16.42 | 1200m: 15:07.94 | 1:16.82 | | | |
| 6. | LABERGE, Éllise | | 16 | Rouge et Or/Université Laval | | | | 19:04.14 | 520 |
| | 100m: 1:10.00 | 1:10.00 | 500m: 6:14.43 | 1:16.51 | 900m: 11:21.47 | 1:16.97 | 1300m: 16:30.78 | 1:17.33 | |
| | 200m: 2:25.20 | 1:15.20 | 600m: 7:31.10 | 1:16.67 | 1000m: 12:38.71 | 1:17.24 | 1400m: 17:48.24 | 1:17.46 | |
| | 300m: 3:41.64 | 1:16.44 | 700m: 8:47.79 | 1:16.69 | 1100m: 13:56.09 | 1:17.38 | 1500m: 19:04.14 | 1:15.90 | |
| | 400m: 4:57.92 | 1:16.28 | 800m: 10:04.50 | 1:16.71 | 1200m: 15:13.45 | 1:17.36 | | | |

Défi UL 50m 2026
Québec, 24 - 26-4-2026

Epreuve 301, Filles, 1500m Libre, 15 - 16 ans

| Rang | | | Age | | | | | Temps | Pts | | | |
|------|-----------------------|---------|---------|--------------------------------|----------|---------|--------|-----------------|---------|--------|----------|---------|
| 7. | CANTIN, Élisabeth | | 15 | Rouge et Or/Université Laval | | | | 19:24.13 | 494 | | | |
| | 100m: | 1:09.20 | 1:09.20 | 500m: | 6:14.40 | 1:17.69 | 900m: | 11:28.97 | 1:19.11 | 1300m: | 16:47.25 | 1:19.41 |
| | 200m: | 2:24.12 | 1:14.92 | 600m: | 7:33.15 | 1:18.75 | 1000m: | 12:48.78 | 1:19.81 | 1400m: | 18:06.50 | 1:19.25 |
| | 300m: | 3:40.22 | 1:16.10 | 700m: | 8:51.46 | 1:18.31 | 1100m: | 14:08.49 | 1:19.71 | 1500m: | 19:24.13 | 1:17.63 |
| | 400m: | 4:56.71 | 1:16.49 | 800m: | 10:09.86 | 1:18.40 | 1200m: | 15:27.84 | 1:19.35 | | | |
| 8. | ALBERT, Maélie | | 15 | Rouge et Or/Université Laval | | | | 19:39.51 | 475 | | | |
| | 100m: | 1:11.34 | 1:11.34 | 500m: | 6:24.93 | 1:19.03 | 900m: | 11:44.39 | 1:20.00 | 1300m: | 17:04.47 | 1:20.22 |
| | 200m: | 2:29.00 | 1:17.66 | 600m: | 7:44.48 | 1:19.55 | 1000m: | 13:04.05 | 1:19.66 | 1400m: | 18:24.00 | 1:19.53 |
| | 300m: | 3:47.44 | 1:18.44 | 700m: | 9:04.34 | 1:19.86 | 1100m: | 14:24.09 | 1:20.04 | 1500m: | 19:39.51 | 1:15.51 |
| | 400m: | 5:05.90 | 1:18.46 | 800m: | 10:24.39 | 1:20.05 | 1200m: | 15:44.25 | 1:20.16 | | | |
| 9. | GAGNON-BOULAY, Emma | | 16 | Rouge et Or/Université Laval | | | | 19:50.53 | 462 | | | |
| | 100m: | 1:14.22 | 1:14.22 | 500m: | 6:32.87 | 1:19.53 | 900m: | 11:52.42 | 1:20.44 | 1300m: | 17:11.32 | 1:19.63 |
| | 200m: | 2:33.46 | 1:19.24 | 600m: | 7:52.48 | 1:19.61 | 1000m: | 13:12.24 | 1:19.82 | 1400m: | 18:31.09 | 1:19.77 |
| | 300m: | 3:53.58 | 1:20.12 | 700m: | 9:12.22 | 1:19.74 | 1100m: | 14:31.63 | 1:19.39 | 1500m: | 19:50.53 | 1:19.44 |
| | 400m: | 5:13.34 | 1:19.76 | 800m: | 10:31.98 | 1:19.76 | 1200m: | 15:51.69 | 1:20.06 | | | |
| 10. | BOUCHARD, Marie | | 16 | Rouge et Or/Université Laval | | | | 20:00.57 | 450 | | | |
| | 100m: | 1:16.55 | 1:16.55 | 500m: | 6:43.18 | 1:21.39 | 900m: | 12:03.70 | 1:19.98 | 1300m: | 17:22.74 | 1:19.63 |
| | 200m: | 2:37.86 | 1:21.31 | 600m: | 8:03.52 | 1:20.34 | 1000m: | 13:23.82 | 1:20.12 | 1400m: | 18:42.00 | 1:19.26 |
| | 300m: | 3:59.61 | 1:21.75 | 700m: | 9:23.74 | 1:20.22 | 1100m: | 14:43.43 | 1:19.61 | 1500m: | 20:00.57 | 1:18.57 |
| | 400m: | 5:21.79 | 1:22.18 | 800m: | 10:43.72 | 1:19.98 | 1200m: | 16:03.11 | 1:19.68 | | | |
| 11. | GAGNON, Chloé | | 15 | Rouge et Or/Université Laval | | | | 20:06.24 | 444 | | | |
| | 100m: | 1:14.73 | 1:14.73 | 500m: | 6:37.90 | 1:21.82 | 900m: | 12:03.56 | 1:21.69 | 1300m: | 17:29.02 | 1:21.31 |
| | 200m: | 2:35.44 | 1:20.71 | 600m: | 8:00.07 | 1:22.17 | 1000m: | 13:25.49 | 1:21.93 | 1400m: | 18:49.51 | 1:20.49 |
| | 300m: | 3:55.75 | 1:20.31 | 700m: | 9:20.92 | 1:20.85 | 1100m: | 14:46.89 | 1:21.40 | 1500m: | 20:06.24 | 1:16.73 |
| | 400m: | 5:16.08 | 1:20.33 | 800m: | 10:41.87 | 1:20.95 | 1200m: | 16:07.71 | 1:20.82 | | | |
| 12. | CHAMBERLAND, Zoé | | 15 | Club de natation région de Qué | | | | 20:09.38 | 440 | | | |
| | 100m: | 1:14.07 | 1:14.07 | 500m: | 6:32.46 | 1:20.50 | 900m: | 11:58.32 | 1:22.07 | 1300m: | 17:28.14 | 1:22.70 |
| | 200m: | 2:32.32 | 1:18.25 | 600m: | 7:53.64 | 1:21.18 | 1000m: | 13:20.81 | 1:22.49 | 1400m: | 18:49.95 | 1:21.81 |
| | 300m: | 3:52.06 | 1:19.74 | 700m: | 9:14.80 | 1:21.16 | 1100m: | 14:42.96 | 1:22.15 | 1500m: | 20:09.38 | 1:19.43 |
| | 400m: | 5:11.96 | 1:19.90 | 800m: | 10:36.25 | 1:21.45 | 1200m: | 16:05.44 | 1:22.48 | | | |
| 13. | PATINO ROSERO, Zarita | | 15 | Rouge et Or/Université Laval | | | | 20:10.56 | 439 | | | |
| | 100m: | 1:13.20 | 1:13.20 | 500m: | 6:35.50 | 1:20.76 | 900m: | 12:02.31 | 1:22.09 | 1300m: | 17:29.38 | 1:21.32 |
| | 200m: | 2:33.45 | 1:20.25 | 600m: | 7:56.95 | 1:21.45 | 1000m: | 13:23.61 | 1:21.30 | 1400m: | 18:50.29 | 1:20.91 |
| | 300m: | 3:54.53 | 1:21.08 | 700m: | 9:18.46 | 1:21.51 | 1100m: | 14:45.91 | 1:22.30 | 1500m: | 20:10.56 | 1:20.27 |
| | 400m: | 5:14.74 | 1:20.21 | 800m: | 10:40.22 | 1:21.76 | 1200m: | 16:08.06 | 1:22.15 | | | |
| 14. | SAYEGH, Jasmine | | 15 | Rouge et Or/Université Laval | | | | 20:45.59 | 403 | | | |
| | 100m: | 1:14.62 | 1:14.62 | 500m: | 6:46.02 | 1:23.62 | 900m: | 12:24.57 | 1:24.97 | 1300m: | 18:00.62 | 1:23.98 |
| | 200m: | 2:35.76 | 1:21.14 | 600m: | 8:10.90 | 1:24.88 | 1000m: | 13:48.39 | 1:23.82 | 1400m: | 19:23.51 | 1:22.89 |
| | 300m: | 3:59.27 | 1:23.51 | 700m: | 9:35.37 | 1:24.47 | 1100m: | 15:13.03 | 1:24.64 | 1500m: | 20:45.59 | 1:22.08 |
| | 400m: | 5:22.40 | 1:23.13 | 800m: | 10:59.60 | 1:24.23 | 1200m: | 16:36.64 | 1:23.61 | | | |
| 15. | GROLEAU, Olivia | | 15 | Rouge et Or/Université Laval | | | | 22:09.15 | 332 | | | |
| | 100m: | 1:23.34 | 1:23.34 | 500m: | 7:23.72 | 1:29.95 | 900m: | 13:19.52 | 1:29.56 | 1300m: | 19:15.54 | 1:29.16 |
| | 200m: | 2:53.54 | 1:30.20 | 600m: | 8:52.15 | 1:28.43 | 1000m: | 14:48.60 | 1:29.08 | 1400m: | 20:43.76 | 1:28.22 |
| | 300m: | 4:23.39 | 1:29.85 | 700m: | 10:22.22 | 1:30.07 | 1100m: | 16:17.66 | 1:29.06 | 1500m: | 22:09.15 | 1:25.39 |
| | 400m: | 5:53.77 | 1:30.38 | 800m: | 11:49.96 | 1:27.74 | 1200m: | 17:46.38 | 1:28.72 | | | |
| 16. | GERVAIS, Camille | | 15 | Rouge et Or/Université Laval | | | | 23:57.87 | 262 | | | |
| | 100m: | 1:28.08 | 1:28.08 | 500m: | 7:54.98 | 1:37.35 | 900m: | 14:24.41 | 1:37.12 | 1300m: | 20:52.26 | 1:36.20 |
| | 200m: | 3:03.40 | 1:35.32 | 600m: | 9:32.46 | 1:37.48 | 1000m: | 16:01.06 | 1:36.65 | 1400m: | 22:27.89 | 1:35.63 |
| | 300m: | 4:40.40 | 1:37.00 | 700m: | 11:09.43 | 1:36.97 | 1100m: | 17:38.30 | 1:37.24 | 1500m: | 23:57.87 | 1:29.98 |
| | 400m: | 6:17.63 | 1:37.23 | 800m: | 12:47.29 | 1:37.86 | 1200m: | 19:16.06 | 1:37.76 | | | |

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 301, 1500m Libre

17 ans et plus, Dames

| | | | | |
|-----------------------------|------------------------|--------------------------------|-------------------------|-----|
| 1. TURCOTTE, Juliette | 18 | Club de natation région de Qué | 17:33.13 | 667 |
| 100m: 1:06.25 1:06.25 | 500m: 5:48.01 1:10.69 | 900m: 10:30.44 1:10.88 | 1300m: 15:13.57 1:10.93 | |
| 200m: 2:16.29 1:10.04 | 600m: 6:58.71 1:10.70 | 1000m: 11:41.28 1:10.84 | 1400m: 16:23.94 1:10.37 | |
| 300m: 3:26.64 1:10.35 | 700m: 8:09.36 1:10.65 | 1100m: 12:51.94 1:10.66 | 1500m: 17:33.13 1:09.19 | |
| 400m: 4:37.32 1:10.68 | 800m: 9:19.56 1:10.20 | 1200m: 14:02.64 1:10.70 | | |
| 2. GUY, Roxane | 18 | Club de natation région de Qué | 17:56.77 | 624 |
| 100m: 1:07.83 1:07.83 | 500m: 5:53.43 1:11.93 | 900m: 10:40.15 1:11.87 | 1300m: 15:30.98 1:13.30 | |
| 200m: 2:18.60 1:10.77 | 600m: 7:04.99 1:11.56 | 1000m: 11:52.40 1:12.25 | 1400m: 16:44.19 1:13.21 | |
| 300m: 3:29.94 1:11.34 | 700m: 8:16.67 1:11.68 | 1100m: 13:04.97 1:12.57 | 1500m: 17:56.77 1:12.58 | |
| 400m: 4:41.50 1:11.56 | 800m: 9:28.28 1:11.61 | 1200m: 14:17.68 1:12.71 | | |
| 3. MALENFANT, Viviane | 18 | Club de natation région de Qué | 18:01.37 | 616 |
| 100m: 1:05.54 1:05.54 | 500m: 5:51.76 1:12.27 | 900m: 10:42.97 1:13.78 | 1300m: 15:35.79 1:14.07 | |
| 200m: 2:16.05 1:10.51 | 600m: 7:03.60 1:11.84 | 1000m: 11:55.73 1:12.76 | 1400m: 16:49.71 1:15.92 | |
| 300m: 3:27.41 1:11.36 | 700m: 8:16.26 1:12.66 | 1100m: 13:08.47 1:12.74 | 1500m: 18:01.37 1:11.66 | |
| 400m: 4:39.49 1:12.08 | 800m: 9:29.19 1:12.93 | 1200m: 14:21.72 1:13.25 | | |
| 4. SIMARD, Anne | 20 | Rouge et Or/Université Laval | 18:25.97 | 576 |
| 100m: 1:09.10 1:09.10 | 500m: 6:06.59 1:14.52 | 900m: 11:02.58 1:16.14 | 1300m: 16:00.33 1:13.58 | |
| 200m: 2:23.35 1:14.25 | 600m: 7:20.84 1:14.25 | 1000m: 12:18.01 1:15.43 | 1400m: 17:15.75 1:15.42 | |
| 300m: 3:37.90 1:14.55 | 700m: 8:34.67 1:13.83 | 1100m: 13:32.55 1:14.54 | 1500m: 18:25.97 1:10.22 | |
| 400m: 4:52.07 1:14.17 | 800m: 9:46.44 1:11.77 | 1200m: 14:46.75 1:14.20 | | |
| 5. PAUL, Florence | 19 | Rouge et Or/Université Laval | 18:47.27 | 544 |
| 100m: 1:06.31 1:06.31 | 500m: 6:09.90 1:24.67 | 900m: 11:13.94 1:15.60 | 1300m: 16:18.32 1:17.15 | |
| 200m: 2:18.77 1:12.46 | 600m: 7:26.35 1:16.45 | 1000m: 12:30.79 1:16.85 | 1400m: 17:34.40 1:16.08 | |
| 300m: 3:32.35 1:13.58 | 700m: 8:42.71 1:16.36 | 1100m: 13:46.67 1:15.88 | 1500m: 18:47.27 1:12.87 | |
| 400m: 4:45.23 1:12.88 | 800m: 9:58.34 1:15.63 | 1200m: 15:01.17 1:14.50 | | |
| 6. BEAUDOIN, Marie-Laurence | 17 | Rouge et Or/Université Laval | 19:27.35 | 490 |
| 100m: 1:09.53 1:09.53 | 500m: 6:18.25 1:18.30 | 900m: 11:33.46 1:18.82 | 1300m: 16:52.54 1:20.08 | |
| 200m: 2:24.99 1:15.46 | 600m: 7:36.74 1:18.49 | 1000m: 12:52.70 1:19.24 | 1400m: 18:11.63 1:19.09 | |
| 300m: 3:41.64 1:16.65 | 700m: 8:55.74 1:19.00 | 1100m: 14:12.51 1:19.81 | 1500m: 19:27.35 1:15.72 | |
| 400m: 4:59.95 1:18.31 | 800m: 10:14.64 1:18.90 | 1200m: 15:32.46 1:19.95 | | |
| 7. BELLANGER, Madeleine | 18 | Rouge et Or/Université Laval | 19:47.73 | 465 |
| 100m: 1:13.68 1:13.68 | 500m: 6:34.64 1:20.44 | 900m: 11:54.16 1:20.04 | 1300m: 17:12.94 1:20.21 | |
| 200m: 2:33.41 1:19.73 | 600m: 7:54.24 1:19.60 | 1000m: 13:14.01 1:19.85 | 1400m: 18:31.80 1:18.86 | |
| 300m: 3:53.83 1:20.42 | 700m: 9:14.33 1:20.09 | 1100m: 14:32.98 1:18.97 | 1500m: 19:47.73 1:15.93 | |
| 400m: 5:14.20 1:20.37 | 800m: 10:34.12 1:19.79 | 1200m: 15:52.73 1:19.75 | | |
| 8. LAROCHE, Jessie | 18 | Rouge et Or/Université Laval | 20:40.18 | 408 |
| 100m: 1:12.54 1:12.54 | 500m: 6:43.02 1:24.01 | 900m: 12:18.53 1:23.95 | 1300m: 17:56.18 1:24.48 | |
| 200m: 2:32.63 1:20.09 | 600m: 8:07.24 1:24.22 | 1000m: 13:42.96 1:24.43 | 1400m: 19:18.81 1:22.63 | |
| 300m: 3:55.86 1:23.23 | 700m: 9:30.90 1:23.66 | 1100m: 15:07.27 1:24.31 | 1500m: 20:40.18 1:21.37 | |
| 400m: 5:19.01 1:23.15 | 800m: 10:54.58 1:23.68 | 1200m: 16:31.70 1:24.43 | | |

11 - 12 ans, Garçons

Liste résultats provisoire

| | | | | |
|-----------------------|------------------------|------------------------------|-------------------------|-----|
| ANGLEHART, Simon | 12 | Rouge et Or/Université Laval | 19:49.75 | 391 |
| 100m: 1:15.37 1:15.37 | 500m: 6:34.93 1:19.76 | 900m: 11:54.90 1:20.87 | 1300m: 17:14.85 1:19.97 | |
| 200m: 2:34.90 1:19.53 | 600m: 7:54.97 1:20.04 | 1000m: 13:15.14 1:20.24 | 1400m: 18:34.70 1:19.85 | |
| 300m: 3:54.78 1:19.88 | 700m: 9:15.28 1:20.31 | 1100m: 14:34.94 1:19.80 | 1500m: 19:49.75 1:15.05 | |
| 400m: 5:15.17 1:20.39 | 800m: 10:34.03 1:18.75 | 1200m: 15:54.88 1:19.94 | | |
| NADEAU, Ludovic | 11 | Rouge et Or/Université Laval | 20:25.09 | 358 |
| 100m: 1:17.75 1:17.75 | 500m: 6:48.58 1:22.58 | 900m: 12:15.64 1:21.59 | 1300m: 17:44.10 1:22.29 | |
| 200m: 2:40.63 1:22.88 | 600m: 8:10.68 1:22.10 | 1000m: 13:37.01 1:21.37 | 1400m: 19:02.22 1:18.12 | |
| 300m: 4:03.26 1:22.63 | 700m: 9:32.72 1:22.04 | 1100m: 14:59.03 1:22.02 | 1500m: 20:25.09 1:22.87 | |
| 400m: 5:26.00 1:22.74 | 800m: 10:54.05 1:21.33 | 1200m: 16:21.81 1:22.78 | | |

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 301, Garçons, 1500m Libre, 11 - 12 ans

| Rang | | | Age | | | | | Temps | Pts |
|------|-----------------------|---------|----------------|-------------------------------------|-----------------|---------|-----------------|-----------------|------------|
| | LECLERC, Louis | | 12 | Rouge et Or/Université Laval | | | | 21:07.82 | 323 |
| | 100m: 1:16.14 | 1:16.14 | 500m: 6:53.52 | 1:26.00 | 900m: 12:36.05 | 1:29.22 | 1300m: 18:21.44 | 1:25.57 | |
| | 200m: 2:39.57 | 1:23.43 | 600m: 8:19.28 | 1:25.76 | 1000m: 14:02.83 | 1:26.78 | 1400m: 19:46.46 | 1:25.02 | |
| | 300m: 4:03.20 | 1:23.63 | 700m: 9:44.07 | 1:24.79 | 1100m: 15:29.77 | 1:26.94 | 1500m: 21:07.82 | 1:21.36 | |
| | 400m: 5:27.52 | 1:24.32 | 800m: 11:06.83 | 1:22.76 | 1200m: 16:55.87 | 1:26.10 | | | |
| | BOUKER, Emir | | 12 | Rouge et Or/Université Laval | | | | 22:30.52 | 267 |
| | 100m: 1:20.79 | 1:20.79 | 500m: 7:24.45 | 1:31.99 | 900m: 13:27.59 | 1:31.64 | 1300m: 19:33.61 | 1:30.57 | |
| | 200m: 2:50.08 | 1:29.29 | 600m: 8:55.53 | 1:31.08 | 1000m: 14:59.05 | 1:31.46 | 1400m: 21:03.76 | 1:30.15 | |
| | 300m: 4:21.10 | 1:31.02 | 700m: 10:26.27 | 1:30.74 | 1100m: 16:31.38 | 1:32.33 | 1500m: 22:30.52 | 1:26.76 | |
| | 400m: 5:52.46 | 1:31.36 | 800m: 11:55.95 | 1:29.68 | 1200m: 18:03.04 | 1:31.66 | | | |
| | SLAMA, Youssef | | 12 | Rouge et Or/Université Laval | | | | 22:35.56 | 264 |
| | 100m: 1:19.41 | 1:19.41 | 500m: 8:55.12 | 3:04.07 | 900m: 15:02.18 | | 1300m: | | |
| | 200m: 2:48.90 | 1:29.49 | 600m: 10:26.43 | 1:31.31 | 1000m: | | 1400m: | | |
| | 300m: 4:19.21 | 1:30.31 | 700m: 11:58.58 | 1:32.15 | 1100m: 18:06.66 | | 1500m: 22:35.56 | | |
| | 400m: 5:51.05 | 1:31.84 | 800m: | | 1200m: | | | | |
| | SAVARD, Justin | | 11 | Rouge et Or/Université Laval | | | | 22:58.12 | 252 |
| | 100m: 1:20.76 | 1:20.76 | 500m: 7:31.79 | 1:33.66 | 900m: 13:41.71 | 1:30.93 | 1300m: 19:54.49 | 1:34.44 | |
| | 200m: 2:52.22 | 1:31.46 | 600m: 9:04.23 | 1:32.44 | 1000m: 15:15.25 | 1:33.54 | 1400m: 21:28.93 | 1:34.44 | |
| | 300m: 4:24.79 | 1:32.57 | 700m: 10:37.27 | 1:33.04 | 1100m: 16:48.53 | 1:33.28 | 1500m: 22:58.12 | 1:29.19 | |
| | 400m: 5:58.13 | 1:33.34 | 800m: 12:10.78 | 1:33.51 | 1200m: 18:20.05 | 1:31.52 | | | |

13 - 14 ans, Garçons

Liste résultats provisoire

| | | | | | | | | | |
|--|-----------------------------|---------|----------------|---------------------------------------|-----------------|---------|-----------------|-----------------|------------|
| | WILDI, Jake | | 14 | Rouge et Or/Université Laval | | | | 17:52.97 | 534 |
| | 100m: 1:06.90 | 1:06.90 | 500m: 5:52.06 | 1:12.23 | 900m: 10:40.14 | 1:12.04 | 1300m: 15:29.93 | 1:12.56 | |
| | 200m: 2:17.30 | 1:10.40 | 600m: 7:03.92 | 1:11.86 | 1000m: 11:52.42 | 1:12.28 | 1400m: 16:42.36 | 1:12.43 | |
| | 300m: 3:28.47 | 1:11.17 | 700m: 8:15.79 | 1:11.87 | 1100m: 13:04.99 | 1:12.57 | 1500m: 17:52.97 | 1:10.61 | |
| | 400m: 4:39.83 | 1:11.36 | 800m: 9:28.10 | 1:12.31 | 1200m: 14:17.37 | 1:12.38 | | | |
| | GOSSELIN, Manoé | | 14 | Rouge et Or/Université Laval | | | | 18:08.37 | 511 |
| | 100m: 1:07.48 | 1:07.48 | 500m: 5:58.73 | 1:12.94 | 900m: 10:51.25 | 1:13.27 | 1300m: 15:45.89 | 1:12.94 | |
| | 200m: 2:19.68 | 1:12.20 | 600m: 7:11.36 | 1:12.63 | 1000m: 12:05.37 | 1:14.12 | 1400m: 16:59.16 | 1:13.27 | |
| | 300m: 3:32.87 | 1:13.19 | 700m: 8:24.50 | 1:13.14 | 1100m: 13:19.14 | 1:13.77 | 1500m: 18:08.37 | 1:09.21 | |
| | 400m: 4:45.79 | 1:12.92 | 800m: 9:37.98 | 1:13.48 | 1200m: 14:32.95 | 1:13.81 | | | |
| | CORMIER, Thomas | | 14 | Club de natation région de Qué | | | | 18:15.55 | 501 |
| | 100m: 1:06.27 | 1:06.27 | 500m: 5:55.98 | 1:12.87 | 900m: 10:52.37 | 1:15.09 | 1300m: 15:51.31 | 1:15.06 | |
| | 200m: 2:17.70 | 1:11.43 | 600m: 7:09.55 | 1:13.57 | 1000m: 12:07.11 | 1:14.74 | 1400m: 17:06.57 | 1:15.26 | |
| | 300m: 3:30.66 | 1:12.96 | 700m: 8:23.00 | 1:13.45 | 1100m: 13:22.55 | 1:15.44 | 1500m: 18:15.55 | 1:08.98 | |
| | 400m: 4:43.11 | 1:12.45 | 800m: 9:37.28 | 1:14.28 | 1200m: 14:36.25 | 1:13.70 | | | |
| | LECLERC, Simon | | 14 | Rouge et Or/Université Laval | | | | 19:29.63 | 412 |
| | 100m: 1:12.68 | 1:12.68 | 500m: 6:20.39 | 1:17.67 | 900m: 11:34.94 | 1:19.13 | 1300m: 16:55.39 | 1:20.50 | |
| | 200m: 2:28.80 | 1:16.12 | 600m: 7:38.22 | 1:17.83 | 1000m: 12:54.79 | 1:19.85 | 1400m: 18:13.49 | 1:18.10 | |
| | 300m: 3:45.63 | 1:16.83 | 700m: 8:56.68 | 1:18.46 | 1100m: 14:14.77 | 1:19.98 | 1500m: 19:29.63 | 1:16.14 | |
| | 400m: 5:02.72 | 1:17.09 | 800m: 10:15.81 | 1:19.13 | 1200m: 15:34.89 | 1:20.12 | | | |
| | SAWAYA-GUÉRARD, Théo | | 13 | Rouge et Or/Université Laval | | | | 23:01.72 | 250 |
| | 100m: 1:23.68 | 1:23.68 | 500m: 7:33.87 | 1:33.68 | 900m: 13:48.34 | 1:33.65 | 1300m: 19:58.64 | 1:30.85 | |
| | 200m: 2:54.79 | 1:31.11 | 600m: 9:07.02 | 1:33.15 | 1000m: 15:22.31 | 1:33.97 | 1400m: 21:32.14 | 1:33.50 | |
| | 300m: 4:26.34 | 1:31.55 | 700m: 10:40.69 | 1:33.67 | 1100m: 16:54.96 | 1:32.65 | 1500m: 23:01.72 | 1:29.58 | |
| | 400m: 6:00.19 | 1:33.85 | 800m: 12:14.69 | 1:34.00 | 1200m: 18:27.79 | 1:32.83 | | | |

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 301, 1500m Libre

15 - 16 ans, Garçons

| | | | | |
|-----------------------------|------------------------|--------------------------------|-------------------------|-----|
| 1. POLIO GUIDOS, César José | 15 | Club de natation région de Qué | 17:22.52 | 582 |
| 100m: 1:04.73 1:04.73 | 500m: 5:45.34 1:09.77 | 900m: 10:27.14 1:10.14 | 1300m: 15:05.76 1:09.84 | |
| 200m: 2:14.56 1:09.83 | 600m: 6:55.70 1:10.36 | 1000m: 11:36.84 1:09.70 | 1400m: 16:15.66 1:09.90 | |
| 300m: 3:25.24 1:10.68 | 700m: 8:06.57 1:10.87 | 1100m: 12:46.22 1:09.38 | 1500m: 17:22.52 1:06.86 | |
| 400m: 4:35.57 1:10.33 | 800m: 9:17.00 1:10.43 | 1200m: 13:55.92 1:09.70 | | |
| 2. DORVAL, Henri-Louis | 16 | Rouge et Or/Université Laval | 17:24.28 | 579 |
| 100m: 1:04.95 1:04.95 | 500m: 5:44.83 1:10.32 | 900m: 10:24.49 1:10.03 | 1300m: 15:05.84 1:10.25 | |
| 200m: 2:15.17 1:10.22 | 600m: 6:55.25 1:10.42 | 1000m: 11:34.61 1:10.12 | 1400m: 16:16.25 1:10.41 | |
| 300m: 3:24.75 1:09.58 | 700m: 8:04.94 1:09.69 | 1100m: 12:45.38 1:10.77 | 1500m: 17:24.28 1:08.03 | |
| 400m: 4:34.51 1:09.76 | 800m: 9:14.46 1:09.52 | 1200m: 13:55.59 1:10.21 | | |
| 3. BELANGER, Kristofer | 16 | Club de natation région de Qué | 17:52.71 | 534 |
| 100m: 1:06.71 1:06.71 | 500m: 5:54.49 1:11.73 | 900m: 10:43.12 1:11.90 | 1300m: 15:31.77 1:12.41 | |
| 200m: 2:18.42 1:11.71 | 600m: 7:06.75 1:12.26 | 1000m: 11:55.89 1:12.77 | 1400m: 16:43.43 1:11.66 | |
| 300m: 3:30.41 1:11.99 | 700m: 8:19.16 1:12.41 | 1100m: 13:07.81 1:11.92 | 1500m: 17:52.71 1:09.28 | |
| 400m: 4:42.76 1:12.35 | 800m: 9:31.22 1:12.06 | 1200m: 14:19.36 1:11.55 | | |
| 4. POMERLEAU, Justin | 16 | Rouge et Or/Université Laval | 18:03.75 | 518 |
| 100m: 1:05.40 1:05.40 | 500m: 5:51.63 1:12.23 | 900m: 10:41.64 1:13.09 | 1300m: 15:37.37 1:14.26 | |
| 200m: 2:16.20 1:10.80 | 600m: 7:04.12 1:12.49 | 1000m: 11:55.69 1:14.05 | 1400m: 16:51.31 1:13.94 | |
| 300m: 3:27.64 1:11.44 | 700m: 8:16.79 1:12.67 | 1100m: 13:09.07 1:13.38 | 1500m: 18:03.75 1:12.44 | |
| 400m: 4:39.40 1:11.76 | 800m: 9:28.55 1:11.76 | 1200m: 14:23.11 1:14.04 | | |
| 5. BEAUDOIN, Loïc | 15 | Rouge et Or/Université Laval | 18:07.45 | 513 |
| 100m: 1:05.53 1:05.53 | 500m: 5:52.79 1:12.85 | 900m: 10:46.12 1:13.64 | 1300m: 15:42.58 1:14.44 | |
| 200m: 2:16.31 1:10.78 | 600m: 7:05.74 1:12.95 | 1000m: 12:00.07 1:13.95 | 1400m: 16:56.07 1:13.49 | |
| 300m: 3:27.51 1:11.20 | 700m: 8:19.22 1:13.48 | 1100m: 13:14.11 1:14.04 | 1500m: 18:07.45 1:11.38 | |
| 400m: 4:39.94 1:12.43 | 800m: 9:32.48 1:13.26 | 1200m: 14:28.14 1:14.03 | | |
| 6. CHAN, Oliver | 16 | Rouge et Or/Université Laval | 18:27.98 | 485 |
| 100m: 1:06.76 1:06.76 | 500m: 6:00.16 1:15.32 | 900m: 11:00.01 1:15.31 | 1300m: 16:00.92 1:14.47 | |
| 200m: 2:18.61 1:11.85 | 600m: 7:15.88 1:15.72 | 1000m: 12:15.65 1:15.64 | 1400m: 17:15.70 1:14.78 | |
| 300m: 3:31.00 1:12.39 | 700m: 8:30.96 1:15.08 | 1100m: 13:31.02 1:15.37 | 1500m: 18:27.98 1:12.28 | |
| 400m: 4:44.84 1:13.84 | 800m: 9:44.70 1:13.74 | 1200m: 14:46.45 1:15.43 | | |
| 7. STEVENS, Morgan | 15 | Rouge et Or/Université Laval | 19:38.95 | 402 |
| 100m: 1:11.44 1:11.44 | 500m: 6:30.75 1:21.22 | 900m: 11:48.37 1:19.21 | 1300m: 17:09.29 1:20.14 | |
| 200m: 2:28.88 1:17.44 | 600m: 7:50.63 1:19.88 | 1000m: 13:06.64 1:18.27 | 1400m: 18:28.29 1:19.00 | |
| 300m: 3:48.09 1:19.21 | 700m: 9:09.48 1:18.85 | 1100m: 14:27.61 1:20.97 | 1500m: 19:38.95 1:10.66 | |
| 400m: 5:09.53 1:21.44 | 800m: 10:29.16 1:19.68 | 1200m: 15:49.15 1:21.54 | | |

17 ans et plus, Messieurs

| | | | | |
|-----------------------|-----------------------|------------------------------|-------------------------|-----|
| 1. PEDNEAULT, Joël | 25 | Rouge et Or universitaire | 17:24.75 | 578 |
| 100m: 1:03.82 1:03.82 | 500m: 5:42.68 1:09.92 | 900m: 10:25.33 1:14.66 | 1300m: 15:10.68 1:10.38 | |
| 200m: 2:12.58 1:08.76 | 600m: 6:53.10 1:10.42 | 1000m: 11:38.24 1:12.91 | 1400m: 16:20.73 1:10.05 | |
| 300m: 3:22.61 1:10.03 | 700m: 8:01.82 1:08.72 | 1100m: 12:51.15 1:12.91 | 1500m: 17:24.75 1:04.02 | |
| 400m: 4:32.76 1:10.15 | 800m: 9:10.67 1:08.85 | 1200m: 14:00.30 1:09.15 | | |
| 2. LABERGE, Renaud | 18 | Rouge et Or/Université Laval | 17:31.80 | 567 |
| 100m: 1:04.69 1:04.69 | 500m: 5:44.93 1:10.55 | 900m: 10:27.64 1:11.23 | 1300m: 15:12.37 1:10.70 | |
| 200m: 2:14.58 1:09.89 | 600m: 6:55.31 1:10.38 | 1000m: 11:39.31 1:11.67 | 1400m: 16:22.69 1:10.32 | |
| 300m: 3:24.23 1:09.65 | 700m: 8:05.92 1:10.61 | 1100m: 12:50.47 1:11.16 | 1500m: 17:31.80 1:09.11 | |
| 400m: 4:34.38 1:10.15 | 800m: 9:16.41 1:10.49 | 1200m: 14:01.67 1:11.20 | | |
| 3. POMERLEAU, Laurent | 17 | Rouge et Or/Université Laval | 17:46.91 | 543 |
| 100m: 1:04.41 1:04.41 | 500m: 5:47.68 1:11.69 | 900m: 10:36.96 1:11.96 | 1300m: 15:24.03 1:12.30 | |
| 200m: 2:13.49 1:09.08 | 600m: 7:00.28 1:12.60 | 1000m: 11:48.22 1:11.26 | 1400m: 16:36.32 1:12.29 | |
| 300m: 3:24.55 1:11.06 | 700m: 8:12.25 1:11.97 | 1100m: 12:59.53 1:11.31 | 1500m: 17:46.91 1:10.59 | |
| 400m: 4:35.99 1:11.44 | 800m: 9:25.00 1:12.75 | 1200m: 14:11.73 1:12.20 | | |

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 301, Messieurs, 1500m Libre, 17 ans et plus

| Rang | | | Age | | | | | Temps | Pts | | | |
|------|------------------------|---------|---------|------------------------------|----------|---------|--------|-----------------|---------|--------|----------|---------|
| 4. | GOSSELIN, Anthony | | 17 | Rouge et Or/Université Laval | | | | 17:50.06 | 538 | | | |
| | 100m: | 1:05.45 | 1:05.45 | 500m: | 5:50.91 | 1:11.82 | 900m: | 10:39.07 | 1:12.25 | 1300m: | 15:28.23 | 1:12.00 |
| | 200m: | 2:15.89 | 1:10.44 | 600m: | 7:03.18 | 1:12.27 | 1000m: | 11:51.33 | 1:12.26 | 1400m: | 16:40.61 | 1:12.38 |
| | 300m: | 3:27.17 | 1:11.28 | 700m: | 8:14.85 | 1:11.67 | 1100m: | 13:03.56 | 1:12.23 | 1500m: | 17:50.06 | 1:09.45 |
| | 400m: | 4:39.09 | 1:11.92 | 800m: | 9:26.82 | 1:11.97 | 1200m: | 14:16.23 | 1:12.67 | | | |
| 5. | SAWAYA-GUÉRARD, Mathis | | 17 | Rouge et Or/Université Laval | | | | 17:54.77 | 531 | | | |
| | 100m: | 1:05.24 | 1:05.24 | 500m: | 5:52.64 | 1:12.70 | 900m: | 10:42.95 | 1:12.65 | 1300m: | 15:32.11 | 1:12.32 |
| | 200m: | 2:16.31 | 1:11.07 | 600m: | 7:05.42 | 1:12.78 | 1000m: | 11:55.16 | 1:12.21 | 1400m: | 16:45.05 | 1:12.94 |
| | 300m: | 3:27.85 | 1:11.54 | 700m: | 8:17.82 | 1:12.40 | 1100m: | 13:07.28 | 1:12.12 | 1500m: | 17:54.77 | 1:09.72 |
| | 400m: | 4:39.94 | 1:12.09 | 800m: | 9:30.30 | 1:12.48 | 1200m: | 14:19.79 | 1:12.51 | | | |
| 6. | OTIS, Gabriel | | 17 | Rouge et Or/Université Laval | | | | 18:47.50 | 460 | | | |
| | 100m: | 1:13.07 | 1:13.07 | 500m: | 6:22.69 | 1:17.01 | 900m: | 11:26.09 | 1:15.74 | 1300m: | 16:22.62 | 1:13.58 |
| | 200m: | 2:31.50 | 1:18.43 | 600m: | 7:38.71 | 1:16.02 | 1000m: | 12:41.42 | 1:15.33 | 1400m: | 17:36.21 | 1:13.59 |
| | 300m: | 3:49.89 | 1:18.39 | 700m: | 8:54.43 | 1:15.72 | 1100m: | 13:54.92 | 1:13.50 | 1500m: | 18:47.50 | 1:11.29 |
| | 400m: | 5:05.68 | 1:15.79 | 800m: | 10:10.35 | 1:15.92 | 1200m: | 15:09.04 | 1:14.12 | | | |
| 7. | GAGNON, Charles | | 17 | Rouge et Or/Université Laval | | | | 18:47.73 | 460 | | | |
| | 100m: | 1:07.61 | 1:07.61 | 500m: | 6:04.85 | 1:15.23 | 900m: | 11:06.51 | 1:15.60 | 1300m: | 16:15.30 | 1:17.95 |
| | 200m: | 2:20.48 | 1:12.87 | 600m: | 7:20.02 | 1:15.17 | 1000m: | 12:22.76 | 1:16.25 | 1400m: | 17:33.12 | 1:17.82 |
| | 300m: | 3:34.68 | 1:14.20 | 700m: | 8:35.40 | 1:15.38 | 1100m: | 13:39.69 | 1:16.93 | 1500m: | 18:47.73 | 1:14.61 |
| | 400m: | 4:49.62 | 1:14.94 | 800m: | 9:50.91 | 1:15.51 | 1200m: | 14:57.35 | 1:17.66 | | | |
| 8. | LÉGER, Thomas | | 18 | Rouge et Or/Université Laval | | | | 18:58.27 | 447 | | | |
| | 100m: | 1:08.24 | 1:08.24 | 500m: | 6:15.73 | 1:17.36 | 900m: | 11:23.38 | 1:16.42 | 1300m: | 16:30.08 | 1:16.76 |
| | 200m: | 2:23.79 | 1:15.55 | 600m: | 7:32.95 | 1:17.22 | 1000m: | 12:40.07 | 1:16.69 | 1400m: | 17:45.80 | 1:15.72 |
| | 300m: | 3:40.34 | 1:16.55 | 700m: | 8:50.22 | 1:17.27 | 1100m: | 13:56.87 | 1:16.80 | 1500m: | 18:58.27 | 1:12.47 |
| | 400m: | 4:58.37 | 1:18.03 | 800m: | 10:06.96 | 1:16.74 | 1200m: | 15:13.32 | 1:16.45 | | | |
| 9. | SLAMA, Seif | | 18 | Rouge et Or/Université Laval | | | | 19:26.84 | 415 | | | |
| | 100m: | 1:05.49 | 1:05.49 | 500m: | 6:08.22 | 1:17.57 | 900m: | 11:24.65 | 1:19.63 | 1300m: | 16:49.31 | 1:22.30 |
| | 200m: | 2:19.61 | 1:14.12 | 600m: | 7:26.94 | 1:18.72 | 1000m: | 12:45.94 | 1:21.29 | 1400m: | 18:09.46 | 1:20.15 |
| | 300m: | 3:34.25 | 1:14.64 | 700m: | 8:45.69 | 1:18.75 | 1100m: | 14:06.82 | 1:20.88 | 1500m: | 19:26.84 | 1:17.38 |
| | 400m: | 4:50.65 | 1:16.40 | 800m: | 10:05.02 | 1:19.33 | 1200m: | 15:27.01 | 1:20.19 | | | |