

Défi UL 50m 2026  
Québec, 24- - 26-4-2026

Epreuve 24  
2026-04-25 - 18:40

Messieurs, 400m Libre

11 ans et plus  
Liste résultats

Points: AQUA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m		
<b>11 - 12 ans</b>									
1.	MÉTIVIER, Matti	12	Club de natation région de	<b>C5:10.69</b>	355	1:15.37	1:21.68	1:20.04	1:13.60
	50m:		150m:	250m:		350m:			
	100m: 1:15.37		200m: 2:37.05	300m: 3:57.09		400m: 5:10.69			
2.	DALLAIRE, Léo	11	Club de natation région de	<b>C5:22.40</b>	318	1:15.94	1:21.00	1:22.13	1:23.33
	50m:		150m:	250m:		350m:			
	100m: 1:15.94		200m: 2:36.94	300m: 3:59.07		400m: 5:22.40			
3.	GODBOUT, C.	12	Club de natation région de	<b>C5:26.60</b>	305	1:18.23	1:22.79	1:23.25	1:22.33
	50m:		150m:	250m:		350m:			
	100m: 1:18.23		200m: 2:41.02	300m: 4:04.27		400m: 5:26.60			
4.	BOUKER, Emir	12	Rouge et Or/Université Laval	<b>5:33.80</b>	286	1:17.52	1:24.70	1:26.93	1:24.65
	50m:		150m:	250m:		350m:			
	100m: 1:17.52		200m: 2:42.22	300m: 4:09.15		400m: 5:33.80			
5.	CÔTÉ, Émile	11	Club de Natation des Rivera	<b>5:55.24</b>	237	1:23.46	1:32.57	1:32.05	1:27.16
	50m:		150m:	250m:		350m:			
	100m: 1:23.46		200m: 2:56.03	300m: 4:28.08		400m: 5:55.24			
6.	LAVOIE, Hubert	11	Club de Natation des Rivera	<b>6:16.55</b>	199	1:28.63	1:39.26	1:38.74	1:29.92
	50m:		150m:	250m:		350m:			
	100m: 1:28.63		200m: 3:07.89	300m: 4:46.63		400m: 6:16.55			
7.	COUTURE, Marc-Olivier	12	Club de natation région de	<b>C6:16.94</b>	199	1:29.46	1:38.06	1:38.64	1:30.78
	50m:		150m:	250m:		350m:			
	100m: 1:29.46		200m: 3:07.52	300m: 4:46.16		400m: 6:16.94			
<b>13 - 14 ans</b>									
1.	PIGEON, Arthur	14	Club de Natation des Rivera	<b>4:29.81</b>	542	1:03.11	1:09.04	1:09.77	1:07.89
	50m:		150m:	250m:		350m:			
	100m: 1:03.11		200m: 2:12.15	300m: 3:21.92		400m: 4:29.81			
2.	CORMIER, Thomas	14	Club de natation région de	<b>C4:31.37</b>	533	1:03.66	1:09.50	1:10.10	1:08.11
	50m:		150m:	250m:		350m:			
	100m: 1:03.66		200m: 2:13.16	300m: 3:23.26		400m: 4:31.37			
3.	DELAND, Étienne	14	Club de natation région de	<b>C4:43.57</b>	467	1:05.82	1:12.53	1:13.97	1:11.25
	50m:		150m:	250m:		350m:			
	100m: 1:05.82		200m: 2:18.35	300m: 3:32.32		400m: 4:43.57			
4.	D'ANJOU, Léonard	13	Club de natation région de	<b>C4:46.49</b>	453	1:09.07	1:13.08	1:12.04	1:12.30
	50m:		150m:	250m:		350m:			
	100m: 1:09.07		200m: 2:22.15	300m: 3:34.19		400m: 4:46.49			
5.	LECLERC, Simon	14	Rouge et Or/Université Laval	<b>4:51.88</b>	428	1:10.47	1:13.85	1:14.35	1:13.21
	50m:		150m:	250m:		350m:			
	100m: 1:10.47		200m: 2:24.32	300m: 3:38.67		400m: 4:51.88			
6.	CARNAHAN, Liam	13	Club de Natation des Rivera	<b>5:02.60</b>	384	1:12.15	1:17.09	1:18.49	1:14.87
	50m:		150m:	250m:		350m:			
	100m: 1:12.15		200m: 2:29.24	300m: 3:47.73		400m: 5:02.60			
7.	BOUFFARD, François	13	Club de Natation des Rivera	<b>5:07.47</b>	366	1:13.49	1:19.13	1:18.74	1:16.11
	50m:		150m:	250m:		350m:			
	100m: 1:13.49		200m: 2:32.62	300m: 3:51.36		400m: 5:07.47			
8.	CORMIER, Thomas	14	Nsh	<b>5:11.96</b>	351	1:12.02	1:18.88	1:21.27	1:19.79
	50m:		150m:	250m:		350m:			
	100m: 1:12.02		200m: 2:30.90	300m: 3:52.17		400m: 5:11.96			
9.	ARSENAULT, Taylor	14	Club.Natation. Sept-Iles	<b>5:20.06</b>	325	1:15.41	1:21.52	1:23.50	1:19.63
	50m:		150m:	250m:		350m:			
	100m: 1:15.41		200m: 2:36.93	300m: 4:00.43		400m: 5:20.06			

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Epreuve 24, Garçons, 400m Libre, 13 - 14 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m		
10.	LEMAY, Olivier	14	Club de Natation des Rivera	<b>5:23.95</b>	313	1:19.08	1:24.62	1:22.20	1:18.05
	50m:		150m:	250m:		350m:			
	100m: 1:19.08		200m: 2:43.70	300m: 4:05.90		400m: 5:23.95			
11.	TREMBLAY, François	14	Club.Natation. Sept-Iles	<b>5:26.64</b>	305	1:15.04	1:24.70	1:24.98	1:21.92
	50m:		150m:	250m:		350m:			
	100m: 1:15.04		200m: 2:39.74	300m: 4:04.72		400m: 5:26.64			
12.	IVANOV, Boris	13	Nsh	<b>5:52.79</b>	242	1:19.67	1:29.69	1:33.32	1:30.11
	50m:		150m:	250m:		350m:			
	100m: 1:19.67		200m: 2:49.36	300m: 4:22.68		400m: 5:52.79			
13.	DALLAIRE, Charles	13	Club de natation région de	<b>C5:53.98</b>	240	1:24.83	1:31.75	1:31.12	1:26.28
	50m:		150m:	250m:		350m:			
	100m: 1:24.83		200m: 2:56.58	300m: 4:27.70		400m: 5:53.98			

15 - 16 ans

1.	DUBÉ, Samuel	16	Club de natation région de	<b>C4:15.86</b>	636	1:00.33	1:05.80	1:06.15	1:03.58
	50m:		150m:	250m:		350m:			
	100m: 1:00.33		200m: 2:06.13	300m: 3:12.28		400m: 4:15.86			
2.	BROUILLET, Hugo	16	Les Dauphins de Rimouski	<b>4:30.84</b>	536	1:00.76	1:07.19	1:10.73	1:12.16
	50m:		150m:	250m:		350m:			
	100m: 1:00.76		200m: 2:07.95	300m: 3:18.68		400m: 4:30.84			
3.	ROUMANOS, Roy	15	Club De Natation Sherbrook	<b>4:40.73</b>	481	1:06.48	1:11.38	1:12.00	1:10.87
	50m:		150m:	250m:		350m:			
	100m: 1:06.48		200m: 2:17.86	300m: 3:29.86		400m: 4:40.73			
4.	BLAIS, Guillaume	16	Club de Natation des Rivera	<b>4:41.77</b>	476	1:05.62	1:12.30	1:13.05	1:10.80
	50m:		150m:	250m:		350m:			
	100m: 1:05.62		200m: 2:17.92	300m: 3:30.97		400m: 4:41.77			
5.	TREMBLAY, Eliam	15	Club de Natation des Rivera	<b>4:47.08</b>	450	1:08.71	1:13.89	1:14.27	1:10.21
	50m:		150m:	250m:		350m:			
	100m: 1:08.71		200m: 2:22.60	300m: 3:36.87		400m: 4:47.08			
6.	LARIVIÈRE, Simon	15	Club de natation région de	<b>C4:47.92</b>	446	1:08.68	1:13.97	1:14.25	1:11.02
	50m:		150m:	250m:		350m:			
	100m: 1:08.68		200m: 2:22.65	300m: 3:36.90		400m: 4:47.92			
7.	GRENIER, Léo	15	Unik	<b>5:00.25</b>	393	1:10.67	1:17.04	1:17.42	1:15.12
	50m:		150m:	250m:		350m:			
	100m: 1:10.67		200m: 2:27.71	300m: 3:45.13		400m: 5:00.25			
8.	LACHAPELLE, Zack	15	Club.Natation. Sept-Iles	<b>5:03.05</b>	382	1:10.92	1:18.03	1:19.83	1:14.27
	50m:		150m:	250m:		350m:			
	100m: 1:10.92		200m: 2:28.95	300m: 3:48.78		400m: 5:03.05			
9.	CASTONGUAY, Olivier	15	Nsh	<b>5:05.71</b>	373	1:10.82	1:17.79	1:18.99	1:18.11
	50m:		150m:	250m:		350m:			
	100m: 1:10.82		200m: 2:28.61	300m: 3:47.60		400m: 5:05.71			
10.	VASILE, Alexandru	16	Nsh	<b>5:09.60</b>	359	1:12.85	1:18.42	1:20.91	1:17.42
	50m:		150m:	250m:		350m:			
	100m: 1:12.85		200m: 2:31.27	300m: 3:52.18		400m: 5:09.60			
11.	BOURQUE, Félix	15	Unik	<b>5:14.71</b>	341	1:14.66	1:21.69	1:21.94	1:16.42
	50m:		150m:	250m:		350m:			
	100m: 1:14.66		200m: 2:36.35	300m: 3:58.29		400m: 5:14.71			
12.	AMMARI, Yanis	15	Nsh	<b>5:27.15</b>	304			1:22.70	1:19.44
	50m:		150m:	250m:		350m:			
	100m:		200m: 2:45.01	300m: 4:07.71		400m: 5:27.15			

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17 ans et plus

1.	BRASSARD, Ludovic	18	Club de Natation SAMAK	<b>4:15.79</b>	636	59.69	1:04.32	1:05.70	1:06.08
	50m:		150m:	250m:		350m:			
	100m: 59.69		200m: 2:04.01	300m: 3:09.71		400m: 4:15.79			
2.	PELLETIER, Éli	18	Club de Natation des Rivera	<b>4:19.39</b>	610	1:02.16	1:07.39	1:07.66	1:02.18
	50m:		150m:	250m:		350m:			
	100m: 1:02.16		200m: 2:09.55	300m: 3:17.21		400m: 4:19.39			
3.	SARRAZIN, Alexandre	20	Club de natation région de	<b>C4:20.05</b>	606	1:02.03	1:07.92	1:06.99	1:03.11
	50m:		150m:	250m:		350m:			
	100m: 1:02.03		200m: 2:09.95	300m: 3:16.94		400m: 4:20.05			
4.	SAWAYA-GUÉRARD, M.	17	Rouge et Or/Université Laval	<b>4:20.80</b>	600	1:00.67	1:06.27	1:07.07	1:06.79
	50m:		150m:	250m:		350m:			
	100m: 1:00.67		200m: 2:06.94	300m: 3:14.01		400m: 4:20.80			
5.	DUREAU, Alexandre	18	Club de Natation des Rivera	<b>4:21.98</b>	592	1:01.58	1:06.71	1:07.11	1:06.58
	50m:		150m:	250m:		350m:			
	100m: 1:01.58		200m: 2:08.29	300m: 3:15.40		400m: 4:21.98			
6.	LORTIE, Justin	19	Club de natation région de	<b>C4:22.12</b>	591	59.27	1:06.68	1:08.95	1:07.22
	50m:		150m:	250m:		350m:			
	100m: 59.27		200m: 2:05.95	300m: 3:14.90		400m: 4:22.12			
7.	FORTIN, Ludovic	17	Club de Natation des Rivera	<b>4:24.91</b>	573	1:02.22	1:08.30	1:08.46	1:05.93
	50m:		150m:	250m:		350m:			
	100m: 1:02.22		200m: 2:10.52	300m: 3:18.98		400m: 4:24.91			
8.	BÉLANGER, Eliot	17	Club de Natation des Rivera	<b>4:25.16</b>	571	1:02.85	1:07.88	1:08.58	1:05.85
	50m:		150m:	250m:		350m:			
	100m: 1:02.85		200m: 2:10.73	300m: 3:19.31		400m: 4:25.16			
9.	ROCHETTE, Hubert	17	Club de natation région de	<b>C4:25.35</b>	570	1:01.71	1:07.86	1:08.65	1:07.13
	50m:		150m:	250m:		350m:			
	100m: 1:01.71		200m: 2:09.57	300m: 3:18.22		400m: 4:25.35			
10.	VALLIÈRES, Éloi	20	Rouge et Or/Université Laval	<b>4:27.03</b>	559	1:02.49	1:07.74	1:09.52	1:07.28
	50m:		150m:	250m:		350m:			
	100m: 1:02.49		200m: 2:10.23	300m: 3:19.75		400m: 4:27.03			
11.	LACOSTE, Antoine	20	Nsh	<b>4:34.12</b>	517	1:03.67	1:10.20	1:10.92	1:09.33
	50m:		150m:	250m:		350m:			
	100m: 1:03.67		200m: 2:13.87	300m: 3:24.79		400m: 4:34.12			
12.	BÉLANGER, Tommy	17	Les Dauphins de Rimouski	<b>4:44.83</b>	461	1:04.79	1:12.31	1:14.69	1:13.04
	50m:		150m:	250m:		350m:			
	100m: 1:04.79		200m: 2:17.10	300m: 3:31.79		400m: 4:44.83			
13.	DUCHESNE, Vincent	18	Club.Natation. Sept-Iles	<b>5:13.68</b>	345	1:11.60	1:20.61	1:23.10	1:18.37
	50m:		150m:	250m:		350m:			
	100m: 1:11.60		200m: 2:32.21	300m: 3:55.31		400m: 5:13.68			