

Défi UL 50m 2026  
Québec, 24- - 26-4-2026

Epreuve 23  
2026-04-25 - 17:52

Dames, 400m Libre

11 ans et plus  
Liste résultats

Points: AQUA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m	
<b>11 - 12 ans</b>								
Liste résultats provisoire								
VACHON, Julianne	12	Club de Natation Régional d	<b>4:56.57</b>	499	1:10.71	1:15.66	1:16.21	1:13.99
50m:		150m:	250m:		350m:			
100m: 1:10.71		200m: 2:26.37	300m: 3:42.58		400m: 4:56.57			
DUHAMEL, Norah	12	Club de Natation NATAQUI	<b>5:18.10</b>	405	1:16.24	1:22.98	1:21.18	1:17.70
50m:		150m:	250m:		350m:			
100m: 1:16.24		200m: 2:39.22	300m: 4:00.40		400m: 5:18.10			
LARIVIÈRE, Andréanne	12	Club de natation région de	<b>C5:19.94</b>	398	1:17.08	1:22.04	1:22.63	1:18.19
50m:		150m:	250m:		350m:			
100m: 1:17.08		200m: 2:39.12	300m: 4:01.75		400m: 5:19.94			
SYLVAIN, Maude	12	Nsh	<b>5:45.27</b>	316	1:20.35	1:30.51	1:29.78	1:24.63
50m:		150m:	250m:		350m:			
100m: 1:20.35		200m: 2:50.86	300m: 4:20.64		400m: 5:45.27			
BRISSON, Mary-Janne	12	Club de Natation des Rivera	<b>5:51.32</b>	300	1:23.27	1:31.24	1:29.91	1:26.90
50m:		150m:	250m:		350m:			
100m: 1:23.27		200m: 2:54.51	300m: 4:24.42		400m: 5:51.32			
PELLETIER, Sarah	12	Nsh	<b>5:58.55</b>	282	1:25.38	1:32.19	1:32.71	1:28.27
50m:		150m:	250m:		350m:			
100m: 1:25.38		200m: 2:57.57	300m: 4:30.28		400m: 5:58.55			
LANGLOIS, Madison	11	Club de Natation des Rivera	<b>6:11.91</b>	253	1:25.25	1:36.86	1:36.49	1:33.31
50m:		150m:	250m:		350m:			
100m: 1:25.25		200m: 3:02.11	300m: 4:38.60		400m: 6:11.91			
JACQUES, Juliette	11	Club de Natation des Rivera	<b>6:13.99</b>	249	1:25.37	1:35.84	1:39.42	1:33.36
50m:		150m:	250m:		350m:			
100m: 1:25.37		200m: 3:01.21	300m: 4:40.63		400m: 6:13.99			
PAQUET, Sophia-Maude	12	Club de Natation des Rivera	<b>6:21.88</b>	234	1:28.46	1:40.90	1:40.93	1:31.59
50m:		150m:	250m:		350m:			
100m: 1:28.46		200m: 3:09.36	300m: 4:50.29		400m: 6:21.88			
<b>13 - 14 ans</b>								
Liste résultats provisoire								
FORTIN, Flavie	14	Rouge et Or/Université Laval	<b>4:46.14</b>	556	1:07.15	1:12.43	1:13.62	1:12.94
50m:		150m:	250m:		350m:			
100m: 1:07.15		200m: 2:19.58	300m: 3:33.20		400m: 4:46.14			
OUELLET, Laurence	14	Nsh	<b>4:48.00</b>	545	1:08.14	1:14.22	1:14.38	1:11.26
50m:		150m:	250m:		350m:			
100m: 1:08.14		200m: 2:22.36	300m: 3:36.74		400m: 4:48.00			
MORIN, Romy	13	Club De Natation Sherbrook	<b>4:53.82</b>	514	1:09.87	1:16.27	1:15.69	1:11.99
50m:		150m:	250m:		350m:			
100m: 1:09.87		200m: 2:26.14	300m: 3:41.83		400m: 4:53.82			
LINDSAY, Estelle	14	Rouge et Or/Université Laval	<b>4:58.20</b>	491	1:11.83	1:16.77	1:15.58	1:14.02
50m:		150m:	250m:		350m:			
100m: 1:11.83		200m: 2:28.60	300m: 3:44.18		400m: 4:58.20			
SAVARD-FORGET, Rose	14	Nsh	<b>5:01.47</b>	475	1:11.80	1:16.73	1:17.40	1:15.54
50m:		150m:	250m:		350m:			
100m: 1:11.80		200m: 2:28.53	300m: 3:45.93		400m: 5:01.47			
DUGAS, Natalie	14	Club de Natation Régional d	<b>5:01.55</b>	475	1:11.38	1:18.00	1:17.57	1:14.60
50m:		150m:	250m:		350m:			
100m: 1:11.38		200m: 2:29.38	300m: 3:46.95		400m: 5:01.55			
GAGNON, Lysanne	13	Club de natation région de	<b>C5:07.59</b>	448	1:11.84	1:18.89	1:19.18	1:17.68
50m:		150m:	250m:		350m:			
100m: 1:11.84		200m: 2:30.73	300m: 3:49.91		400m: 5:07.59			

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Epreuve 23, Filles, 400m Libre, 13 - 14 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m	
BUSQUE, Yanina	14	Club de Natation des Rivera	<b>5:12.34</b>	427	1:14.80	1:20.31	1:19.61	1:17.62
50m:		150m:	250m:		350m:			
100m: 1:14.80		200m: 2:35.11	300m: 3:54.72		400m: 5:12.34			
SIMARD, Mariane	14	Club de natation région de C	<b>5:15.35</b>	415	1:14.33	1:21.65	1:20.98	1:18.39
50m:		150m:	250m:		350m:			
100m: 1:14.33		200m: 2:35.98	300m: 3:56.96		400m: 5:15.35			
PAQUET, Joanie	14	Unik	<b>5:25.92</b>	376	1:16.29	1:22.85	1:23.76	1:23.02
50m:		150m:	250m:		350m:			
100m: 1:16.29		200m: 2:39.14	300m: 4:02.90		400m: 5:25.92			