

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 15
2026-04-25 - 10:48

Dames, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	Age	Temps	Pts	100m	200m	300m	400m		
11 - 12 ans									
1.	DUHAMEL, Norah	12	Club de Natation NATAQUI	6:02.20	388	1:24.26	1:30.82	1:47.44	1:19.68
	50m:		150m:	250m:		350m:			
	100m: 1:24.26		200m: 2:55.08	300m: 4:42.52		400m: 6:02.20			
2.	ABETTI, Alae	12	Club de natation région de	C6:05.57	378	1:24.72	1:29.47	1:46.57	1:24.81
	50m:		150m:	250m:		350m:			
	100m: 1:24.72		200m: 2:54.19	300m: 4:40.76		400m: 6:05.57			
3.	GRÉGOIRE, Jade	12	Club de natation région de	C6:09.83	365	1:30.05	1:32.71	1:47.75	1:19.32
	50m:		150m:	250m:		350m:			
	100m: 1:30.05		200m: 3:02.76	300m: 4:50.51		400m: 6:09.83			
4.	FRANÇOIS, Diuna	11	Unik	6:19.10	339	1:39.30	1:34.74	1:46.96	1:18.10
	50m:		150m:	250m:		350m:			
	100m: 1:39.30		200m: 3:14.04	300m: 5:01.00		400m: 6:19.10			
5.	LARIVIÈRE, Andréanne	12	Club de natation région de	C6:21.89	331	1:42.56	1:33.22	1:44.84	1:21.27
	50m:		150m:	250m:		350m:			
	100m: 1:42.56		200m: 3:15.78	300m: 5:00.62		400m: 6:21.89			
6.	GERVAIS, Juliette	11	Unik	6:27.25	318	1:35.89	1:35.88	1:52.75	1:22.73
	50m:		150m:	250m:		350m:			
	100m: 1:35.89		200m: 3:11.77	300m: 5:04.52		400m: 6:27.25			
7.	JUTRAS, Zoé	12	Club de Natation des Rivera	6:30.81	309	1:27.50	1:40.98	1:51.08	1:31.25
	50m:		150m:	250m:		350m:			
	100m: 1:27.50		200m: 3:08.48	300m: 4:59.56		400m: 6:30.81			
8.	NOËL, Victoria	12	Club de natation région de	C6:31.08	308	1:29.47	1:37.71	1:57.80	1:26.10
	50m:		150m:	250m:		350m:			
	100m: 1:29.47		200m: 3:07.18	300m: 5:04.98		400m: 6:31.08			
9.	GINGRAS PARÉ, Charlotte	12	Club de natation région de	C6:37.23	294	1:40.23	1:37.92	1:58.13	1:20.95
	50m:		150m:	250m:		350m:			
	100m: 1:40.23		200m: 3:18.15	300m: 5:16.28		400m: 6:37.23			
13 - 14 ans								Liste résultats provisoire	
	BÉLANGER, Eve-Sophie	14	Club de Natation des Rivera	6:17.09	344	1:30.32	1:38.29	1:47.60	1:20.88
	50m:		150m:	250m:		350m:			
	100m: 1:30.32		200m: 3:08.61	300m: 4:56.21		400m: 6:17.09			
	FOUDALI, Rim Raha	14	Club De Natation Sherbrook	6:35.72	298	1:32.71	1:39.05	1:54.16	1:29.80
	50m:		150m:	250m:		350m:			
	100m: 1:32.71		200m: 3:11.76	300m: 5:05.92		400m: 6:35.72			
	GENOIS, Alicia	13	Club de Natation des Rivera	6:38.84	291	1:37.18	1:40.23	1:55.39	1:26.04
	50m:		150m:	250m:		350m:			
	100m: 1:37.18		200m: 3:17.41	300m: 5:12.80		400m: 6:38.84			
	SOLTANI, Elissa	14	Club De Natation Sherbrook	6:40.21	288	1:35.99	1:40.99	2:01.71	1:21.52
	50m:		150m:	250m:		350m:			
	100m: 1:35.99		200m: 3:16.98	300m: 5:18.69		400m: 6:40.21			
15 - 16 ans								Liste résultats provisoire	
	BOUCHARD, Marie	16	Rouge et Or/Université Laval	5:54.84	413	1:17.41	1:32.05	1:48.76	1:16.62
	50m:		150m:	250m:		350m:			
	100m: 1:17.41		200m: 2:49.46	300m: 4:38.22		400m: 5:54.84			
	GALLANT, Annabelle	16	Club de Natation des Rivera	6:03.68	384	1:23.00	1:37.98	1:41.58	1:21.12
	50m:		150m:	250m:		350m:			
	100m: 1:23.00		200m: 3:00.98	300m: 4:42.56		400m: 6:03.68			

Défi UL 50m 2026
Québec, 24- - 26-4-2026

Epreuve 15, Filles, 400m 4 nages, 15 - 16 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m	
SAYEGH, Jasmine	15	Rouge et Or/Université Laval	6:22.17	331	1:26.66	1:40.30	1:53.35	1:21.86
50m:	150m:	250m:	350m:					
100m: 1:26.66	200m: 3:06.96	300m: 5:00.31	400m: 6:22.17					
MARTIN, Alyson	15	Nsh	6:34.47	301	1:37.47	1:43.76	1:44.34	1:28.90
50m:	150m:	250m:	350m:					
100m: 1:37.47	200m: 3:21.23	300m: 5:05.57	400m: 6:34.47					