



Event 204
17-5-2026 - 15:10

Men, 400m Freestyle

2014 and older
Startlist

naam	vereniging	inschrijftijd		
<u>Heat 1 of 6</u>				
2 Yari Vaneker	Oz&Pc	5:21.15	201300395	_____
3 Kjelt de Wit	WS Twente	5:11.03	201201099	_____
4 Jefta Norden	De Grunte	5:10.32	201202153	_____
5 Dirk Rietman	Swol 1894	5:22.56	201300131	_____
6 Kian Zoer	Dedemsvaart-AC	5:16.50	201300747	_____
<u>Heat 2 of 6</u>				
1 Jip Westendorp	Swol 1894	5:09.97	201400379	_____
2 Daan Alink	ZPC De Hof	4:42.11	201000241	_____
3 Thijmen Holterman	ZPC De Hof	4:48.71	201000005	_____
4 Milan Eikenaar	Swol 1894	4:35.81	201100599	_____
5 Kick Germers	Swol 1894	4:47.05	201000185	_____
6 Daan Vinke	Deltasteur	4:41.72	201001039	_____
7 Rio Babic	Steenwijk 1934	5:18.86	201200867	_____
8 Hidde Visscher	Oz&Pc	5:10.24	201300149	_____
<u>Heat 3 of 6</u>				
1 Lucas Vos	Swol 1894	5:16.35	201300005	_____
2 Luuk ten Asbroek	Het Ravijn	4:58.14	201200601	_____
3 Mats van der Kamp	Deltasteur	4:55.18	201200113	_____
4 Metz Agema	Deltasteur	4:45.26	201200929	_____
5 Lars Thuel	Swol 1894	4:56.50	201200119	_____
6 Floris Meijers	Swol 1894	5:08.91	201300015	_____
7 Job Oude Ophuis	Oz&Pc	5:14.40	201300047	_____
8 Bas Harms	Dedemsvaart-AC	5:05.77	201400129	_____
<u>Heat 4 of 6</u>				
1 Stan Nijhuis	Oz&Pc	4:44.65	201100191	_____
2 Gerdian Leeftink	ZPC De Hof	4:31.71	201000091	_____
3 Tristan Meijers	Swol 1894	4:40.36	201000089	_____
4 Ruben Kragt	Dedemsvaart-AC	4:15.81	201000007	_____
5 Matthijs van Velzen	Deltasteur	4:31.80	201100435	_____
6 Rafael Agterbos	Oz&Pc	4:40.65	201000171	_____
7 Daan Overmars	Oz&Pc	4:44.25	201100027	_____
8 Gijs Nooter	Dedemsvaart-AC	4:35.75	201000725	_____
<u>Heat 5 of 6</u>				
2 Ruben Nooter	Dedemsvaart-AC	4:25.75	200901577	_____
3 Bjorn Scholten	WS Twente	4:19.91	200801143	_____
4 Dyon Scholten	Steenwijk 1934	4:24.66	200900095	_____
5 Teun van Weeren	Oz&Pc	4:28.36	200801145	_____
6 Finn Stamsnieder	Oz&Pc	4:30.66	200900225	_____
7 Milan Bottenberg	Deltasteur	4:33.17	200900153	_____
<u>Heat 6 of 6</u>				
1 Rick Smelt	ZVZwartsluis	4:35.75	200600051	_____
2 Jasper Thijert	WS Twente	4:25.22	200700321	_____
3 Melle van Veen	Dedemsvaart-AC	4:20.33	200700661	_____
4 Jort Siebelt	Oz&Pc	4:20.45	200700083	_____
5 Tim Zuurman	Dedemsvaart-AC	4:30.30	200700131	_____
7 Kevin Lucas	De Dinkel	4:22.98	200300545	_____
8 Stan Tibben	Dedemsvaart-AC	4:44.98	200503591	_____