

Programmanr. 208  
17-5-2026 - 16:50

Heren, 200m wisselslag

2014 en ouder  
Resultaten

rang	naam	vereniging	intijd		tijd	RT	50m	100m	150m	200m
<b>Onder 14</b>										
1.	Metz Agema	Deltasteur	2:26.89	201200929	<b>2:30.28</b>		31.46	1:13.46	1:54.85	2:30.28
2.	Siem Rewinkel	Z&PV de Veene	2:31.65	201201473	<b>2:31.81</b>		31.58	1:11.34	1:56.13	2:31.81
3.	Luuk ten Asbroek	Het Ravijn	2:40.01	201200601	<b>2:37.11</b>		33.40	1:13.62	2:01.39	2:37.11
4.	Maarten de Leeuw	Deltasteur	2:33.11	201200241	<b>2:39.49</b>		34.09	1:15.02	2:03.45	2:39.49
5.	Lars Thül	Swol 1894	2:43.00	201200119	<b>2:39.70</b>		34.17	1:16.42	2:04.87	2:39.70
6.	Job Oude Ophuis	Oz&Pc	2:43.20	201300047	<b>2:44.23</b>		36.49	1:19.74	2:08.82	2:44.23
7.	Floris Meijers	Swol 1894	2:43.57	201300015	<b>2:44.81</b>		35.40	1:17.73	2:08.25	2:44.81
8.	Rio Babic	Steenwijk 1934	2:52.55	201200867	<b>2:44.82</b>		35.61	1:20.04	2:10.44	2:44.82
9.	Dirk Rietman	Swol 1894	2:44.44	201300131	<b>2:45.11</b>		33.83	1:17.98	2:07.55	2:45.11
10.	Lucas Vos	Swol 1894	2:48.03	201300005	<b>2:45.58</b>		34.18	1:16.81	2:06.52	2:45.58
11.	Jens van den Berg	Ezcl (Sg)	2:51.92	201200331	<b>2:50.15</b>		36.88	1:22.24	2:12.70	2:50.15
12.	Chris Hoogeveen	Dedemsvaart-AC	2:57.49	201202683	<b>2:50.87</b>		35.77	1:18.54	2:12.11	2:50.87
13.	Mats van der Kamp	Deltasteur	2:40.53	201200113	<b>2:51.57</b>		35.71	1:23.04	2:14.41	2:51.57
14.	Dorian Leeftink	ZPC De Hof	2:50.72	201200111	<b>2:52.04</b>		35.30	1:19.94	2:12.52	2:52.04
15.	Kjelt de Wit	WS Twente	2:57.51	201201099	<b>2:53.04</b>		37.03	1:22.38	2:16.38	2:53.04
16.	Bas Harms	Dedemsvaart-AC	2:45.02	201400129	<b>2:55.16</b>		39.61	1:24.76	2:18.21	2:55.16
17.	Kian Zoer	Dedemsvaart-AC	2:51.93	201300747	<b>2:55.37</b>		36.93	1:27.25	2:17.90	2:55.37
18.	Koen Hultink	De Grunte	2:53.95	201200577	<b>2:55.66</b>		38.01	1:27.00	2:14.13	2:55.66
19.	Jefta Norden	De Grunte	2:47.39	201202153	<b>2:56.58</b>	100*	42.41	1:31.83	2:21.16	2:56.58
20.	Jip Westendorp	Swol 1894	2:52.33	201400379	<b>2:56.61</b>		42.19	1:26.17	2:16.05	2:56.61
21.	Hidde Visscher	Oz&Pc	2:57.87	201300149	<b>2:57.01</b>		41.58	1:25.56	2:19.24	2:57.01
22.	Ivan Bakker	Dedemsvaart-AC	3:01.88	201201269	<b>2:58.86</b>		37.06	1:30.55	2:19.34	2:58.86
23.	Siem Benerink	WS Twente	2:59.40	201203105	<b>2:59.58</b>		41.61	1:27.56	2:18.84	2:59.58
24.	Jurre de Jonge	De Grunte	2:58.99	201300791	<b>3:03.81</b>		40.43	1:29.20	2:23.70	3:03.81
25.	Boaz Schouten	Zignea	2:56.49	201201149	<b>3:05.83</b>		37.68	1:26.37	2:22.09	3:05.83

**Onder 16**

1.	Ruben Kragt	Dedemsvaart-AC	2:13.83	201000007	<b>2:20.32</b>		29.56	1:05.44	1:46.73	2:20.32
2.	Kick Germers	Swol 1894	2:24.76	201000185	<b>2:21.49</b>		30.06	1:07.97	1:47.64	2:21.49
3.	Dewin Volker	Oz&Pc	2:28.22	201101935	<b>2:24.48</b>		30.96	1:09.01	1:49.87	2:24.48
4.	Gerdian Leeftink	ZPC De Hof	2:25.47	201000091	<b>2:24.52</b>		30.89	1:09.73	1:50.90	2:24.52
5.	S. Hageman	Steenwijk 1934	2:25.40	201000009	<b>2:26.47</b>		31.01	1:09.68	1:51.20	2:26.47
6.	Matthijs van Velzen	Deltasteur	2:26.93	201100435	<b>2:28.24</b>		31.17	1:08.89	1:55.62	2:28.24
7.	Tristan Meijers	Swol 1894	2:36.45	201000089	<b>2:28.81</b>		33.21	1:11.14	1:55.58	2:28.81
8.	Milan Eikenaar	Swol 1894	2:29.77	201100599	<b>2:28.84</b>		32.87	1:07.72	1:54.52	2:28.84
9.	Stan Nijhuis	Oz&Pc	2:40.01	201100191	<b>2:31.42</b>		31.34	1:11.73	1:56.57	2:31.42
10.	Djulian Versteeg	Zignea	2:31.23	201002655	<b>2:32.34</b>		30.19	1:10.11	1:58.51	2:32.34
11.	Gijs Nooter	Dedemsvaart-AC	2:25.89	201000725	<b>2:33.07</b>		33.61	1:12.95	2:00.12	2:33.07
12.	Rafaël Agterbos	Oz&Pc	2:24.18	201000171	<b>2:33.23</b>		32.57	1:14.41	1:58.51	2:33.23
13.	James Bevers	WS Twente	2:39.36	201103659	<b>2:34.29</b>		33.98	1:15.79	2:01.11	2:34.29
14.	Roan Dijkstra	Dedemsvaart-AC	2:28.89	201002791	<b>2:35.08</b>		31.89	1:09.70	1:56.73	2:35.08
15.	Alex Spijker	Dedemsvaart-AC	2:38.08	201002457	<b>2:40.19</b>		34.11	1:19.47	2:04.08	2:40.19
16.	Hidde de Jonge	De Grunte	2:36.27	201101213	<b>2:44.01</b>		34.27	1:16.46	2:06.24	2:44.01
17.	Amor van der Veen	Dedemsvaart-AC	2:30.57	201100197	<b>2:57.76</b>		36.44	1:21.86	2:15.22	2:57.76
18.	NG Daan Vinke	Deltasteur	2:38.11	201001039						

**Onder 18**

1.	Job Sportel	De Dinkel	2:07.44	200800429	<b>2:16.14</b>		28.23	1:04.06	1:43.13	2:16.14
2.	Finn Stamnieder	Oz&Pc	2:19.54	200900225	<b>2:16.70</b>		28.85	1:04.87	1:45.58	2:16.70
3.	Teun van Weeren	Oz&Pc	2:20.26	200801145	<b>2:21.36</b>		29.75	1:07.89	1:49.93	2:21.36
4.	Dani Yefimov	Oz&Pc	2:24.22	200901305	<b>2:22.11</b>		30.36	1:08.09	1:47.78	2:22.11
5.	Ruben Nooter	Dedemsvaart-AC	2:25.30	200901577	<b>2:24.54</b>		29.88	1:07.54	1:51.59	2:24.54
6.	Duuk Harms	Dedemsvaart-AC	2:21.40	200900201	<b>2:24.63</b>		30.72	1:09.35	1:50.55	2:24.63
7.	Teun Overmars	Oz&Pc	2:32.12	200800103	<b>2:25.61</b>		30.98	1:08.63	1:51.71	2:25.61
8.	Roan van der Stege	Swol 1894	2:27.46	200900107	<b>2:26.77</b>		30.99	1:11.08	1:53.44	2:26.77



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rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
9. Bram Kulpe	Z&PV de Veene	2:22.30 200900329	<b>2:27.14</b>		32.11	1:11.60	1:53.10	2:27.14
10. Arthur Alberts	ZVZwartsuis	2:27.71 200900239	<b>2:27.99</b>		30.86	1:07.18	1:52.49	2:27.99
11. Dyon Scholten	Steenwijk 1934	2:29.17 200900095	<b>2:28.59</b>		31.07	1:10.31	1:56.30	2:28.59
12. Mart Tempelman	Dedemsvaart-AC	2:21.13 200801075	<b>2:34.46</b>		31.90	1:10.66	1:57.84	2:34.46

Onder 20

1. Jasper Thijert	WS Twente	2:13.39 200700321	<b>2:16.31</b>		29.74	1:07.60	1:44.62	2:16.31
2. Niek Vreeling	Oz&Pc	2:17.65 200604211	<b>2:17.20</b>		28.69	1:03.54	1:44.48	2:17.20
3. Jort Siebelt	Oz&Pc	2:17.38 200700083	<b>2:21.53</b>		29.88	1:06.25	1:47.47	2:21.53
4. Melle van Veen	Dedemsvaart-AC	2:17.73 200700661	<b>2:24.34</b>		29.12	1:07.52	1:49.16	2:24.34
5. Tim Zuurman	Dedemsvaart-AC	2:24.82 200700131	<b>2:27.31</b>		32.23	1:10.15	1:54.58	2:27.31
6. Ian Huntink	de IJsel	2:27.17 200603473	<b>2:29.76</b>		30.77	1:08.86	1:55.30	2:29.76
7. Rick Smelt	ZVZwartsuis	2:22.09 200600051	<b>2:30.42</b>		31.20	1:12.19	1:56.04	2:30.42
8. Thijs Poll	Deltasteur	2:23.89 200700203	<b>2:32.85</b>		32.96	1:12.05	1:57.37	2:32.85
9. Finn Ooijman	WS Twente	2:22.57 200603161	<b>2:33.43</b>		28.75	1:07.91	1:55.32	2:33.43

20 en ouder

1. Luuk Ruinemans	De Dinkel	2:16.61 200301085	<b>2:15.85</b>		27.98	1:03.11	1:44.18	2:15.85
2. Bart Oude Egbrink	Oz&Pc	2:16.67 200300491	<b>2:24.04</b>		30.47	1:07.49	1:50.16	2:24.04
3. Kevin Lucas	De Dinkel	2:16.09 200300545	<b>2:25.26</b>		30.52	1:10.60	1:51.48	2:25.26
4. Jens zum Grotenhoff	Oz&Pc	2:29.14 200200171	<b>2:25.47</b>		30.44	1:10.28	1:53.00	2:25.47
5. Rolf ter Keurs	Z&PV de Veene	2:18.87 200500137	<b>2:27.82</b>		30.23	1:08.46	1:52.79	2:27.82
6. Stan Tibben	Dedemsvaart-AC	2:17.52 200503591	<b>2:37.12</b>		29.99	1:11.90	1:57.24	2:37.12