

Swimday 2026
Saint Vith, 19-4-2026

Epreuve 8
19-04-26 - 10:10

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Mistral 11: 6:12.25; 12: 5:47.48; 13: 5:37.18; 14: 5:20.82; 15: 5:14.41; 16: 5:06.33; 17: 4:57.68; 18: 4:54.67; 19 +: 4:47.94 /
Trident 11: 5:58.48; 12: 5:47.48; 13: 5:24.69; 14: 5:08.93; 15: 5:02.74; 16: 4:54.96; 17: 4:46.63; 18: 4:43.73; 19 + 50m: 4:43.54

Points: AQUA 2025

Rang			AN			Temps	Pts
13 - 14 ans							
1.	FRAUENKRON, Noé		13	Sssv		5:50.94	299
	50m:	38.13 38.13	150m:		250m:	350m:	
	100m:	1:28.12 49.99	200m:	2:53.39	300m:	400m:	5:50.94
2.	ARAAR, Aydan		13	Tan		6:46.32	192
	50m:	47.45 47.45	150m:		250m:	350m:	
	100m:	1:42.72 55.27	200m:	3:19.63	300m:	400m:	6:46.32
3.	NDIAYE, Hamady		12	Perron		7:40.63	132
	50m:	52.95 52.95	150m:		250m:	350m:	
	100m:	1:57.62 1:04.67	200m:	3:51.25	300m:	400m:	7:40.63
15 - 16 ans							
1.	JAENEN, Per		11	Enw		4:53.95	509
	<i>Mistral, Trident</i>						
	50m:	32.12 32.12	150m:		250m:	350m:	
	100m:	1:08.09 35.97	200m:	2:21.62	300m:	400m:	4:53.95
17 ans et plus							
1.	DIGNEFFE, Noah		09	Perron		5:38.30	334
	50m:	34.18 34.18	150m:		250m:	350m:	
	100m:	1:17.08 42.90	200m:	2:43.98	300m:	400m:	5:38.30