

AIYSC 2026
Antwerpen, 17 - 19/4/2026

Programmanr. 2
17/04/2026 - 18:58

Heren, 400m vrije slag

15 jaar en ouder
Resultaten

Punten: AQUA 2026

Rang	Geb.	Tijd	Pnt	100m	200m	300m	400m		
15 - 16 jaar									
1.	VOLDERS, Arne	10	BRABO	4:20.40	602	1:01.05	1:05.92	1:07.42	1:06.01
	50m: 28.91	28.91	150m: 1:34.00	32.95	250m: 2:40.60	33.63	350m: 3:48.27	33.88	
	100m: 1:01.05	32.14	200m: 2:06.97	32.97	300m: 3:14.39	33.79	400m: 4:20.40	32.13	
2.	VETS, Wannas	11	KAZS	4:29.17	545	1:03.06	1:08.94	1:09.07	1:08.10
	50m: 30.05	30.05	150m: 1:37.52	34.46	250m: 2:46.64	34.64	350m: 3:55.12	34.05	
	100m: 1:03.06	33.01	200m: 2:12.00	34.48	300m: 3:21.07	34.43	400m: 4:29.17	34.05	
3.	LEYSSEN, Warre	10	PZC	4:31.29	533	1:05.75	1:10.85	1:09.59	1:05.10
	50m: 31.13	31.13	150m: 1:41.58	35.83	250m: 2:51.43	34.83	350m: 3:59.72	33.53	
	100m: 1:05.75	34.62	200m: 2:16.60	35.02	300m: 3:26.19	34.76	400m: 4:31.29	31.57	
4.	DE JONG, Stan	10	TSZ	4:32.41	526	1:03.26	1:10.23	1:10.57	1:08.35
	50m: 29.54	29.54	150m: 1:37.70	34.44	250m: 2:48.61	35.12	350m: 3:59.11	35.05	
	100m: 1:03.26	33.72	200m: 2:13.49	35.79	300m: 3:24.06	35.45	400m: 4:32.41	33.30	
5.	HORDIENKO, Oleksandr	10	AALSCHOLVER	4:34.01	517	1:05.29	1:11.46	1:11.29	1:05.97
	50m: 30.57	30.57	150m: 1:40.73	35.44	250m: 2:52.08	35.33	350m: 4:01.77	33.73	
	100m: 1:05.29	34.72	200m: 2:16.75	36.02	300m: 3:28.04	35.96	400m: 4:34.01	32.24	
	VAN CAMPFORT, Nicolas	10	BRABO	4:34.01	517	1:03.24	1:10.30	1:11.39	1:09.08
	50m: 29.42	29.42	150m: 1:38.45	35.21	250m: 2:49.21	35.67	350m: 4:00.64	35.71	
	100m: 1:03.24	33.82	200m: 2:13.54	35.09	300m: 3:24.93	35.72	400m: 4:34.01	33.37	
7.	TIELLEN, Sander	11	DMB	4:34.19	516	1:04.27	1:10.76	1:11.15	1:08.01
	50m: 30.09	30.09	150m: 1:39.91	35.64	250m: 2:51.04	36.01	350m: 4:01.20	35.02	
	100m: 1:04.27	34.18	200m: 2:15.03	35.12	300m: 3:26.18	35.14	400m: 4:34.19	32.99	
8.	VANVYAENE, Matthys	11	TIME	4:35.00	511	1:02.55	1:10.51	1:12.35	1:09.59
	50m: 29.03	29.03	150m: 1:37.65	35.10	250m: 2:49.26	36.20	350m: 4:01.11	35.70	
	100m: 1:02.55	33.52	200m: 2:13.06	35.41	300m: 3:25.41	36.15	400m: 4:35.00	33.89	
9.	BEDEKE, Mauro	10	DAW	4:35.01	511	1:04.21	1:10.92	1:10.47	1:09.41
	50m: 30.02	30.02	150m: 1:39.27	35.06	250m: 2:50.05	34.92	350m: 4:00.96	35.36	
	100m: 1:04.21	34.19	200m: 2:15.13	35.86	300m: 3:25.60	35.55	400m: 4:35.01	34.05	
10.	TACQ, Nathan	11	TIME	4:35.58	508	1:04.88	1:11.44	1:11.66	1:07.60
	50m: 30.41	30.41	150m: 1:40.44	35.56	250m: 2:52.16	35.84	350m: 4:02.84	34.86	
	100m: 1:04.88	34.47	200m: 2:16.32	35.88	300m: 3:27.98	35.82	400m: 4:35.58	32.74	
11.	EVENS, Mats	10	DMB	4:36.60	502	1:03.11	1:09.61	1:11.38	1:12.50
	50m: 29.57	29.57	150m: 1:37.80	34.69	250m: 2:47.90	35.18	350m: 4:00.85	36.75	
	100m: 1:03.11	33.54	200m: 2:12.72	34.92	300m: 3:24.10	36.20	400m: 4:36.60	35.75	
12.	BOGAERS, Thomas	10	BRABO	4:36.95	500	1:04.05	1:11.64	1:11.24	1:10.02
	50m: 29.88	29.88	150m: 1:39.59	35.54	250m: 2:51.38	35.69	350m: 4:02.41	35.48	
	100m: 1:04.05	34.17	200m: 2:15.69	36.10	300m: 3:26.93	35.55	400m: 4:36.95	34.54	
13.	BAEYENS, Warre	11	TIME	4:37.73	496	1:05.76	1:12.31	1:12.05	1:07.61
	50m: 31.02	31.02	150m: 1:42.40	36.64	250m: 2:54.62	36.55	350m: 4:05.19	35.07	
	100m: 1:05.76	34.74	200m: 2:18.07	35.67	300m: 3:30.12	35.50	400m: 4:37.73	32.54	
14.	BOURDIAUDHY, Thibau	11	STW	4:38.83	490	1:06.24	1:12.08	1:13.02	1:07.49
	50m: 31.64	31.64	150m: 1:42.60	36.36	250m: 2:55.21	36.89	350m: 4:06.47	35.13	
	100m: 1:06.24	34.60	200m: 2:18.32	35.72	300m: 3:31.34	36.13	400m: 4:38.83	32.36	
15.	ROOSEN, Thomas	10	BRABO	4:39.46	487	1:04.46	1:11.42	1:12.24	1:11.34
	50m: 30.35	30.35	150m: 1:39.45	34.99	250m: 2:51.31	35.43	350m: 4:04.06	35.94	
	100m: 1:04.46	34.11	200m: 2:15.88	36.43	300m: 3:28.12	36.81	400m: 4:39.46	35.40	
16.	SCHRAUWEN, Bjarne	11	TSZ	4:39.97	484	1:05.06	1:11.31	1:12.26	1:11.34
	50m: 30.81	30.81	150m: 1:40.63	35.57	250m: 2:52.10	35.73	350m: 4:04.47	35.84	
	100m: 1:05.06	34.25	200m: 2:16.37	35.74	300m: 3:28.63	36.53	400m: 4:39.97	35.50	
17.	VAN DER VALK, David	11	WIEKSLAG	4:41.10	479	1:04.31	1:10.95	1:13.66	1:12.18
	50m: 30.04	30.04	150m: 1:39.40	35.09	250m: 2:51.96	36.70	350m: 4:05.43	36.51	
	100m: 1:04.31	34.27	200m: 2:15.26	35.86	300m: 3:28.92	36.96	400m: 4:41.10	35.67	
18.	BETTENS, Lucas	10	ZOLA	4:42.90	470	1:08.52	1:13.39	1:11.18	1:09.81
	50m: 32.87	32.87	150m: 1:45.34	36.82	250m: 2:57.75	35.84	350m: 4:08.65	35.56	
	100m: 1:08.52	35.65	200m: 2:21.91	36.57	300m: 3:33.09	35.34	400m: 4:42.90	34.25	
19.	DAEMEN, Juul	10	DMB	4:45.63	456	1:06.95	1:13.71	1:13.42	1:11.55
	50m: 31.21	31.21	150m: 1:43.71	36.76	250m: 2:57.28	36.62	350m: 4:10.68	36.60	
	100m: 1:06.95	35.74	200m: 2:20.66	36.95	300m: 3:34.08	36.80	400m: 4:45.63	34.95	

AIYSC 2026
Antwerpen, 17 - 19/4/2026

Programmanr. 2, Jongens, 400m vrije slag, 15 - 16 jaar

Rang	Geb.		Tijd	Pnt	100m	200m	300m	400m
20.	DE JONGHE, Xander	11 DE MARLIJN	4:49.77	437	1:06.26	1:13.91	1:16.35	1:13.25
	50m: 31.39	31.39	150m: 1:43.10	36.84	250m: 2:58.51	38.34	350m: 4:14.70	38.18
	100m: 1:06.26	34.87	200m: 2:20.17	37.07	300m: 3:36.52	38.01	400m: 4:49.77	35.07
21.	HALLET, Brent	11 STZ	5:01.16	389	1:06.66	1:15.49	1:19.88	1:19.13
	50m: 30.89	30.89	150m: 1:43.48	36.82	250m: 3:01.74	39.59	350m: 4:22.14	40.11
	100m: 1:06.66	35.77	200m: 2:22.15	38.67	300m: 3:42.03	40.29	400m: 5:01.16	39.02
22.	TSYBULNIAK, Kyryl	10 ZOLA	5:02.76	383	1:10.03	1:18.93	1:18.41	1:15.39
	50m: 32.44	32.44	150m: 1:49.15	39.12	250m: 3:08.38	39.42	350m: 4:25.81	38.44
	100m: 1:10.03	37.59	200m: 2:28.96	39.81	300m: 3:47.37	38.99	400m: 5:02.76	36.95

17 - 18 jaar

1.	SCHONEVELD, Rian	08 BERKEL	4:20.86	599	59.28	1:07.75	1:07.83	1:06.00
	50m: 27.52	27.52	150m: 1:33.06	33.78	250m: 2:41.02	33.99	350m: 3:49.45	34.59
	100m: 59.28	31.76	200m: 2:07.03	33.97	300m: 3:14.86	33.84	400m: 4:20.86	31.41
2.	KEISERS, Tibo	09 AZV	4:24.79	573	1:00.75	1:07.84	1:08.72	1:07.48
	50m: 28.50	28.50	150m: 1:34.59	33.84	250m: 2:43.16	34.57	350m: 3:51.64	34.33
	100m: 1:00.75	32.25	200m: 2:08.59	34.00	300m: 3:17.31	34.15	400m: 4:24.79	33.15
3.	VETS, Siebe	08 KAZS	4:30.07	540	1:03.81	1:09.06	1:09.62	1:07.58
	50m: 30.39	30.39	150m: 1:38.12	34.31	250m: 2:47.58	34.71	350m: 3:57.22	34.73
	100m: 1:03.81	33.42	200m: 2:12.87	34.75	300m: 3:22.49	34.91	400m: 4:30.07	32.85
4.	RAVELINGIEN, Tibe	08 BRABO	4:32.63	525	1:02.54	1:10.31	1:10.93	1:08.85
	50m: 29.56	29.56	150m: 1:37.43	34.89	250m: 2:48.01	35.16	350m: 3:58.85	35.07
	100m: 1:02.54	32.98	200m: 2:12.85	35.42	300m: 3:23.78	35.77	400m: 4:32.63	33.78
5.	ESHUIS, Thom	09 BRABO	4:34.33	515	1:04.51	1:10.43	1:11.21	1:08.18
	50m: 30.69	30.69	150m: 1:39.42	34.91	250m: 2:50.91	35.97	350m: 4:01.71	35.56
	100m: 1:04.51	33.82	200m: 2:14.94	35.52	300m: 3:26.15	35.24	400m: 4:34.33	32.62
6.	OTTEVAERE, Alexander	08 BRABO	4:38.99	490	1:04.15	1:12.20	1:12.74	1:09.90
	50m: 30.21	30.21	150m: 1:39.93	35.78	250m: 2:52.53	36.18	350m: 4:05.16	36.07
	100m: 1:04.15	33.94	200m: 2:16.35	36.42	300m: 3:29.09	36.56	400m: 4:38.99	33.83
7.	FRANSEN, Thibaud	08 TSZ	4:39.40	487	1:04.69	1:11.03	1:12.29	1:11.39
	50m: 30.46	30.46	150m: 1:39.96	35.27	250m: 2:51.87	36.15	350m: 4:04.40	36.39
	100m: 1:04.69	34.23	200m: 2:15.72	35.76	300m: 3:28.01	36.14	400m: 4:39.40	35.00
8.	VAN MULLEKOM, Jelle	08 RZC	4:39.65	486	1:04.69	1:11.88	1:12.89	1:10.19
	50m: 30.22	30.22	150m: 1:40.11	35.42	250m: 2:52.92	36.35	350m: 4:05.43	35.97
	100m: 1:04.69	34.47	200m: 2:16.57	36.46	300m: 3:29.46	36.54	400m: 4:39.65	34.22
9.	WALPUT, Thomas	09 TSZ	4:52.45	425	1:06.29	1:14.34	1:15.83	1:15.99
	50m: 31.28	31.28	150m: 1:42.97	36.68	250m: 2:58.27	37.64	350m: 4:14.49	38.03
	100m: 1:06.29	35.01	200m: 2:20.63	37.66	300m: 3:36.46	38.19	400m: 4:52.45	37.96

19 jaar en ouder

1.	STIJF, Rens	05 AMERSFOORT	4:18.10	618	59.77	1:05.96	1:06.93	1:05.44
	50m: 28.10	28.10	150m: 1:32.54	32.77	250m: 2:39.09	33.36	350m: 3:45.96	33.30
	100m: 59.77	31.67	200m: 2:05.73	33.19	300m: 3:12.66	33.57	400m: 4:18.10	32.14
2.	CHEN, Darren	00 AMERSFOORT	4:20.70	600	1:00.32	1:07.24	1:06.93	1:06.21
	50m: 28.78	28.78	150m: 1:33.73	33.41	250m: 2:40.94	33.38	350m: 3:48.13	33.64
	100m: 1:00.32	31.54	200m: 2:07.56	33.83	300m: 3:14.49	33.55	400m: 4:20.70	32.57
3.	MUL, Luc	02 DAW	4:22.57	587	1:00.92	1:07.04	1:08.76	1:05.85
	50m: 29.02	29.02	150m: 1:33.96	33.04	250m: 2:42.56	34.60	350m: 3:50.60	33.88
	100m: 1:00.92	31.90	200m: 2:07.96	34.00	300m: 3:16.72	34.16	400m: 4:22.57	31.97
4.	MATHIEU, Jack	07 ZS	4:24.81	573	1:03.59	1:06.66	1:07.75	1:06.81
	50m: 30.32	30.32	150m: 1:36.60	33.01	250m: 2:44.10	33.85	350m: 3:52.00	34.00
	100m: 1:03.59	33.27	200m: 2:10.25	33.65	300m: 3:18.00	33.90	400m: 4:24.81	32.81
5.	BLANKESTIJN, Jelle	98 AMERSFOORT	4:29.02	546	1:01.78	1:08.37	1:10.50	1:08.37
	50m: 29.26	29.26	150m: 1:35.59	33.81	250m: 2:45.41	35.26	350m: 3:55.24	34.59
	100m: 1:01.78	32.52	200m: 2:10.15	34.56	300m: 3:20.65	35.24	400m: 4:29.02	33.78
6.	RAES, Dries	07 KAZS	4:29.21	545	1:03.01	1:08.47	1:08.97	1:08.76
	50m: 29.65	29.65	150m: 1:36.68	33.67	250m: 2:45.53	34.05	350m: 3:55.22	34.77
	100m: 1:03.01	33.36	200m: 2:11.48	34.80	300m: 3:20.45	34.92	400m: 4:29.21	33.99

AIYSC 2026
Antwerpen, 17 - 19/4/2026

Programmanr. 2, Heren, 400m vrije slag, 19 jaar en ouder

Rang		Geb.			Tijd	Pnt	100m	200m	300m	400m		
7.	WELLINK, Thijs	06	AMERSFOORT		4:45.09	459	1:05.44	1:12.66	1:13.91	1:13.08		
	50m:	30.74	30.74	150m:	1:41.55	36.11	250m:	2:54.79	36.69	350m:	4:09.04	37.03
	100m:	1:05.44	34.70	200m:	2:18.10	36.55	300m:	3:32.01	37.22	400m:	4:45.09	36.05