

Prueba 2  
27/04/2024

Masc., 400m Libre

20 - 84 años  
Resultados

		AN						Tiempo	
20 - 24 años									
19,00	PONCE AGUIRRE, Mikel	00	Galdakao I.T.					<b>4:43.40</b>	
	50m: 29.41 29.41	150m: 1:35.92 33.93	250m: 2:48.85 37.31	350m: 4:06.01 39.14					
	100m: 1:01.99 32.58	200m: 2:11.54 35.62	300m: 3:26.87 38.02	400m: 4:43.40 37.39					
16,00	MARTI HOLGADO, Gabriel	00	C.N. Camargo					<b>4:54.84</b>	
	50m: 31.21 31.21	150m: 1:42.00 36.15	250m: 2:58.36 38.29	350m: 4:17.11 38.94					
	100m: 1:05.85 34.64	200m: 2:20.07 38.07	300m: 3:38.17 39.81	400m: 4:54.84 37.73					
14,00	OBREGON GONZALEZ, Carlos	02	C.N. Camargo					<b>5:01.80</b>	
	50m: 33.57 33.57	150m: 1:48.66 38.45	250m: 3:05.95 38.04	350m: 4:22.76 38.55					
	100m: 1:10.21 36.64	200m: 2:27.91 39.25	300m: 3:44.21 38.26	400m: 5:01.80 39.04					
13,00	MANZANARES VICARIO, Javier	00	C.N. Las Norias					<b>5:23.71</b>	
	50m: 35.15 35.15	150m: 1:54.37 40.20	250m: 3:17.86 41.82	350m: 4:43.00 42.38					
	100m: 1:14.17 39.02	200m: 2:36.04 41.67	300m: 4:00.62 42.76	400m: 5:23.71 40.71					
12,00	ANTOÑANZAS BARCO, Ismael	00	Club Natación Rivalia					<b>5:41.33</b>	
	50m: 37.50 37.50	150m: 2:01.77 43.01	250m: 3:30.26 43.86	350m: 4:59.16 44.44					
	100m: 1:18.76 41.26	200m: 2:46.40 44.63	300m: 4:14.72 44.46	400m: 5:41.33 42.17					
25 - 29 años									
19,00	MARTINEZ GARCIA, Sergio	97	A. Campurriana Natacion					<b>4:40.75</b>	
	50m: 31.96 31.96	150m: 1:40.94 34.95	250m: 2:52.65 35.98	350m: 4:05.63 36.04					
	100m: 1:05.99 34.03	200m: 2:16.67 35.73	300m: 3:29.59 36.94	400m: 4:40.75 35.12					
16,00	SEQUERA CARO, Victor	95	C.N. Las Norias					<b>5:03.63</b>	
	50m: 35.37 35.37	150m: 1:53.49 39.63	250m: 3:09.25 36.61	350m: 4:25.07 38.13					
	100m: 1:13.86 38.49	200m: 2:32.64 39.15	300m: 3:46.94 37.69	400m: 5:03.63 38.56					
30 - 34 años									
19,00	SALVADOR RAMIREZ, Ángel	92	Club Natación Rivalia					<b>5:00.19</b>	
	50m: 33.34 33.34	150m: 1:47.38 37.63	250m: 3:04.51 38.93	350m: 4:22.45 39.25					
	100m: 1:09.75 36.41	200m: 2:25.58 38.20	300m: 3:43.20 38.69	400m: 5:00.19 37.74					
16,00	SACRISTÁN SALAZAR, Victor	93	C.N. Iregua-Villamediana					<b>5:31.21</b>	
	50m: 35.58 35.58	150m: 1:54.81 40.61	250m: 3:18.47 42.46	350m: 4:48.16 44.77					
	100m: 1:14.20 38.62	200m: 2:36.01 41.20	300m: 4:03.39 44.92	400m: 5:31.21 43.05					
35 - 39 años									
19,00	GONZALEZ PEREDA, Mario	87	Galdakao I.T.					<b>4:57.71</b>	
	50m: 34.03 34.03	150m: 1:50.14 38.25	250m: 3:06.58 38.11	350m: 4:22.01 37.04					
	100m: 1:11.89 37.86	200m: 2:28.47 38.33	300m: 3:44.97 38.39	400m: 4:57.71 35.70					
	- BERMUDEZ MARTINEZ, Ruben	86	Galdakao I.T.						
40 - 44 años									
19,00	VIDONDO TORRECILLA, Pedro	81	Club Natación Rivalia					<b>5:21.29</b>	
	50m: 36.40 36.40	150m: 1:57.64 41.07	250m: 3:20.24 41.33	350m: 4:42.07 40.01					
	100m: 1:16.57 40.17	200m: 2:38.91 41.27	300m: 4:02.06 41.82	400m: 5:21.29 39.22					
45 - 49 años									
19,00	MARCELLAN PEREZ, Eduardo	78	Club Natación Rivalia					<b>4:45.54</b>	
	50m: 32.89 32.89	150m: 1:44.70 36.34	250m: 2:57.74 36.39	350m: 4:10.99 36.71					
	100m: 1:08.36 35.47	200m: 2:21.35 36.65	300m: 3:34.28 36.54	400m: 4:45.54 34.55					

Prueba 2, Masc., 400m Libre, 45 - 49 años

	AN				Tiempo							
16,00	OTEIZA LACALLE, Francisco			76	C.N. Iregua-Villamediana			<b>5:04.81</b>				
	50m:	34.85	34.85	150m:	1:51.78	38.30	250m:	3:09.07	38.78	350m:	4:27.21	39.22
	100m:	1:13.48	38.63	200m:	2:30.29	38.51	300m:	3:47.99	38.92	400m:	5:04.81	37.60

50 - 54 años

19,00	BOLOS SANTANA, Jose Angel			73	Sopela Igeriketa Swim			<b>5:04.82</b>				
	50m:	34.68	34.68	150m:	1:51.96	39.13	250m:	3:09.95	39.28	350m:	4:27.30	38.67
	100m:	1:12.83	38.15	200m:	2:30.67	38.71	300m:	3:48.63	38.68	400m:	5:04.82	37.52
16,00	MARTINEZ LACABE, Eduardo			70	S. Lagunak Barañain			<b>5:22.03</b>				
	50m:	37.99	37.99	150m:	1:59.37	40.99	250m:	3:21.79	41.10	350m:	4:43.19	40.33
	100m:	1:18.38	40.39	200m:	2:40.69	41.32	300m:	4:02.86	41.07	400m:	5:22.03	38.84

55 - 59 años

19,00	NAVARRO AGUIRRE, Juan Carlos			65	Sopela Igeriketa Swim			<b>5:25.09</b>				
	50m:	36.46	36.46	150m:	1:57.47	41.15	250m:	3:20.99	41.81	350m:	4:44.01	41.47
	100m:	1:16.32	39.86	200m:	2:39.18	41.71	300m:	4:02.54	41.55	400m:	5:25.09	41.08
16,00	CASTROVIEJO FERNANDEZ, Raul			68	Club Natación Rivalia			<b>5:38.17</b>				
	50m:	36.31	36.31	150m:	1:57.80	41.41	250m:	3:24.53	44.39	350m:	4:54.89	45.28
	100m:	1:16.39	40.08	200m:	2:40.14	42.34	300m:	4:09.61	45.08	400m:	5:38.17	43.28
14,00	SAÉNZ-LÓPEZ MONASTERIO, Javier			65	Club Natación Rivalia			<b>7:42.03</b>				
	50m:	51.40	51.40	150m:	2:46.81	58.55	250m:	4:46.39	1:00.18	350m:	6:48.44	1:00.82
	100m:	1:48.26	56.86	200m:	3:46.21	59.40	300m:	5:47.62	1:01.23	400m:	7:42.03	53.59

60 - 64 años

19,00	FERNADEZ RUIZ, Fco Javier			63	C.N. Torrelavega			<b>7:43.87</b>				
	50m:	20.12	20.12	150m:	1:49.48	57.48	250m:	4:48.53	1:00.00	350m:	6:47.66	58.20
	100m:	52.00	31.88	200m:	3:48.53	1:59.05	300m:	5:49.46	1:00.93	400m:	7:43.87	56.21