

ANLSL Regional #6 - DSC
Dorval, 13- - 14-4-2024

Event 314
2024-04-14 - 17:08

400m Medley

11 - 12 years
Results

Points: FINA 2023

Rank			Age							Time	Pts	
11 years, Girls												
1.	CHEN, Helena		11	Pointe-Claire Swim Club						6:07.24	350	
	50m:	41.99	41.99	150m:	2:19.83	48.67	250m:	3:58.35	50.82	350m:	5:28.43	39.70
	100m:	1:31.16	49.17	200m:	3:07.53	47.70	300m:	4:48.73	50.38	400m:	6:07.24	38.81
2.	MCIVER, Emerson		11	Pointe-Claire Swim Club						6:08.57	346	
	50m:	40.77	40.77	150m:			250m:	3:56.66	52.83	350m:	5:30.08	40.35
	100m:	1:30.58	49.81	200m:	3:03.83		300m:	4:49.73	53.07	400m:	6:08.57	38.49
3.	NYKANOROV, Emma		11	Pointe-Claire Swim Club						6:30.48	291	
	50m:	44.49	44.49	150m:	3:21.22	1:37.90	250m:	4:14.21		350m:	5:49.93	42.79
	100m:	1:43.32	58.83	200m:			300m:	5:07.14	52.93	400m:	6:30.48	40.55
4.	NAKAD, Jade		11	Club de natation Saint-Laurent						6:36.12	279	
	50m:	40.94	40.94	150m:	2:22.19	51.58	250m:	4:08.81	58.78	350m:	5:53.60	45.73
	100m:	1:30.61	49.67	200m:	3:10.03	47.84	300m:	5:07.87	59.06	400m:	6:36.12	42.52
5.	CHUNG, Emma		11	Ddo						6:45.38	260	
	50m:	44.28	44.28	150m:	2:23.40	47.41	250m:	4:10.74	1:01.08	350m:	5:58.95	47.62
	100m:	1:35.99	51.71	200m:	3:09.66	46.26	300m:	5:11.33	1:00.59	400m:	6:45.38	46.43
6.	CARON, Coralyne		11	Pointe-Claire Swim Club						6:49.01	253	
	50m:	45.44	45.44	150m:	2:37.58	52.64	250m:	4:23.64	57.59	350m:	6:10.32	46.16
	100m:	1:44.94	59.50	200m:	3:26.05	48.47	300m:	5:24.16	1:00.52	400m:	6:49.01	38.69
7.	BOURBEAU, Hanna		11	Pointe-Claire Swim Club						7:20.23	203	
	50m:	49.33	49.33	150m:	2:42.01	53.76	250m:	4:39.48	1:05.46	350m:	6:34.37	50.13
	100m:	1:48.25	58.92	200m:	3:34.02	52.01	300m:	5:44.24	1:04.76	400m:	7:20.23	45.86
8.	BOUDREAU, Mila		11	Bbf						8:07.71	149	
	<i>Manual average of 7:42.22 and 7:42.19</i>											
	50m:	1:00.08	1:00.08	150m:	3:12.05	1:01.10	250m:	5:16.30	1:04.38	350m:	7:14.77	54.77
	100m:	2:10.95	1:10.87	200m:	4:11.92	59.87	300m:	6:20.00	1:03.70	400m:	8:07.71	52.94
12 years, Girls												
1.	BACCUS, Bianca		12	Pointe-Claire Swim Club						5:14.86	556	
	50m:	33.41	33.41	150m:	1:51.32	39.77	250m:	3:16.49	44.58	350m:	4:39.18	36.59
	100m:	1:11.55	38.14	200m:	2:31.91	40.59	300m:	4:02.59	46.10	400m:	5:14.86	35.68
2.	CHEN, Zoe		12	Pointe-Claire Swim Club						6:13.37	333	
	50m:	39.05	39.05	150m:	2:16.44	48.13	250m:	3:56.08	53.21	350m:	5:32.58	41.58
	100m:	1:28.31	49.26	200m:	3:02.87	46.43	300m:	4:51.00	54.92	400m:	6:13.37	40.79
11 years, Boys												
1.	LIU, Stephen		11	Club de natation Saint-Laurent						5:50.90	299	
	50m:	40.29	40.29	150m:	2:11.13	44.36	250m:	3:42.65	47.02	350m:	5:12.82	42.40
	100m:	1:26.77	46.48	200m:	2:55.63	44.50	300m:	4:30.42	47.77	400m:	5:50.90	38.08
2.	SANTAMARIA, Evan		11	Pointe-Claire Swim Club						6:05.96	264	
	50m:	39.89	39.89	150m:	2:13.54	47.32	250m:	3:52.76	53.28	350m:	5:27.68	40.02
	100m:	1:26.22	46.33	200m:	2:59.48	45.94	300m:	4:47.66	54.90	400m:	6:05.96	38.28
3.	HILLIER, Malcolm		11	Pointe-Claire Swim Club						6:10.24	255	
	50m:	42.14	42.14	150m:	2:19.79	47.76	250m:	3:59.57	53.53	350m:	5:31.72	39.30
	100m:	1:32.03	49.89	200m:	3:06.04	46.25	300m:	4:52.42	52.85	400m:	6:10.24	38.52

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Event 314, Boys, 400m Medley, 11 years

Rank			Age					Time	Pts			
4.	RICCI, Adriano		11	Pointe-Claire Swim Club				6:21.35	233			
	50m:	40.00	40.00	150m:	2:19.29	49.13	250m:	4:02.12	55.89	350m:	5:41.00	42.54
	100m:	1:30.16	50.16	200m:	3:06.23	46.94	300m:	4:58.46	56.34	400m:	6:21.35	40.35
5.	CHOWN, Tristan		11	Pointe-Claire Swim Club				6:21.40	233			
	50m:	42.94	42.94	150m:	2:22.05	47.94	250m:	4:05.01	57.39	350m:	5:44.64	42.18
	100m:	1:34.11	51.17	200m:	3:07.62	45.57	300m:	5:02.46	57.45	400m:	6:21.40	36.76
6.	SERVIO, Aidan		11	Ddo				6:26.06	225			
	50m:	41.30	41.30	150m:	2:19.81	48.37	250m:	4:05.20	59.55	350m:	5:45.50	41.33
	100m:	1:31.44	50.14	200m:	3:05.65	45.84	300m:	5:04.17	58.97	400m:	6:26.06	40.56
7.	MACLEOD, Logan		11	Pointe-Claire Swim Club				6:41.15	200			
	50m:	45.77	45.77	150m:	2:35.85	50.26	250m:	4:19.54	53.35	350m:	5:59.46	43.72
	100m:	1:45.59	59.82	200m:	3:26.19	50.34	300m:	5:15.74	56.20	400m:	6:41.15	41.69
8.	LAGHNEJ, Ali Mohamed		11	Club de natation Saint-Laurent				6:41.35	200			
	50m:	48.12	48.12	150m:	2:36.42	49.21	250m:	4:23.16	58.17	350m:	6:01.07	41.62
	100m:	1:47.21	59.09	200m:	3:24.99	48.57	300m:	5:19.45	56.29	400m:	6:41.35	40.28
9.	BINDER-LABROSSE, Liam		11	Pointe-Claire Swim Club				6:51.03	186			
	50m:	45.83	45.83	150m:	2:35.34	50.75	250m:	4:22.83	59.29	350m:	6:07.45	44.69
	100m:	1:44.59	58.76	200m:	3:23.54	48.20	300m:	5:22.76	59.93	400m:	6:51.03	43.58
10.	DUFOUR, Mikael		11	Bbf				7:20.25	151			
	50m:	47.58	47.58	150m:			250m:	4:42.15	1:02.32	350m:	6:36.47	47.79
	100m:			200m:	3:39.83		300m:	5:48.68	1:06.53	400m:	7:20.25	43.78
11.	KABAL-BAKER, Lionel		11	Pointe-Claire Swim Club				7:20.90	151			
	50m:	51.06	51.06	150m:	2:48.42	57.53	250m:	4:44.29	1:00.58	350m:	6:34.39	48.84
	100m:	1:50.89	59.83	200m:	3:43.71	55.29	300m:	5:45.55	1:01.26	400m:	7:20.90	46.51
12.	AMBROSONE, Karson		11	Bbf				7:42.21	131			
	50m:	52.63	52.63	150m:			250m:	4:55.10	1:03.79	350m:	7:42.29	1:41.03
	100m:			200m:	3:51.31		300m:	6:01.26	1:06.16	400m:	7:42.21	
13.	RANDLE, Wesley		11	Bbf				7:58.15	118			
	50m:	45.69	45.69	150m:	2:53.85	1:06.56	250m:	5:01.28	1:02.76	350m:	7:04.69	56.06
	100m:	1:47.29	1:01.60	200m:	3:58.52	1:04.67	300m:	6:08.63	1:07.35	400m:	7:58.15	53.46

12 years, Boys

1.	CHEN, Andrew		12	Club de natation Saint-Laurent				5:52.60	295			
	50m:	38.76	38.76	150m:	2:09.98	46.56	250m:	3:43.63	48.12	350m:	5:13.41	41.21
	100m:	1:23.42	44.66	200m:	2:55.51	45.53	300m:	4:32.20	48.57	400m:	5:52.60	39.19
2.	TANG, Bryan		12	Club de natation Saint-Laurent				6:17.11	241			
	50m:	42.69	42.69	150m:	2:23.99	50.50	250m:	4:01.80	49.75	350m:	5:35.45	42.67
	100m:	1:33.49	50.80	200m:	3:12.05	48.06	300m:	4:52.78	50.98	400m:	6:17.11	41.66
3.	DAOUD, Nicolas		12	Ddo				6:34.47	210			
	50m:	44.46	44.46	150m:	2:19.15	41.59	250m:	4:06.61	1:01.60	350m:	5:48.66	42.51
	100m:	1:37.56	53.10	200m:	3:05.01	45.86	300m:	5:06.15	59.54	400m:	6:34.47	45.81
4.	SWEIHA, Augustin		12	Pointe-Claire Swim Club				6:42.27	198			
	50m:	43.48	43.48	150m:	2:25.79	47.31	250m:	4:15.51	1:01.43	350m:	6:01.42	44.72
	100m:	1:38.48	55.00	200m:	3:14.08	48.29	300m:	5:16.70	1:01.19	400m:	6:42.27	40.85
5.	YANG, Zhichong		12	Pointe-Claire Swim Club				6:46.47	192			
	50m:	46.72	46.72	150m:	2:40.75	53.94	250m:	4:22.42	50.42	350m:	6:02.65	47.69
	100m:	1:46.81	1:00.09	200m:	3:32.00	51.25	300m:	5:14.96	52.54	400m:	6:46.47	43.82

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Event 314, Boys, 400m Medley, 12 years

Rank	Age								Time	Pts		
6.	ZENG, Jasper		12	Dorval				6:54.44	181			
	50m:	46.14	46.14	150m:	2:31.43	50.17	250m:	4:21.81	1:02.20	350m:	6:09.15	47.82
	100m:	1:41.26	55.12	200m:	3:19.61	48.18	300m:	5:21.33	59.52	400m:	6:54.44	45.29
7.	PENG, Ian		12	Dorval				6:59.44	175			
	50m:	48.22	48.22	150m:	2:43.83	54.38	250m:	4:29.00	54.50	350m:	6:13.67	48.39
	100m:	1:49.45	1:01.23	200m:	3:34.50	50.67	300m:	5:25.28	56.28	400m:	6:59.44	45.77
8.	BEDIC, Logan		12	Pointe-Claire Swim Club				7:02.67	171			
	50m:	46.03	46.03	150m:	2:39.49	57.03	250m:	4:31.06	56.14	350m:	6:16.33	49.08
	100m:	1:42.46	56.43	200m:	3:34.92	55.43	300m:	5:27.25	56.19	400m:	7:02.67	46.34