

Medzinárodné M-SR Masters
Žilina, 6. - 7.4.2024

Event 34
07.04.2024 - 11:04

Men, 400m Freestyle

20 years and older
Results

Points: SVKMasters23

Rank					YB					Time	Pts	
25 - 29 years												
1.	Podhorsky Samuel				96	SWIMMING WOLVES MARTIN				5:28.73	72,78	
	50m:	35.05	35.05	150m:	1:54.36	40.41	250m:	3:18.15	42.07	350m:	4:46.87	43.77
	100m:	1:13.95	38.90	200m:	2:36.08	41.72	300m:	4:03.10	44.95	400m:	5:28.73	41.86
30 - 34 years												
1.	Horvath Roland				91	Szentesi Delfin ESC				5:20.41	75,77	
	50m:	35.17	35.17	150m:	1:53.61	39.61	250m:	3:15.99	41.89	350m:	4:41.09	42.34
	100m:	1:14.00	38.83	200m:	2:34.10	40.49	300m:	3:58.75	42.76	400m:	5:20.41	39.32
2.	Mitacek Jiri				91	Swim Masters Zlin				5:21.54	75,50	
	50m:	34.13	34.13	150m:	1:52.13	40.29	250m:	3:15.71	42.55	350m:	4:41.88	43.56
	100m:	1:11.84	37.71	200m:	2:33.16	41.03	300m:	3:58.32	42.61	400m:	5:21.54	39.66
3.	Kucera Stefan				91	PSK Zilina				6:10.67	65,50	
	50m:	36.40	36.40	150m:	2:04.85	47.36	250m:	3:42.47	49.18	350m:	5:23.89	50.72
	100m:	1:17.49	41.09	200m:	2:53.29	48.44	300m:	4:33.17	50.70	400m:	6:10.67	46.78
35 - 39 years												
1.	Stas Peter				88	ROYAL				6:08.14	66,84	
	50m:	38.13	38.13	150m:	2:09.75	46.83	250m:	3:48.09	48.98	350m:	5:24.13	47.19
	100m:	1:22.92	44.79	200m:	2:59.11	49.36	300m:	4:36.94	48.85	400m:	6:08.14	44.01
2.	Toser Alexander				85	TopRunDS				6:50.00	60,13	
	50m:	41.86	41.86	150m:	2:21.52	52.79	250m:	4:10.40	54.95	350m:	6:00.44	53.74
	100m:	1:28.73	46.87	200m:	3:15.45	53.93	300m:	5:06.70	56.30	400m:	6:50.00	49.56
40 - 44 years												
1.	Hegedus Peter Tamas				82	Budapesti Delfinek				5:28.18	75,54	
	50m:	35.38	35.38	150m:	1:57.64	41.55	250m:	3:23.61	42.73	350m:	4:49.92	42.97
	100m:	1:16.09	40.71	200m:	2:40.88	43.24	300m:	4:06.95	43.34	400m:	5:28.18	38.26
2.	Cavojsky Jan				80	PSK Zilina				6:38.80	62,45	
	50m:	39.95	39.95	150m:	2:17.02	50.16	250m:	4:00.86	51.99	350m:	5:48.65	52.44
	100m:	1:26.86	46.91	200m:	3:08.87	51.85	300m:	4:56.21	55.35	400m:	6:38.80	50.15
45 - 49 years												
1.	Hornak Jaroslav				78	PSK Zilina				5:47.99	72,10	
	50m:	38.56	38.56	150m:	2:06.64	44.07	250m:	3:36.69	44.83	350m:	5:06.35	43.86
	100m:	1:22.57	44.01	200m:	2:51.86	45.22	300m:	4:22.49	45.80	400m:	5:47.99	41.64
DNS	Muransky Peter				76	PSK Spisska Nova Ves						
50 - 54 years												
1.	Dobias Jan				74	PSK Zilina				5:15.55	81,10	
	50m:	36.40	36.40	150m:	1:56.81	40.68	250m:	3:18.65	41.13	350m:	4:37.84	38.77
	100m:	1:16.13	39.73	200m:	2:37.52	40.71	300m:	3:59.07	40.42	400m:	5:15.55	37.71
2.	Hracki Libor				72	Pk Havirov				5:28.30	78,75	
	50m:	36.03	36.03	150m:	1:56.34	41.28	250m:	3:20.74	42.67	350m:	4:47.29	43.68
	100m:	1:15.06	39.03	200m:	2:38.07	41.73	300m:	4:03.61	42.87	400m:	5:28.30	41.01
DNS	Gazinszky Tamas				71	Budapesti Delfinek						

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55 - 59 years

1.	Pokorny Jiri		69	KPS Ostrava		5:47.88	75,45					
	50m:	38.60	38.60	150m:	2:07.08	44.40	250m:	3:38.61	45.51	350m:	5:07.64	42.53
	100m:	1:22.68	44.08	200m:	2:53.10	46.02	300m:	4:25.11	46.50	400m:	5:47.88	40.24
2.	Venglar Jiri		67	KPS Ostrava		5:58.31	74,11					
	50m:	38.32	38.32	150m:	2:07.32	45.30	250m:	3:40.03	45.99	350m:	5:13.81	46.60
	100m:	1:22.02	43.70	200m:	2:54.04	46.72	300m:	4:27.21	47.18	400m:	5:58.31	44.50
3.	Matej Ondrej		69	Delfin Presov		7:11.12	60,88					
	50m:	41.43	41.43	150m:	2:25.70	53.97	250m:	4:19.72	56.31	350m:	6:16.24	57.46
	100m:	1:31.73	50.30	200m:	3:23.41	57.71	300m:	5:18.78	59.06	400m:	7:11.12	54.88

60 - 64 years

1.	Nilsson Stefan		64	Toeroekbalint SSC		5:10.46	87,01					
	50m:	34.13	34.13	150m:	1:52.55	39.42	250m:	3:12.54	39.72	350m:	4:31.83	38.77
	100m:	1:13.13	39.00	200m:	2:32.82	40.27	300m:	3:53.06	40.52	400m:	5:10.46	38.63
2.	Rovnak Milan		62	PVK Bratislava		6:25.29	70,89					
	50m:	41.07	41.07	150m:	2:19.10	50.80	250m:	3:59.52	50.52	350m:	5:38.18	49.38
	100m:	1:28.30	47.23	200m:	3:09.00	49.90	300m:	4:48.80	49.28	400m:	6:25.29	47.11
3.	Hlinka Ivan		64	TRIKLUB Poprad		6:57.33	64,73					
	50m:	44.57	44.57	150m:	2:28.65	52.76	250m:	4:15.51	52.83	350m:	6:03.71	53.71
	100m:	1:35.89	51.32	200m:	3:22.68	54.03	300m:	5:10.00	54.49	400m:	6:57.33	53.62
4.	Hrivik Miroslav		64	PSK Zilina		7:33.84	59,52					
	50m:	43.93	43.93	150m:	2:32.53	55.85	250m:	4:33.81	59.11	350m:	6:34.59	59.37
	100m:	1:36.68	52.75	200m:	3:34.70	1:02.17	300m:	5:35.22	1:01.41	400m:	7:33.84	59.25

25 years and older

1.	Nilsson Stefan		64	Toeroekbalint SSC		5:10.46	87,01					
	50m:	34.13	34.13	150m:	1:52.55	39.42	250m:	3:12.54	39.72	350m:	4:31.83	38.77
	100m:	1:13.13	39.00	200m:	2:32.82	40.27	300m:	3:53.06	40.52	400m:	5:10.46	38.63
2.	Dobias Jan		74	PSK Zilina		5:15.55	81,10					
	50m:	36.40	36.40	150m:	1:56.81	40.68	250m:	3:18.65	41.13	350m:	4:37.84	38.77
	100m:	1:16.13	39.73	200m:	2:37.52	40.71	300m:	3:59.07	40.42	400m:	5:15.55	37.71
3.	Hracki Libor		72	Pk Havirov		5:28.30	78,75					
	50m:	36.03	36.03	150m:	1:56.34	41.28	250m:	3:20.74	42.67	350m:	4:47.29	43.68
	100m:	1:15.06	39.03	200m:	2:38.07	41.73	300m:	4:03.61	42.87	400m:	5:28.30	41.01
4.	Horvath Roland		91	Szentesi Delfin ESC		5:20.41	75,77					
	50m:	35.17	35.17	150m:	1:53.61	39.61	250m:	3:15.99	41.89	350m:	4:41.09	42.34
	100m:	1:14.00	38.83	200m:	2:34.10	40.49	300m:	3:58.75	42.76	400m:	5:20.41	39.32
5.	Hegedus Peter Tamas		82	Budapesti Delfinek		5:28.18	75,54					
	50m:	35.38	35.38	150m:	1:57.64	41.55	250m:	3:23.61	42.73	350m:	4:49.92	42.97
	100m:	1:16.09	40.71	200m:	2:40.88	43.24	300m:	4:06.95	43.34	400m:	5:28.18	38.26
6.	Mitacek Jiri		91	Swim Masters Zlin		5:21.54	75,50					
	50m:	34.13	34.13	150m:	1:52.13	40.29	250m:	3:15.71	42.55	350m:	4:41.88	43.56
	100m:	1:11.84	37.71	200m:	2:33.16	41.03	300m:	3:58.32	42.61	400m:	5:21.54	39.66
7.	Pokorny Jiri		69	KPS Ostrava		5:47.88	75,45					
	50m:	38.60	38.60	150m:	2:07.08	44.40	250m:	3:38.61	45.51	350m:	5:07.64	42.53
	100m:	1:22.68	44.08	200m:	2:53.10	46.02	300m:	4:25.11	46.50	400m:	5:47.88	40.24
8.	Venglar Jiri		67	KPS Ostrava		5:58.31	74,11					
	50m:	38.32	38.32	150m:	2:07.32	45.30	250m:	3:40.03	45.99	350m:	5:13.81	46.60
	100m:	1:22.02	43.70	200m:	2:54.04	46.72	300m:	4:27.21	47.18	400m:	5:58.31	44.50
9.	Podhorsky Samuel		96	SWIMMING WOLVES MARTIN		5:28.73	72,78					
	50m:	35.05	35.05	150m:	1:54.36	40.41	250m:	3:18.15	42.07	350m:	4:46.87	43.77
	100m:	1:13.95	38.90	200m:	2:36.08	41.72	300m:	4:03.10	44.95	400m:	5:28.73	41.86

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Rank			YB							Time	Pts	
10.	Hornak Jaroslav		78	PSK Zilina						5:47.99	72,10	
	50m:	38.56	38.56	150m:	2:06.64	44.07	250m:	3:36.69	44.83	350m:	5:06.35	43.86
	100m:	1:22.57	44.01	200m:	2:51.86	45.22	300m:	4:22.49	45.80	400m:	5:47.99	41.64
11.	Rovnak Milan		62	PVK Bratislava						6:25.29	70,89	
	50m:	41.07	41.07	150m:	2:19.10	50.80	250m:	3:59.52	50.52	350m:	5:38.18	49.38
	100m:	1:28.30	47.23	200m:	3:09.00	49.90	300m:	4:48.80	49.28	400m:	6:25.29	47.11
12.	Stas Peter		88	ROYAL						6:08.14	66,84	
	50m:	38.13	38.13	150m:	2:09.75	46.83	250m:	3:48.09	48.98	350m:	5:24.13	47.19
	100m:	1:22.92	44.79	200m:	2:59.11	49.36	300m:	4:36.94	48.85	400m:	6:08.14	44.01
13.	Kucera Stefan		91	PSK Zilina						6:10.67	65,50	
	50m:	36.40	36.40	150m:	2:04.85	47.36	250m:	3:42.47	49.18	350m:	5:23.89	50.72
	100m:	1:17.49	41.09	200m:	2:53.29	48.44	300m:	4:33.17	50.70	400m:	6:10.67	46.78
14.	Hlinka Ivan		64	TRIKLUB Poprad						6:57.33	64,73	
	50m:	44.57	44.57	150m:	2:28.65	52.76	250m:	4:15.51	52.83	350m:	6:03.71	53.71
	100m:	1:35.89	51.32	200m:	3:22.68	54.03	300m:	5:10.00	54.49	400m:	6:57.33	53.62
15.	Cavojsky Jan		80	PSK Zilina						6:38.80	62,45	
	50m:	39.95	39.95	150m:	2:17.02	50.16	250m:	4:00.86	51.99	350m:	5:48.65	52.44
	100m:	1:26.86	46.91	200m:	3:08.87	51.85	300m:	4:56.21	55.35	400m:	6:38.80	50.15
16.	Matej Ondrej		69	Delfin Presov						7:11.12	60,88	
	50m:	41.43	41.43	150m:	2:25.70	53.97	250m:	4:19.72	56.31	350m:	6:16.24	57.46
	100m:	1:31.73	50.30	200m:	3:23.41	57.71	300m:	5:18.78	59.06	400m:	7:11.12	54.88
17.	Toser Alexander		85	TopRunDS						6:50.00	60,13	
	50m:	41.86	41.86	150m:	2:21.52	52.79	250m:	4:10.40	54.95	350m:	6:00.44	53.74
	100m:	1:28.73	46.87	200m:	3:15.45	53.93	300m:	5:06.70	56.30	400m:	6:50.00	49.56
18.	Hrivik Miroslav		64	PSK Zilina						7:33.84	59,52	
	50m:	43.93	43.93	150m:	2:32.53	55.85	250m:	4:33.81	59.11	350m:	6:34.59	59.37
	100m:	1:36.68	52.75	200m:	3:34.70	1:02.17	300m:	5:35.22	1:01.41	400m:	7:33.84	59.25
DNS	Muransky Peter		76	PSK Spisska Nova Ves								
DNS	Gazinszky Tamas		71	Budapesti Delfinek								