

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Clube Aquatico Pacense								
Goncalo Matos Gomes, 2009 (15 years), Boys								
200m Breaststroke	Timed Final	EXH	2:36.05	456	2:39.25	16/12/2023	104%	1
CMN Peso da Regua								
Alice Guedes Pinto, 2013 (11 years), Girls								
100m Freestyle	Timed Final	12.	1:42.58	117	1:53.75		123%	3
100m Backstroke	Timed Final	8.	1:47.83	131	1:58.76		121%	
100m Breaststroke	Timed Final	4.	1:54.47	161	2:01.34		112%	
100m Butterfly	Timed Final	11.	2:19.06	58	2:15.09		94%	
200m Medley	Timed Final	10.	4:01.21	128	NT		-	
Ana Rita Teixeira, 2013 (11 years), Girls								
100m Freestyle	Timed Final	2.	1:19.56	251	1:29.71		127%	5
400m Freestyle	Timed Final	2.	6:25.50	216	8:52.45		191%	
100m Backstroke	Timed Final	2.	1:33.00	205	1:38.46		112%	
100m Breaststroke	Timed Final	1.	1:44.26	213	1:51.23		114%	
100m Butterfly	Timed Final	2.	1:38.96	162	1:45.73		114%	
200m Medley	Timed Final	2.	3:20.78	223	NT		-	
Andreia Monteiro Barreira, 2006 (18 years), Girls								
100m Freestyle	Timed Final	1.	59.86	591	59.68		99%	-
200m Freestyle	Timed Final	1.	2:10.25	607	2:07.93		96%	
400m Freestyle	Timed Final	1.	4:38.68	571	4:32.90		96%	
50m Breaststroke	Timed Final	1.	34.28	566	33.31		94%	
100m Breaststroke	Timed Final	1.	1:16.18	548	1:14.01		94%	
200m Medley	Timed Final	2.	2:27.59	562	2:27.40		100%	
Beatriz Pombo Ribeiro, 2009 (15 years), Girls								
200m Freestyle	Timed Final	7.	2:49.76	274	2:35.05		83%	-
400m Freestyle	Timed Final	5.	6:04.18	256	5:42.48		88%	
100m Backstroke	Timed Final	6.	1:32.09	211	1:23.77		83%	
200m Backstroke	Timed Final	4.	3:18.84	214	2:58.81		81%	
100m Breaststroke	Timed Final	8.	1:41.98	228	1:37.71		92%	
Camila Mesquita Severino, 2014 (10 years), Girls								
50m Freestyle	Timed Final	6.	46.21	122	NT		-	-
200m Freestyle	Timed Final	6.	3:51.97	107	NT		-	-
50m Backstroke	Timed Final	6.	58.75	79	NT		-	-
50m Breaststroke	Timed Final	6.	1:11.48	62	NT		-	-
50m Butterfly	Timed Final	6.	1:00.12	66	NT		-	-
100m Medley	Timed Final	5.	2:07.06	87	NT		-	-
Cristina Alexandra Trindade, 2003 (21 years), Women								
50m Freestyle	Timed Final	5.	33.59	318	32.27		92%	-
100m Freestyle	Timed Final	3.	1:13.30	322	1:11.49		95%	
50m Backstroke	Timed Final	4.	38.70	277	38.36		98%	
100m Backstroke	Timed Final	4.	1:24.78	271	1:22.04		94%	
Eva Alexandra Coutinho, 2009 (15 years), Girls								
50m Freestyle	Timed Final	1.	27.81	560	27.41		97%	6
100m Freestyle	Timed Final	1.	1:00.62	569	1:01.44		103%	
200m Freestyle	Timed Final	1.	2:20.75	481	2:25.18		106%	
400m Freestyle	Timed Final	2.	5:05.48	434	5:11.30		104%	
50m Breaststroke	Timed Final	1.	34.75	544	35.69		105%	
100m Breaststroke	Timed Final	1.	1:16.81	535	1:18.73		105%	
50m Butterfly	Timed Final	2.	31.53	462	32.29		105%	
Francisca Moreira Fonseca, 2009 (15 years), Girls								
100m Freestyle	Timed Final	8.	1:14.70	304	1:18.87		111%	4
200m Freestyle	Timed Final	4.	2:39.21	332	2:43.21		105%	
800m Freestyle	Timed Final	3.	11:40.75	316	11:47.34		102%	
1500m Freestyle	Timed Final	2.	23:05.55	281	22:52.47		98%	
100m Backstroke	Timed Final	4.	1:20.72	314	1:20.77		100%	
200m Backstroke	Timed Final	3.	2:52.59	327	2:48.42		95%	
Hugo Fonseca Goncalves, 2003 (21 years), Men								
50m Freestyle	Timed Final	2.	25.25	508	25.06		99%	-
100m Freestyle	Timed Final	3.	55.11	538	54.48		98%	
200m Freestyle	Timed Final	1.	2:01.80	543	2:00.34		98%	
50m Butterfly	Timed Final	2.	26.86	530	26.78		99%	
100m Butterfly	Timed Final	1.	59.40	520	58.67		98%	
Joana Margarida Soares, 2012 (12 years), Girls								
100m Freestyle	Timed Final	5.	1:21.25	236	1:22.78		104%	7
200m Freestyle	Timed Final	5.	2:57.30	240	3:08.80		113%	
400m Freestyle	Timed Final	3.	6:40.41	192	6:59.46		110%	
100m Backstroke	Timed Final	4.	1:36.75	182	1:41.00		109%	
200m Backstroke	Timed Final	2.	3:33.40	173	NT		-	
100m Breaststroke	Timed Final	4.	1:43.23	220	1:50.93		115%	
100m Butterfly	Timed Final	4.	1:40.31	156	1:45.23		110%	
200m Medley	Timed Final	4.	3:28.59	199	3:31.69		103%	

Joao Miguel Rocha, 2009 (15 years), Boys							6
50m Freestyle	Timed Final	4.	27.23	405	27.46	102%	
100m Freestyle	Timed Final	4.	58.75	444	1:01.65	110%	
400m Freestyle	Timed Final	1.	4:42.06	426	4:56.24	110%	
100m Backstroke	Timed Final	1.	1:06.40	385	1:10.08	111%	
200m Backstroke	Timed Final	1.	2:24.31	392	2:28.75	106%	
200m Medley	Timed Final	3.	2:29.32	395	2:29.69	100%	
Jose Miguel Coelho, 2013 (11 years), Boys							6
50m Freestyle	Timed Final	1.	32.93	229	34.34	109%	
200m Freestyle	Timed Final	1.	2:47.90	207	3:02.28	118%	
50m Backstroke	Timed Final	1.	41.12	155	42.12	105%	
50m Breaststroke	Timed Final	1.	46.62	153	47.95	106%	
50m Butterfly	Timed Final	1.	37.90	188	42.36	125%	
100m Medley	Timed Final	1.	1:27.00	181	1:32.10	112%	
Jose Pedro Rocha, 2004 (20 years), Men							4
100m Freestyle	Timed Final	4.	55.40	530	56.78	105%	
200m Freestyle	Timed Final	2.	2:01.96	540	2:03.96	103%	
400m Freestyle	Timed Final	1.	4:26.59	504	4:27.88	101%	
400m Medley	Timed Final	1.	5:02.37	468	5:05.04	102%	
Leonor Almeida Pereira, 2013 (11 years), Girls							2
100m Freestyle	Timed Final	11.	1:42.12	119	1:47.58	111%	
400m Freestyle	Timed Final	10.	7:49.00	119	10:40.31	186%	
100m Backstroke	Timed Final	11.	1:56.09	105	NT	-	
200m Medley	Timed Final	12.	4:18.18	105	NT	-	
Leonor Vaz Osorio, 2013 (11 years), Girls							4
100m Freestyle	Timed Final	7.	1:30.89	168	1:43.71	130%	
400m Freestyle	Timed Final	7.	7:33.70	132	NT	-	
100m Backstroke	Timed Final	12.	1:57.22	102	2:07.08	118%	
100m Breaststroke	Timed Final	3.	1:50.62	179	1:54.28	107%	
100m Butterfly	Timed Final	7.	2:03.62	83	2:08.12	107%	
200m Medley	Timed Final	6.	3:49.72	149	NT	-	
Mara Fernandes Rocha, 2013 (11 years), Girls							-
100m Freestyle	Timed Final	8.	1:35.34	146	NT	-	
400m Freestyle	Timed Final	11.	7:53.95	116	NT	-	
100m Breaststroke	Timed Final	6.	2:01.15	136	NT	-	
100m Butterfly	Timed Final	8.	2:07.40	76	NT	-	
200m Medley	Timed Final	7.	3:51.95	145	NT	-	
Margarida Gorgulho Ribeiro, 2014 (10 years), Girls							5
50m Freestyle	Timed Final	4.	43.75	143	47.78	119%	
200m Freestyle	Timed Final	5.	3:43.56	120	4:08.98	124%	
50m Backstroke	Timed Final	5.	53.68	104	57.71	116%	
50m Breaststroke	Timed Final	4.	58.81	112	1:11.63	148%	
50m Butterfly	Timed Final	5.	59.35	69	1:04.41	118%	
Maria Ines Salgado, 2014 (10 years), Girls							6
50m Freestyle	Timed Final	3.	41.93	163	45.56	118%	
200m Freestyle	Timed Final	4.	3:31.31	142	3:44.65	113%	
50m Backstroke	Timed Final	3.	47.34	151	49.78	111%	
50m Breaststroke	Timed Final	3.	52.78	155	1:00.15	130%	
50m Butterfly	Timed Final	3.	49.65	118	54.00	118%	
100m Medley	Timed Final	3.	1:41.82	170	1:50.75	118%	
Mariana Raimundo Trindade, 2009 (15 years), Girls							4
50m Freestyle	Timed Final	5.	33.65	316	34.34	104%	
100m Freestyle	Timed Final	7.	1:13.74	316	1:13.81	100%	
200m Freestyle	Timed Final	5.	2:45.50	296	2:49.28	105%	
800m Freestyle	Timed Final	4.	12:10.36	279	11:55.96	96%	
50m Butterfly	Timed Final	6.	40.21	222	40.15	100%	
100m Butterfly	Timed Final	4.	1:37.03	172	1:38.53	103%	
200m Butterfly	Timed Final	2.	3:34.84	172	3:32.12	97%	
Martim Pinheiro Cardoso, 2010 (14 years), Boys							4
100m Freestyle	Timed Final	4.	1:15.00	213	1:12.75	94%	
1500m Freestyle	Timed Final	2.	22:32.75	245	22:40.98	101%	
100m Backstroke	Timed Final	2.	1:21.52	208	1:22.56	103%	
200m Backstroke	Timed Final	1.	2:58.00	208	2:56.21	98%	
100m Breaststroke	Timed Final	1.	1:28.47	243	1:30.34	104%	
200m Breaststroke	Timed Final	1.	3:09.16	256	3:16.16	108%	
100m Butterfly	Timed Final	2.	1:44.25	96	1:38.12	89%	
200m Medley	Timed Final	3.	2:57.71	234	2:56.25	98%	
Matilde Gorgulho Ribeiro, 2014 (10 years), Girls							4
50m Freestyle	Timed Final	2.	40.34	183	39.09	94%	
200m Freestyle	Timed Final	2.	3:22.00	162	3:21.34	99%	
50m Backstroke	Timed Final	2.	46.53	159	51.26	121%	
50m Breaststroke	Timed Final	2.	52.64	156	53.65	104%	
50m Butterfly	Timed Final	2.	45.84	150	51.09	124%	
100m Medley	Timed Final	2.	1:40.93	175	1:55.37	131%	
Matilde Ribeiro Sales, 2013 (11 years), Girls							4
100m Freestyle	Timed Final	9.	1:36.47	141	1:45.28	119%	
400m Freestyle	Timed Final	8.	7:36.50	130	NT	-	
100m Backstroke	Timed Final	9.	1:51.02	120	2:02.03	121%	
100m Breaststroke	Timed Final	12.	2:12.77	103	2:23.46	117%	

100m Butterfly	Timed Final	6.	1:58.37	95	2:02.34	107%	
200m Medley	Timed Final	11.	4:12.41	112	NT	-	
Matilde Vieira Carvalho, 2014 (10 years), Girls							
50m Freestyle	Timed Final	1.	36.72	243	41.16	126%	6
200m Freestyle	Timed Final	1.	3:08.08	201	3:35.23	131%	
50m Backstroke	Timed Final	1.	43.71	192	49.06	126%	
50m Breaststroke	Timed Final	1.	47.31	215	50.92	116%	
50m Butterfly	Timed Final	1.	42.16	193	53.23	159%	
100m Medley	Timed Final	1.	1:31.15	238	1:43.78	130%	
Pedro Fernando Coelho, 2008 (16 years), Boys							
50m Freestyle	Timed Final	2.	26.46	442	27.10	105%	5
100m Freestyle	Timed Final	3.	58.59	448	59.42	103%	
50m Breaststroke	Timed Final	2.	33.13	427	34.39	108%	
100m Breaststroke	Timed Final	3.	1:16.89	371	1:17.47	102%	
200m Breaststroke	Timed Final	3.	2:53.51	332	2:55.67	103%	
Rodrigo Araujo Sousa, 2012 (12 years), Boys							
100m Freestyle	Timed Final	2.	1:24.94	147	1:31.71	117%	3
400m Freestyle	Timed Final	2.	6:41.43	147	NT	-	
100m Backstroke	Timed Final	2.	1:37.98	120	1:42.55	110%	
100m Breaststroke	Timed Final	1.	1:48.59	131	1:45.95	95%	
100m Butterfly	Timed Final	2.	2:03.53	57	2:08.93	109%	
Rui Filipe Pires, 2006 (18 years), Boys							
50m Freestyle	Timed Final	5.	25.83	475	25.48	97%	3
100m Freestyle	Timed Final	6.	57.82	466	57.62	99%	
50m Backstroke	Timed Final	4.	31.22	355	31.71	103%	
50m Breaststroke	Timed Final	1.	33.43	415	33.03	98%	
100m Breaststroke	Timed Final	1.	1:14.60	406	1:11.81	93%	
200m Breaststroke	Timed Final	1.	2:41.25	413	2:41.03	100%	
50m Butterfly	Timed Final	5.	29.61	396	30.00	103%	
200m Medley	Timed Final	1.	2:30.17	389	2:34.93	106%	
Tiago Fonseca Goncalves, 2008 (16 years), Boys							
50m Freestyle	Timed Final	3.	26.94	419	26.64	98%	4
100m Freestyle	Timed Final	1.	57.72	468	57.67	100%	
200m Freestyle	Timed Final	1.	2:08.51	462	2:07.51	98%	
400m Freestyle	Timed Final	2.	4:43.03	421	4:45.50	102%	
50m Backstroke	Timed Final	1.	30.17	393	30.71	104%	
100m Backstroke	Timed Final	2.	1:11.03	315	1:05.49	85%	
200m Backstroke	Timed Final	2.	2:24.92	387	2:26.53	102%	
200m Medley	Timed Final	2.	2:28.43	402	2:28.70	100%	
Vitoria Cortinhas Pinto, 2010 (14 years), Girls							
200m Freestyle	Timed Final	6.	2:49.00	278	2:57.09	110%	2
50m Backstroke	Timed Final	4.	41.18	230	38.59	88%	
100m Backstroke	Timed Final	5.	1:29.07	234	1:27.70	97%	
100m Breaststroke	Timed Final	5.	1:30.65	325	1:29.34	97%	
50m Butterfly	Timed Final	5.	35.43	325	35.65	101%	
100m Butterfly	Timed Final	2.	1:20.60	301	1:20.46	100%	
400m Medley	Timed Final	2.	6:40.06	271	6:31.53	96%	
DURIUS AC Pesqueira							
Afonso Alexandre Paiga, 2010 (14 years), Boys							
100m Freestyle	Timed Final	WDR	-	-	1:20.65	-	-
100m Backstroke	Timed Final	WDR	-	-	1:43.96	-	-
Bruna Filipa Costa, 2009 (15 years), Girls							
50m Freestyle	Timed Final	9.	38.62	209	39.10	103%	5
100m Freestyle	Timed Final	14.	1:27.56	189	1:29.23	104%	
200m Freestyle	Timed Final	13.	3:20.84	165	3:18.87	98%	
400m Freestyle	Timed Final	8.	6:57.56	169	6:59.17	101%	
50m Backstroke	Timed Final	7.	46.30	162	50.62	120%	
100m Backstroke	Timed Final	8.	1:41.53	158	1:48.40	114%	
Catarina Alexandra Tralhao, 2012 (12 years), Girls							
100m Freestyle	Timed Final	9.	1:35.42	146	1:41.40	113%	1
Diana Costa Fernandes, 2010 (14 years), Girls							
50m Freestyle	Timed Final	10.	39.15	200	36.96	89%	2
100m Freestyle	Timed Final	12.	1:25.78	201	1:25.60	100%	
200m Freestyle	Timed Final	8.	3:07.93	202	3:03.87	96%	
400m Freestyle	Timed Final	7.	6:38.01	196	6:40.40	101%	
800m Freestyle	Timed Final	5.	14:14.58	174	NT	-	
50m Backstroke	Timed Final	5.	42.91	203	44.65	108%	
50m Butterfly	Timed Final	10.	48.64	125	NT	-	
Duarte Filipe Carvalho, 2007 (17 years), Boys							
50m Freestyle	Timed Final	8.	30.32	293	30.41	101%	4
100m Freestyle	Timed Final	8.	1:07.64	291	1:06.64	97%	
800m Freestyle	Timed Final	1.	11:32.92	262	NT	-	
50m Backstroke	Timed Final	5.	34.49	263	35.46	106%	
100m Breaststroke	Timed Final	3.	1:38.84	174	NT	-	
50m Butterfly	Timed Final	7.	35.86	223	37.00	106%	
200m Medley	Timed Final	2.	2:58.28	232	2:59.72	102%	

Francisco Dinis Pinto, 2009 (15 years), Boys							4
50m Freestyle	Timed Final	10.	31.97	250	37.59	138%	
100m Freestyle	Timed Final	7.	1:08.21	284	1:14.53	119%	
50m Backstroke	Timed Final	4.	34.91	254	40.24	133%	
100m Backstroke	Timed Final	4.	1:20.68	214	1:28.87	121%	
Goncalo Costa Carvalho, 2010 (14 years), Boys							2
100m Freestyle	Timed Final	7.	1:19.83	177	1:24.25	111%	
100m Backstroke	Timed Final	5.	1:35.43	129	1:37.42	104%	
Ines Frederico Santos, 2010 (14 years), Girls							-
50m Freestyle	Timed Final	WDR	-	-	38.36	-	
100m Freestyle	Timed Final	WDR	-	-	1:24.93	-	
200m Freestyle	Timed Final	WDR	-	-	3:15.84	-	
50m Backstroke	Timed Final	WDR	-	-	50.60	-	
100m Backstroke	Timed Final	WDR	-	-	1:44.20	-	
50m Breaststroke	Timed Final	WDR	-	-	NT	-	
100m Breaststroke	Timed Final	WDR	-	-	NT	-	
Joana Veiga Freixo, 2009 (15 years), Girls							2
50m Freestyle	Timed Final	7.	37.78	223	37.64	99%	
100m Freestyle	Timed Final	11.	1:24.03	213	1:23.94	100%	
200m Freestyle	Timed Final	9.	3:09.87	196	3:16.81	107%	
50m Backstroke	Timed Final	8.	47.37	151	46.46	96%	
100m Backstroke	Timed Final	9.	1:44.43	145	1:45.18	101%	
Joao Leonardo Marques, 2008 (16 years), Boys							1
50m Freestyle	Timed Final	WDR	-	-	31.10	-	
100m Freestyle	Timed Final	WDR	-	-	1:09.40	-	
50m Backstroke	Timed Final	WDR	-	-	41.75	-	
100m Backstroke	Timed Final	WDR	-	-	1:28.31	-	
100m Breaststroke	Timed Final	WDR	-	-	NT	-	
50m Butterfly	Timed Final	5.	37.94	188	48.08	161%	
100m Butterfly	Timed Final	2.	1:30.66	146	NT	-	
Joao Manuel Bezerra, 2005 (19 years), Men							1
50m Freestyle	Timed Final	7.	29.00	335	29.43	103%	
100m Freestyle	Timed Final	9.	1:12.28	238	1:09.78	93%	
50m Backstroke	Timed Final	7.	42.21	143	NT	-	
50m Breaststroke	Timed Final	3.	39.62	249	39.09	97%	
100m Breaststroke	Timed Final	2.	1:30.47	228	1:28.62	96%	
200m Breaststroke	Timed Final	2.	3:23.87	204	3:21.62	98%	
50m Butterfly	Timed Final	6.	34.97	240	NT	-	
Joao Tiago Paiga, 2008 (16 years), Boys							6
50m Freestyle	Timed Final	7.	30.36	292	29.28	93%	
100m Freestyle	Timed Final	8.	1:08.84	276	1:09.37	102%	
50m Backstroke	Timed Final	5.	35.06	250	35.51	103%	
100m Backstroke	Timed Final	3.	1:19.64	223	1:18.42	97%	
200m Backstroke	Timed Final	3.	2:53.13	227	3:02.96	112%	
50m Breaststroke	Timed Final	5.	40.10	240	43.65	118%	
100m Breaststroke	Timed Final	5.	1:31.98	217	1:32.65	101%	
200m Medley	Timed Final	4.	2:55.25	244	3:04.03	110%	
Lara Beatriz Cruz, 2009 (15 years), Girls							2
50m Freestyle	Timed Final	11.	41.00	174	39.78	94%	
100m Freestyle	Timed Final	15.	1:28.88	180	1:31.31	106%	
200m Freestyle	Timed Final	12.	3:17.28	174	3:23.02	106%	
50m Backstroke	Timed Final	10.	51.10	120	49.33	93%	
100m Backstroke	Timed Final	10.	1:53.31	113	1:53.31	100%	
Maria Julia Cardoso, 2009 (15 years), Girls							5
50m Freestyle	Timed Final	8.	37.93	220	40.71	115%	
100m Freestyle	Timed Final	10.	1:23.90	214	1:30.75	117%	
200m Freestyle	Timed Final	10.	3:09.91	195	3:20.84	112%	
50m Backstroke	Timed Final	6.	45.08	175	48.96	118%	
100m Backstroke	Timed Final	7.	1:38.97	170	1:41.27	105%	
50m Butterfly	Timed Final	9.	45.75	151	NT	-	
Maria Martins Oliveira, 2012 (12 years), Girls							1
100m Freestyle	Timed Final	8.	1:30.99	168	1:41.06	123%	
Mariana Teixeira Miranda, 2009 (15 years), Girls							-
50m Freestyle	Timed Final	WDR	-	-	36.50	-	
100m Freestyle	Timed Final	WDR	-	-	1:21.53	-	
200m Freestyle	Timed Final	WDR	-	-	3:18.81	-	
50m Backstroke	Timed Final	WDR	-	-	44.34	-	
100m Backstroke	Timed Final	WDR	-	-	1:39.75	-	
50m Butterfly	Timed Final	WDR	-	-	NT	-	
Rui Pedro Lopes, 2010 (14 years), Boys							2
100m Freestyle	Timed Final	6.	1:18.03	189	1:21.51	109%	
100m Backstroke	Timed Final	4.	1:32.62	142	1:38.71	114%	
Tiago Miguel Costa, 2009 (15 years), Boys							2
50m Freestyle	Timed Final	13.	35.78	178	36.34	103%	
100m Freestyle	Timed Final	14.	1:25.11	146	1:23.90	97%	
50m Backstroke	Timed Final	8.	49.19	90	54.43	122%	
100m Backstroke	Timed Final	6.	1:52.90	78	NT	-	

Ana Magno Fontes, 2010 (14 years), Girls								1
50m Freestyle	Timed Final	6.	34.92	283	34.59	05/11/2023	98%	
100m Freestyle	Timed Final	9.	1:21.13	237	1:17.65	11/03/2023	92%	
400m Freestyle	Timed Final	6.	6:30.86	207	6:08.28	09/07/2023	89%	
50m Breaststroke	Timed Final	5.	45.93	235	45.21	05/11/2023	97%	
100m Breaststroke	Timed Final	7.	1:41.00	235	1:36.84	04/11/2023	92%	
200m Breaststroke	Timed Final	3.	3:41.27	224	3:30.14	09/07/2023	90%	
50m Butterfly	Timed Final	7.	41.59	201	43.68	11/03/2023	110%	
200m Butterfly	Timed Final	3.	3:39.75	161	3:35.40	05/11/2023	96%	
Daniel Alexandre Pires, 2008 (16 years), Boys								7
50m Freestyle	Timed Final	8.	30.56	287	30.93	11/03/2023	102%	
100m Freestyle	Timed Final	9.	1:09.28	271	1:10.00	14/01/2024	102%	
200m Freestyle	Timed Final	3.	2:41.11	234	2:45.03	12/03/2023	105%	
50m Backstroke	Timed Final	6.	38.73	186	39.37	11/03/2023	103%	
50m Breaststroke	Timed Final	6.	41.59	215	41.87	08/07/2023	101%	
100m Breaststroke	Timed Final	7.	1:34.18	202	1:32.86	25/04/2023	97%	
200m Breaststroke	Timed Final	5.	3:20.28	215	3:27.87	04/11/2023	108%	
50m Butterfly	Timed Final	3.	34.28	255	37.87	08/07/2023	122%	
Filipe Miguel Pires, 2011 (13 years), Boys								3
100m Freestyle	Timed Final	1.	1:07.37	294	1:14.43	14/01/2024	122%	
400m Freestyle	Timed Final	1.	5:21.56	287	5:47.46	21/05/2023	117%	
1500m Freestyle	Timed Final	1.	21:35.28	279	NT	-	-	
200m Medley	Timed Final	1.	2:52.56	256	3:07.60	14/01/2024	118%	
400m Medley	Timed Final	1.	6:33.09	213	NT	-	-	
Lara Filipa Ferreira, 2010 (14 years), Girls								7
50m Freestyle	Timed Final	12.	41.38	170	43.46	05/11/2023	110%	
100m Freestyle	Timed Final	16.	1:30.70	170	1:31.59	12/01/2024	102%	
200m Freestyle	Timed Final	11.	3:14.86	181	3:27.84	14/01/2024	114%	
400m Freestyle	Timed Final	9.	7:03.00	163	7:43.84	12/03/2023	120%	
50m Backstroke	Timed Final	11.	51.50	117	53.28	04/11/2023	107%	
50m Breaststroke	Timed Final	7.	48.62	198	52.53	04/11/2023	117%	
100m Breaststroke	Timed Final	10.	1:47.34	196	1:50.12	04/11/2023	105%	
50m Butterfly	Timed Final	11.	53.31	95	NT	-	-	
Mariana Veiga Silva, 2010 (14 years), Girls								6
50m Freestyle	Timed Final	13.	42.45	157	41.53	05/11/2023	96%	
100m Freestyle	Timed Final	17.	1:34.93	148	1:36.62	04/11/2023	104%	
400m Freestyle	Timed Final	10.	7:34.30	131	7:56.26	12/03/2023	110%	
50m Backstroke	Timed Final	9.	50.31	126	53.65	14/01/2023	114%	
50m Breaststroke	Timed Final	6.	46.35	229	47.90	10/06/2023	107%	
100m Breaststroke	Timed Final	9.	1:44.31	213	1:43.78	10/06/2023	99%	
200m Breaststroke	Timed Final	4.	3:49.65	201	3:54.25	13/01/2024	104%	
50m Butterfly	Timed Final	8.	45.40	154	58.50	20/11/2022	166%	
Martim Beato Guedes, 2012 (12 years), Boys								2
100m Freestyle	Timed Final	1.	1:21.15	168	1:38.75	11/03/2023	148%	
400m Freestyle	Timed Final	1.	6:31.78	159	NT	-	-	
100m Backstroke	Timed Final	3.	1:46.28	94	1:45.09	04/11/2023	98%	
100m Breaststroke	Timed Final	2.	1:53.19	116	1:56.43	05/11/2023	106%	
200m Medley	Timed Final	1.	3:34.58	133	NT	-	-	
EN Braganca								25
Anita Santos Goncalves, 2010 (14 years), Girls								6
50m Freestyle	Timed Final	3.	30.01	446	29.97	15/12/2023	100%	
100m Freestyle	Timed Final	2.	1:05.61	449	1:06.84	13/01/2024	104%	
200m Freestyle	Timed Final	3.	2:30.12	396	2:36.21	14/01/2024	108%	
50m Backstroke	Timed Final	2.	34.69	385	38.40	05/11/2023	123%	
100m Breaststroke	Timed Final	4.	1:29.93	333	1:31.07	08/07/2023	103%	
50m Butterfly	Timed Final	3.	33.18	396	35.80	04/11/2023	116%	
100m Butterfly	Timed Final	1.	1:19.22	317	1:23.84	12/03/2023	112%	
Bianca Santos Goncalves, 2007 (17 years), Girls								7
50m Freestyle	Timed Final	3.	31.09	401	32.15	11/03/2023	107%	
100m Freestyle	Timed Final	2.	1:09.73	374	1:11.86	13/01/2024	106%	
200m Freestyle	Timed Final	2.	2:37.28	345	2:39.65	10/06/2023	103%	
50m Backstroke	Timed Final	3.	36.31	336	38.02	11/03/2023	110%	
100m Backstroke	Timed Final	3.	1:21.36	307	1:23.03	11/03/2023	104%	
50m Butterfly	Timed Final	4.	35.81	315	36.64	08/07/2024	105%	
100m Butterfly	Timed Final	2.	1:29.68	218	1:31.09	05/11/2023	103%	
Leonor Afonso Matela, 2012 (12 years), Girls								3
100m Freestyle	Timed Final	7.	1:26.97	192	1:31.64	04/11/2023	111%	
200m Freestyle	Timed Final	6.	3:09.90	196	3:29.40	05/11/2023	122%	
800m Freestyle	Timed Final	2.	13:41.12	196	NT	-	-	
100m Breaststroke	Timed Final	7.	2:04.40	125	NT	-	-	
200m Breaststroke	Timed Final	3.	4:05.45	164	NT	-	-	
100m Butterfly	Timed Final	6.	2:01.37	88	2:15.47	14/01/2024	125%	
Mariana Jose Martins, 2006 (18 years), Girls								-
50m Freestyle	Timed Final	4.	32.19	361	NT	-	-	
100m Freestyle	Timed Final	4.	1:14.50	306	NT	-	-	
50m Backstroke	Timed Final	5.	38.75	276	NT	-	-	
50m Breaststroke	Timed Final	4.	40.98	331	NT	-	-	
100m Breaststroke	Timed Final	3.	1:31.24	319	NT	-	-	

50m Butterfly	Timed Final	2.	35.75	317	NT	-	5
Martim Barros Pereira, 2011 (13 years), Boys							
100m Freestyle	Timed Final	2.	1:12.75	234	1:16.36	20/02/2024	110%
100m Backstroke	Timed Final	1.	1:21.20	210	1:31.06	05/11/2023	126%
100m Breaststroke	Timed Final	2.	1:33.96	203	1:45.35	04/11/2023	126%
200m Breaststroke	Timed Final	2.	3:24.85	201	NT	-	-
100m Butterfly	Timed Final	1.	1:40.59	107	1:42.20	13/01/2024	103%
200m Medley	Timed Final	2.	2:53.00	254	3:09.95	20/01/2024	121%
Matilde Pinto Teixeira, 2011 (13 years), Girls							
100m Freestyle	Timed Final	3.	1:19.55	252	1:22.90	13/01/2024	109%
200m Freestyle	Timed Final	2.	2:53.02	259	3:01.59	05/11/2023	110%
100m Backstroke	Timed Final	2.	1:29.87	227	1:31.62	05/11/2023	104%
100m Butterfly	Timed Final	3.	1:32.92	196	1:52.28	25/04/2023	146%
200m Butterfly	Timed Final	1.	3:37.05	167	NT	-	-
Flavitus Natacao Clube							
Artur Jose Correia, 2009 (15 years), Boys							
50m Freestyle	Timed Final	11.	33.53	217	35.36	-	111%
100m Freestyle	Timed Final	11.	1:13.77	224	1:18.12	-	112%
400m Freestyle	Timed Final	4.	6:25.93	166	6:21.39	-	98%
50m Butterfly	Timed Final	4.	36.15	217	40.06	-	123%
100m Butterfly	Timed Final	1.	1:30.11	149	1:27.75	-	95%
200m Medley	Timed Final	5.	3:14.45	179	3:09.11	-	95%
Duarte Ferreira Rosa, 2011 (13 years), Boys							
100m Freestyle	Timed Final	3.	1:14.61	217	1:21.31	-	119%
200m Freestyle	Timed Final	2.	2:51.32	195	3:16.15	-	131%
400m Freestyle	Timed Final	2.	5:57.80	208	6:30.43	-	119%
100m Breaststroke	Timed Final	4.	1:46.06	141	1:52.68	-	113%
200m Breaststroke	Timed Final	3.	3:40.71	161	NT	-	-
200m Medley	Timed Final	5.	3:12.78	183	3:29.34	-	118%
Guilherme Rodrigo Queiros, 2009 (15 years), Boys							
50m Freestyle	Timed Final	14.	36.98	162	40.70	-	121%
100m Freestyle	Timed Final	12.	1:19.26	181	1:25.31	-	116%
200m Freestyle	Timed Final	WDR	-	-	3:03.46	-	-
400m Freestyle	Timed Final	WDR	-	-	6:55.34	-	-
50m Backstroke	Timed Final	7.	42.00	145	49.75	-	140%
100m Backstroke	Timed Final	5.	1:31.69	146	1:42.03	-	124%
50m Butterfly	Timed Final	WDR	-	-	NT	-	-
Ines Filipa Guerra, 2011 (13 years), Girls							
100m Freestyle	Timed Final	4.	1:20.44	243	1:30.28	-	126%
200m Freestyle	Timed Final	4.	2:56.13	245	NT	-	-
800m Freestyle	Timed Final	1.	13:21.40	211	NT	-	-
100m Breaststroke	Timed Final	1.	1:37.84	258	1:47.50	-	121%
100m Butterfly	Timed Final	2.	1:31.46	206	1:48.68	-	141%
200m Medley	Timed Final	2.	3:14.03	247	3:31.13	-	118%
Joao Filipe Medeiros, 2001 (23 years), Men							
50m Freestyle	Timed Final	WDR	-	-	27.77	-	-
100m Freestyle	Timed Final	WDR	-	-	1:03.39	-	-
50m Backstroke	Timed Final	WDR	-	-	37.87	-	-
50m Breaststroke	Timed Final	WDR	-	-	35.40	-	-
100m Breaststroke	Timed Final	WDR	-	-	1:17.43	-	-
50m Butterfly	Timed Final	WDR	-	-	30.71	-	-
Joao Miguel Ferreira, 2006 (18 years), Boys							
50m Freestyle	Timed Final	6.	27.00	416	28.06	-	108%
100m Freestyle	Timed Final	7.	1:03.19	357	1:01.96	-	96%
200m Freestyle	Timed Final	4.	2:21.56	345	2:20.56	-	99%
50m Butterfly	Timed Final	4.	27.66	486	29.40	-	113%
100m Butterfly	Timed Final	4.	1:06.09	377	1:08.18	-	106%
200m Butterfly	Timed Final	1.	2:56.21	222	NT	-	-
Rodrigo Jose Santos, 2009 (15 years), Boys							
50m Freestyle	Timed Final	6.	29.27	326	31.12	-	113%
100m Freestyle	Timed Final	6.	1:05.54	320	1:12.67	-	123%
200m Freestyle	Timed Final	2.	2:32.90	274	2:49.10	-	122%
50m Backstroke	Timed Final	3.	33.84	278	41.25	-	149%
50m Breaststroke	Timed Final	4.	37.28	299	39.96	-	115%
100m Breaststroke	Timed Final	4.	1:22.68	298	1:29.31	-	117%
200m Breaststroke	Timed Final	4.	3:06.68	266	3:22.23	-	117%
50m Butterfly	Timed Final	2.	31.93	316	NT	-	-
Sara Pinto Portugal, 2009 (15 years), Girls							
100m Freestyle	Timed Final	13.	1:25.86	200	1:27.06	-	103%
800m Freestyle	Timed Final	6.	14:33.17	163	13:56.36	-	92%
100m Breaststroke	Timed Final	11.	1:50.37	180	1:51.51	-	102%
200m Breaststroke	Timed Final	5.	4:05.06	165	NT	-	-
50m Butterfly	Timed Final	12.	55.25	85	53.09	-	92%
200m Medley	Timed Final	2.	3:44.23	160	3:45.15	-	101%
Xiana Castro Silva, 2010 (14 years), Girls							
100m Freestyle	Timed Final	5.	1:09.50	377	1:07.98	-	96%
400m Freestyle	Timed Final	4.	5:45.43	300	5:40.56	-	97%
50m Backstroke	Timed Final	1.	33.72	419	32.81	-	95%

100m Backstroke	Timed Final	2.	1:13.54	415	1:13.18	99%
200m Backstroke	Timed Final	1.	2:37.75	428	2:43.68	108%
100m Breaststroke	Timed Final	6.	1:36.33	271	1:28.28	84%
200m Breaststroke	Timed Final	2.	3:19.09	308	3:16.39	97%
200m Medley	Timed Final	1.	2:45.45	399	2:50.28	106%

Ginasio Clube de Vila Real

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Afonso Magalhaes Resende, 2013 (11 years), Boys

4

50m Freestyle	Timed Final	5.	40.31	125	47.53	21/10/2023	139%
200m Freestyle	Timed Final	8.	3:34.31	99	3:57.03	01/07/2023	122%
50m Backstroke	Timed Final	WDR	-	-	49.85	14/01/2024	-
50m Breaststroke	Timed Final	2.	47.84	141	48.87	14/01/2024	104%
50m Butterfly	Timed Final	WDR	-	-	53.18	14/01/2024	-
100m Medley	Timed Final	2.	1:44.12	106	1:46.20	14/01/2024	104%

Ana Margarida Guedes, 2001 (23 years), Women

-

50m Freestyle	Timed Final	1.	26.84	623	25.53	22/04/2023	90%
50m Backstroke	Timed Final	1.	29.60	620	28.84	22/10/2023	95%
100m Backstroke	Timed Final	1.	1:04.59	613	1:01.06	11/12/2022	89%
50m Breaststroke	Timed Final	2.	35.17	524	34.92	12/03/2023	99%
200m Breaststroke	Timed Final	1.	2:50.00	496	2:41.52	12/03/2023	90%
50m Butterfly	Timed Final	1.	27.59	689	26.12	23/04/2023	90%
100m Butterfly	Timed Final	1.	1:02.15	657	58.64	22/12/2023	89%
200m Medley	Timed Final	1.	2:24.05	605	2:20.68	03/12/2022	95%

Beatriz Maria Igrejas, 2009 (15 years), Girls

1

400m Freestyle	Timed Final	3.	5:34.98	329	5:17.00	21/01/2023	90%
800m Freestyle	Timed Final	2.	11:10.25	361	11:14.70	11/03/2023	101%
100m Butterfly	Timed Final	3.	1:22.18	284	1:20.02	22/10/2022	95%
200m Butterfly	Timed Final	1.	2:59.73	294	2:55.10	09/07/2023	95%

Benedita Martins Fernandes, 2013 (11 years), Girls

5

100m Freestyle	Timed Final	5.	1:28.89	180	1:31.03	11/02/2024	105%
400m Freestyle	Timed Final	5.	6:53.63	174	9:34.28	-	193%
100m Backstroke	Timed Final	6.	1:44.03	146	1:45.97	18/11/2023	104%
100m Breaststroke	Timed Final	8.	2:03.52	128	2:01.41	19/11/2023	97%
100m Butterfly	Timed Final	5.	1:55.68	102	2:06.03	04/11/2023	119%
200m Medley	Timed Final	5.	3:43.96	161	3:54.15	14/01/2024	109%

Bruno Miguel Morais, 2013 (11 years), Boys

1

50m Freestyle	Timed Final	7.	43.03	102	42.49	14/01/2024	98%
200m Freestyle	Timed Final	5.	3:23.96	115	3:29.54	21/05/2023	106%
50m Backstroke	Timed Final	WDR	-	-	49.54	14/01/2024	-
50m Butterfly	Timed Final	WDR	-	-	1:01.71	21/10/2023	-

Carlota Teiga Cruz, 2013 (11 years), Girls

4

100m Freestyle	Timed Final	10.	1:41.31	122	1:49.03	21/10/2023	116%
400m Freestyle	Timed Final	9.	7:37.34	129	NT	-	-
100m Backstroke	Timed Final	7.	1:47.02	134	1:51.07	14/01/2024	108%
100m Breaststroke	Timed Final	9.	2:05.59	122	2:11.25	21/10/2023	109%
100m Butterfly	Timed Final	10.	2:14.60	64	NT	-	-
200m Medley	Timed Final	8.	3:54.90	139	4:10.15	14/01/2024	113%

Carminho Teiga Cruz, 2016 (8 years), Girls

2

50m Freestyle	Timed Final	1.	50.28	94	1:13.12	04/03/2023	211%
50m Backstroke	Timed Final	1.	58.40	80	1:17.20	04/03/2023	175%
50m Breaststroke	Timed Final	1.	1:12.15	60	NT	-	-

Clara Sofia Sanfins, 2011 (13 years), Girls

4

100m Freestyle	Timed Final	6.	1:26.00	199	1:29.31	-	108%
200m Freestyle	Timed Final	7.	3:10.62	193	3:15.94	-	106%
100m Backstroke	Timed Final	3.	1:33.90	199	1:36.21	-	105%
100m Breaststroke	Timed Final	3.	1:42.53	224	1:41.86	-	99%
200m Breaststroke	Timed Final	1.	3:42.62	220	NT	-	-
200m Medley	Timed Final	3.	3:26.84	204	3:35.56	-	109%

Diana Ribeiro Nogueira, 2012 (12 years), Girls

5

100m Freestyle	Timed Final	10.	1:37.86	135	1:48.86	-	124%
400m Freestyle	Timed Final	4.	7:23.31	142	7:59.03	-	117%
100m Backstroke	Timed Final	6.	1:45.06	142	1:56.25	-	122%
100m Breaststroke	Timed Final	6.	1:55.71	156	1:58.23	-	104%
200m Breaststroke	Timed Final	2.	3:56.03	185	NT	-	-
200m Medley	Timed Final	6.	3:40.37	169	4:15.99	-	135%

Diogo Ribeiro Baptista, 2009 (15 years), Boys

4

50m Freestyle	Timed Final	9.	31.40	264	31.43	21/10/2023	100%
100m Freestyle	Timed Final	10.	1:10.16	261	1:10.78	21/10/2023	102%
400m Freestyle	Timed Final	3.	5:41.46	240	6:22.56	12/03/2023	126%
1500m Freestyle	Timed Final	1.	22:34.50	244	23:17.40	08/07/2023	106%
100m Breaststroke	Timed Final	6.	1:33.75	205	1:31.50	21/10/2023	95%

Eduardo Soares Oliveira, 2007 (17 years), Boys

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50m Backstroke	Timed Final	6.	36.40	224	31.46	22/10/2022	75%
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Eduardo Yakubenko, 2006 (18 years), Boys

4

50m Freestyle	Timed Final	4.	25.81	476	24.92	11/03/2023	93%
100m Freestyle	Timed Final	2.	54.56	555	54.92	19/11/2023	101%
50m Backstroke	Timed Final	3.	30.68	374	29.58	07/07/2023	93%
50m Breaststroke	Timed Final	2.	35.18	356	35.67	08/07/2023	103%
50m Butterfly	Timed Final	1.	26.46	555	26.62	17/11/2023	101%

100m Butterfly	Timed Final	2.	59.90	507	1:01.01	01/12/2023	104%	
Francisca Sena Pinheiro, 2005 (19 years), Women								
50m Breaststroke	Timed Final	3.	37.81	422	35.21	04/12/2022	87%	-
100m Breaststroke	Timed Final	2.	1:25.39	389	1:19.28	03/12/2022	86%	
50m Butterfly	Timed Final	3.	35.78	316	33.15	12/03/2023	86%	
Francisco Maria Igrejas, 2011 (13 years), Boys								
100m Freestyle	Timed Final	WDR	-	-	1:22.21	-	-	3
200m Freestyle	Timed Final	1.	2:50.53	197	3:06.12	-	119%	
400m Freestyle	Timed Final	3.	6:03.87	198	6:56.59	-	131%	
100m Backstroke	Timed Final	WDR	-	-	1:33.18	-	-	
100m Breaststroke	Timed Final	WDR	-	-	1:43.62	-	-	
200m Medley	Timed Final	4.	3:08.40	197	3:18.65	-	111%	
Goncalo Andre Ferreira, 2007 (17 years), Boys								
200m Freestyle	Timed Final	3.	2:04.90	503	2:02.60	12/03/2023	96%	-
400m Freestyle	Timed Final	2.	4:28.87	491	4:23.96	21/01/2023	96%	
100m Butterfly	Timed Final	5.	1:10.83	306	1:04.87	04/11/2023	84%	
Guilherme Lagoa Guerra, 2009 (15 years), Boys								
50m Freestyle	Timed Final	12.	34.10	206	36.46	21/10/2023	114%	2
100m Freestyle	Timed Final	13.	1:19.31	180	1:16.73	14/01/2024	94%	
100m Breaststroke	Timed Final	8.	1:51.23	122	1:51.68	08/07/2023	101%	
Herman Kovalchuk, 2006 (18 years), Boys								
50m Freestyle	Timed Final	1.	24.93	528	24.65	05/11/2023	98%	3
100m Freestyle	Timed Final	1.	54.37	560	54.34	01/11/2023	100%	
50m Backstroke	Timed Final	1.	27.92	496	28.46	08/07/2023	104%	
50m Butterfly	Timed Final	3.	27.03	521	27.61	22/04/2023	104%	
100m Butterfly	Timed Final	3.	1:02.04	456	1:02.93	14/01/2023	103%	
Ines Carnide Silva, 2014 (10 years), Girls								
50m Freestyle	Timed Final	5.	43.87	142	43.92	20/01/2024	100%	6
200m Freestyle	Timed Final	3.	3:23.55	159	3:47.34	11/03/2023	125%	
50m Backstroke	Timed Final	4.	50.48	125	53.09	20/01/2024	111%	
50m Breaststroke	Timed Final	5.	59.78	106	1:02.36	20/01/2024	109%	
50m Butterfly	Timed Final	4.	54.73	88	1:02.67	11/03/2023	131%	
100m Medley	Timed Final	4.	1:49.56	137	1:56.13	14/01/2024	112%	
Ines Esteves Carvalho, 2013 (11 years), Girls								
100m Freestyle	Timed Final	1.	1:12.01	339	1:12.81	18/02/2024	102%	5
400m Freestyle	Timed Final	1.	5:36.18	325	5:40.40	18/02/2024	103%	
100m Backstroke	Timed Final	1.	1:20.96	311	1:23.62	14/01/2024	107%	
100m Breaststroke	Timed Final	2.	1:44.56	212	1:41.32	10/02/2024	94%	
100m Butterfly	Timed Final	1.	1:23.75	268	1:27.53	10/02/2024	109%	
200m Medley	Timed Final	1.	3:03.50	292	3:06.33	14/01/2024	103%	
Ines Rua Fernandes, 2011 (13 years), Girls								
100m Freestyle	Timed Final	1.	1:12.71	330	1:14.50	15/01/2023	105%	6
200m Freestyle	Timed Final	1.	2:46.00	293	2:41.46	10/06/2023	95%	
400m Freestyle	Timed Final	1.	5:36.20	325	5:36.01	14/01/2023	100%	
100m Backstroke	Timed Final	1.	1:25.89	261	1:26.33	14/01/2023	101%	
200m Backstroke	Timed Final	1.	2:58.62	295	3:00.50	12/03/2023	102%	
100m Breaststroke	Timed Final	2.	1:39.26	247	1:40.94	15/01/2023	103%	
100m Butterfly	Timed Final	1.	1:31.33	207	1:40.21	14/01/2023	120%	
200m Medley	Timed Final	1.	2:58.43	318	3:04.25	21/05/2023	107%	
Joao Pedro Matias, 2013 (11 years), Boys								
50m Freestyle	Timed Final	2.	37.90	150	40.71	21/10/2023	115%	5
200m Freestyle	Timed Final	2.	3:18.11	126	3:29.31	21/05/2023	112%	
50m Backstroke	Timed Final	2.	43.84	128	46.53	14/01/2024	113%	
50m Breaststroke	Timed Final	3.	51.93	110	57.95	21/10/2023	125%	
50m Butterfly	Timed Final	2.	46.17	104	47.31	20/01/2024	105%	
Laura Jorge Alves, 2013 (11 years), Girls								
100m Freestyle	Timed Final	3.	1:26.53	195	1:31.60	11/02/2024	112%	4
400m Freestyle	Timed Final	4.	6:51.15	178	NT	-	-	
100m Backstroke	Timed Final	4.	1:39.97	165	1:47.43	14/01/2024	115%	
100m Breaststroke	Timed Final	7.	2:02.46	132	2:03.37	21/10/2023	101%	
100m Butterfly	Timed Final	3.	1:46.65	130	NT	-	-	
200m Medley	Timed Final	4.	3:34.81	182	3:49.35	14/01/2024	114%	
Leonor Carnide Silva, 2009 (15 years), Girls								
100m Backstroke	Timed Final	1.	1:09.40	494	1:07.82	20/01/2024	95%	1
50m Breaststroke	Timed Final	2.	37.89	419	37.50	08/07/2023	98%	
100m Breaststroke	Timed Final	3.	1:22.41	433	1:22.72	13/01/2024	101%	
200m Breaststroke	Timed Final	1.	3:04.56	387	2:58.71	09/07/2023	94%	
50m Butterfly	Timed Final	1.	30.18	527	29.05	17/12/2023	93%	
400m Medley	Timed Final	1.	5:40.12	441	5:28.49	04/12/2022	93%	
Maria Carolina Eira, 2005 (19 years), Women								
50m Freestyle	Timed Final	2.	29.53	468	27.91	21/10/2023	89%	-
50m Backstroke	Timed Final	2.	31.57	511	29.66	08/12/2023	88%	
100m Backstroke	Timed Final	2.	1:09.12	500	1:03.59	10/12/2023	85%	
200m Backstroke	Timed Final	1.	2:29.31	505	2:16.75	22/04/2023	84%	
Maria Elisabete Mina, 2008 (16 years), Girls								
50m Breaststroke	Timed Final	5.	41.53	318	40.95	-	97%	-

Maria Ines Mesquita, 2010 (14 years), Girls							6
50m Freestyle	Timed Final	4.	32.09	364	33.18	20/11/2022	107%
100m Freestyle	Timed Final	4.	1:06.69	427	1:08.90	04/11/2023	107%
200m Freestyle	Timed Final	2.	2:24.28	446	2:29.36	14/01/2024	107%
400m Freestyle	Timed Final	1.	5:00.76	454	5:04.32	20/01/2024	102%
800m Freestyle	Timed Final	1.	10:29.18	436	10:35.28	20/05/2023	102%
50m Breaststroke	Timed Final	3.	40.51	343	42.11	26/11/2023	108%
50m Butterfly	Timed Final	4.	33.59	382	NT		-
Maria Joao Gomes, 2013 (11 years), Girls							2
100m Freestyle	Timed Final	6.	1:29.28	178	1:31.97	11/02/2024	106%
400m Freestyle	Timed Final	6.	7:06.25	159	NT		-
100m Backstroke	Timed Final	5.	1:40.67	162	1:38.54	11/02/2024	96%
100m Breaststroke	Timed Final	11.	2:06.90	118	2:05.93	10/02/2024	98%
200m Medley	Timed Final	9.	3:56.12	137	4:04.57	14/01/2024	107%
Maria Manuel Braz, 2009 (15 years), Girls							1
50m Freestyle	Timed Final	2.	29.57	466	29.31	09/07/2023	98%
100m Freestyle	Timed Final	3.	1:05.84	444	1:03.88	23/04/2023	94%
1500m Freestyle	Timed Final	1.	20:12.19	420	20:32.45	04/11/2023	103%
100m Breaststroke	Timed Final	2.	1:22.06	438	1:14.99	20/01/2024	84%
Maria Silva Poeta, 2010 (14 years), Girls							2
100m Freestyle	Timed Final	6.	1:09.81	372	1:09.18	13/01/2024	98%
50m Backstroke	Timed Final	3.	36.87	321	38.12	04/11/2023	107%
100m Backstroke	Timed Final	3.	1:14.15	405	1:16.57	25/11/2023	107%
200m Backstroke	Timed Final	2.	2:39.69	413	2:39.29	17/12/2023	99%
50m Breaststroke	Timed Final	4.	41.14	327	NT		-
Mariana Lopes Carvalho, 2013 (11 years), Girls							1
400m Freestyle	Timed Final	12.	7:54.46	115	8:14.60		109%
100m Backstroke	Timed Final	10.	1:51.37	119	1:49.65	14/01/2024	97%
100m Breaststroke	Timed Final	10.	2:06.76	119	2:03.65	14/01/2024	95%
100m Butterfly	Timed Final	9.	2:08.91	73	NT		-
Martim Costa Goncalves, 2013 (11 years), Boys							2
50m Freestyle	Timed Final	4.	40.05	127	43.66	14/01/2024	119%
200m Freestyle	Timed Final	6.	3:25.51	113	NT		-
50m Backstroke	Timed Final	4.	45.51	114	47.08	14/01/2024	107%
50m Butterfly	Timed Final	5.	53.82	66	NT		-
Miguel Ferreira Eira, 2013 (11 years), Boys							2
50m Freestyle	Timed Final	8.	43.70	98	48.03	21/10/2023	121%
200m Freestyle	Timed Final	7.	3:32.28	102	NT		-
50m Backstroke	Timed Final	6.	52.90	73	57.46	11/03/2023	118%
50m Breaststroke	Timed Final	6.	59.15	75	NT		-
Miguel Pereira Carvalho, 2009 (15 years), Boys							3
50m Freestyle	Timed Final	5.	28.00	373	28.12	05/11/2023	101%
100m Freestyle	Timed Final	5.	1:00.90	399	1:02.00	04/11/2023	104%
50m Breaststroke	Timed Final	3.	34.11	391	35.12	21/10/2023	106%
100m Breaststroke	Timed Final	2.	1:15.84	387	1:14.89	25/11/2023	98%
200m Breaststroke	Timed Final	2.	2:45.03	386	2:43.85	16/12/2023	99%
Nuno Pinto Oliveira, 2010 (14 years), Boys							2
100m Freestyle	Timed Final	5.	1:15.25	211	1:31.59	10/06/2023	148%
1500m Freestyle	Timed Final	WDR	-	-	NT		-
100m Backstroke	Timed Final	3.	1:21.55	208	1:25.16		109%
100m Breaststroke	Timed Final	3.	1:38.62	176	1:37.82	10/06/2023	98%
Pedro Filipe Lopes, 2012 (12 years), Boys							3
400m Freestyle	Timed Final	3.	7:16.50	114	NT		-
100m Backstroke	Timed Final	1.	1:35.25	130	1:39.50	20/01/2024	109%
100m Breaststroke	Timed Final	3.	2:02.71	91	2:07.59	21/10/2023	108%
100m Butterfly	Timed Final	1.	2:02.26	59	NT		-
200m Medley	Timed Final	2.	3:50.92	107	3:52.69	14/01/2024	102%
Renata Daniela Rangel, 2011 (13 years), Girls							6
100m Freestyle	Timed Final	2.	1:17.79	269	1:21.98		111%
200m Freestyle	Timed Final	3.	2:54.71	251	3:42.43		162%
400m Freestyle	Timed Final	2.	6:24.34	217	7:32.94		139%
100m Backstroke	Timed Final	5.	1:38.20	174	1:41.03		106%
100m Breaststroke	Timed Final	5.	1:48.67	188	1:53.75		110%
100m Butterfly	Timed Final	5.	1:44.26	139	NT		-
200m Medley	Timed Final	5.	3:29.81	195	3:33.44		103%
Rodrigo Daniel Silva, 2006 (18 years), Boys							4
50m Freestyle	Timed Final	3.	25.56	490	25.36	18/11/2023	98%
100m Freestyle	Timed Final	5.	55.50	527	55.65	13/01/2024	101%
50m Backstroke	Timed Final	2.	28.97	444	29.29	09/07/2023	102%
100m Backstroke	Timed Final	1.	1:01.37	488	1:03.00	11/03/2023	105%
200m Backstroke	Timed Final	1.	2:13.28	497	2:16.52	01/11/2023	105%
Rodrigo Sousa Xavier, 2014 (10 years), Boys							4
50m Freestyle	Timed Final	3.	40.00	128	39.45	14/01/2024	97%
200m Freestyle	Timed Final	3.	3:22.28	118	3:53.37	21/05/2023	133%
50m Backstroke	Timed Final	3.	44.07	126	45.68	14/01/2024	107%
50m Breaststroke	Timed Final	4.	53.53	101	56.36	14/01/2024	111%
50m Butterfly	Timed Final	4.	47.68	94	55.31	21/10/2023	135%

Santiago Costa Goncalves, 2016 (8 years), Boys								-
50m Freestyle	Timed Final	1.	53.18	54	NT		-	
50m Breaststroke	Timed Final	1.	1:13.18	39	NT		-	
Susana Pedro Carvalhinha, 2013 (11 years), Girls								4
100m Freestyle	Timed Final	4.	1:26.95	193	1:24.18	14/01/2024	94%	
400m Freestyle	Timed Final	2.	6:25.50	216	8:34.40		178%	
100m Backstroke	Timed Final	3.	1:35.98	187	1:35.95	14/01/2024	100%	
100m Breaststroke	Timed Final	5.	1:57.25	150	1:58.62	21/10/2023	102%	
100m Butterfly	Timed Final	4.	1:48.32	124	1:55.94	10/02/2024	115%	
200m Medley	Timed Final	3.	3:33.75	185	3:37.96	14/01/2024	104%	
Tiago Manuel Fernandes, 2008 (16 years), Boys								3
50m Freestyle	Timed Final	1.	25.51	493	25.30	20/01/2024	98%	
100m Freestyle	Timed Final	2.	58.37	453	56.18	11/03/2023	93%	
50m Backstroke	Timed Final	2.	30.67	374	32.21	08/07/2023	110%	
50m Breaststroke	Timed Final	1.	32.40	456	31.88	15/12/2023	97%	
100m Breaststroke	Timed Final	1.	1:09.50	503	1:10.69	17/12/2023	103%	
200m Breaststroke	Timed Final	1.	2:44.21	391	2:38.64	01/11/2023	93%	
50m Butterfly	Timed Final	1.	28.37	450	27.18	16/12/2023	92%	
200m Medley	Timed Final	1.	2:17.50	506	2:24.09	09/07/2023	110%	
Tomas Carvalho Sousa, 2015 (9 years), Boys								-
50m Backstroke	Timed Final	1.	1:00.28	49	NT		-	
Tomas Monteiro Letra, 2014 (10 years), Boys								2
50m Freestyle	Timed Final	6.	41.96	110	40.77	14/01/2024	94%	
200m Freestyle	Timed Final	4.	3:22.55	118	NT		-	
50m Backstroke	Timed Final	5.	49.02	91	50.81	21/10/2023	107%	
50m Breaststroke	Timed Final	5.	53.97	98	58.18	14/01/2024	116%	
50m Butterfly	Timed Final	3.	47.65	95	NT		-	