

Severoslovenská plavecká liga 2024, I. kolo  
Žilina, 9.3.2024

disciplína 28  
09.03.2024 - 18:48

ženy, 400m polohové preteky

Open  
Výsledky

bodovanie: FINA 2023

por.	Ro .	as	body
<b>15 ro . a st.</b>			
1.	Grucha áková Laura	06 Pk Martin	<b>5:29.72</b> 527
	100m: 1:15.31 1:15.31 200m: 2:42.04 1:26.73 300m: 4:14.05 1:32.01 400m: 5:29.72 1:15.67		
2.	Horváthová Andrea	09 Pk Martin	<b>5:30.16</b> 525
	100m: 1:15.23 1:15.23 200m: 2:40.85 1:25.62 300m: 4:17.43 1:36.58 400m: 5:30.16 1:12.73		
3.	Gomolová Nela	09 Pk Martin	<b>5:42.09</b> 472
	100m: 1:21.26 1:21.26 200m: 2:47.31 1:26.05 300m: 4:24.42 1:37.11 400m: 5:42.09 1:17.67		
4.	Dirbáková Viktória	08 MPK Prievdza	<b>6:09.10</b> 375
	100m: 1:18.73 1:18.73 200m: 3:00.56 1:41.83 300m: 4:46.32 1:45.76 400m: 6:09.10 1:22.78		
5.	Vicá ová Nikol	07 Pk Martin	<b>6:52.33</b> 269
	100m: 1:45.36 1:45.36 200m: 3:37.00 1:51.64 300m: 5:21.67 1:44.67 400m: 6:52.33 1:30.66		
<b>13 - 14 ro .</b>			
1.	Vytyka ová Stela	11 Pk Martin	<b>5:33.72</b> 508
	100m: 1:19.77 1:19.77 200m: 2:51.44 1:31.67 300m: 4:29.31 1:37.87 400m: 5:33.72 1:04.41		
2.	Novinská Kristína	11 Pk Martin	<b>5:50.18</b> 440
	100m: 1:21.50 1:21.50 200m: 2:55.11 1:33.61 300m: 4:34.03 1:38.92 400m: 5:50.18 1:16.15		
3.	Rešetárová Eliška	11 AT Tur ianske Teplice	<b>6:15.34</b> 357
	100m: 1:27.65 1:27.65 200m: 3:03.98 1:36.33 300m: 4:49.94 1:45.96 400m: 6:15.34 1:25.40		
4.	Poloncová Zuzana	11 Pk Martin	<b>6:18.52</b> 348
	100m: 1:31.04 1:31.04 200m: 3:07.02 1:35.98 300m: 4:49.09 1:42.07 400m: 6:18.52 1:29.43		
5.	Cibulová Izabela	11 Pk Martin	<b>6:39.90</b> 295
	100m: 1:40.30 1:40.30 200m: 3:21.51 1:41.21 300m: 5:09.93 1:48.42 400m: 6:39.90 1:29.97		
6.	Romanová Nina	11 Pk Martin	<b>6:46.20</b> 281
	100m: 1:43.76 1:43.76 200m: 3:27.47 1:43.71 300m: 5:18.29 1:50.82 400m: 6:46.20 1:27.91		
7.	Kopecká Emília	10 AT Tur ianske Teplice	<b>7:27.62</b> 210
	100m: 1:44.84 1:44.84 200m: 3:39.61 1:54.77 300m: 5:50.76 2:11.15 400m: 7:27.62 1:36.86		
<b>12 ro .</b>			
1.	Hlavajová Tea	12 Pk Martin	<b>6:03.79</b> 392
	100m: 1:29.72 1:29.72 200m: 3:00.89 1:31.17 300m: 4:43.05 1:42.16 400m: 6:03.79 1:20.74		
2.	Štrbáková Simona	12 Pk Martin	<b>6:12.80</b> 364
	100m: 1:28.72 1:28.72 200m: 3:01.18 1:32.46 300m: 4:54.07 1:52.89 400m: 6:12.80 1:18.73		
3.	Gilianová Tereza	12 Pk Martin	<b>6:52.88</b> 268
	100m: 1:47.51 1:47.51 200m: 3:30.50 1:42.99 300m: 5:20.47 1:49.97 400m: 6:52.88 1:32.41		
4.	Grossmannová Anna	12 MPK Tvrdošín	<b>7:09.37</b> 238
	100m: 1:44.47 1:44.47 200m: 3:34.12 1:49.65 300m: 5:32.47 1:58.35 400m: 7:09.37 1:36.90		
<b>11 ro .</b>			
1.	Kubin áková Dominika	13 MPK Tvrdošín	<b>6:32.02</b> 313
	100m: 1:34.09 1:34.09 200m: 3:16.19 1:42.10 300m: 5:04.66 1:48.47 400m: 6:32.02 1:27.36		
2.	Ma ošková Barbora	13 MPK Tvrdošín	<b>6:42.55</b> 289
	100m: 1:40.20 1:40.20 200m: 3:22.84 1:42.64 300m: 5:12.91 1:50.07 400m: 6:42.55 1:29.64		
3.	Capandová Romana	13 Nereus Žilina	<b>7:33.11</b> 203
	100m: 1:53.99 1:53.99 200m: 3:40.64 1:46.65 300m: 5:53.52 2:12.88 400m: 7:33.11 1:39.59		

Severoslovenská plavecká liga 2024, I. kolo  
Žilina, 9.3.2024

---

disciplína 28, žia ky, 400m polohové preteky, 11 ro .

por.		Ro .						as	body
4.	Lejová Dorota	13	Pk Martin					<b>7:40.69</b>	193
	100m: 1:57.15	1:57.15	200m: 3:58.91	2:01.76	300m: 6:04.18	2:05.27	400m: 7:40.69	1:36.51	

Mimo SSO

1.	Krištofiková Simona	10	Považskobystrický PO					<b>5:33.94</b>	507
	100m: 1:15.30	1:15.30	200m: 2:44.91	1:29.61	300m: 4:20.43	1:35.52	400m: 5:33.94	1:13.51	