

PK 2021 Vlaams-Brabant & Brussel  
Leuven, 16 - 17/10/2021

Programmanr. 26  
17/10/2021 - 11:08

Heren, 400m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2020

Rang			Inschr.			Tijd	Pnt		
<b>11 jaar</b>									
1.	Vervloessem Frits		ZCT/11102/10			5:27.66	<b>5:28.46</b>	269	
	50m:	37.52	37.52	150m:	2:02.77	42.86	250m:	3:28.56	42.90
	100m:	1:19.91	42.39	200m:	2:45.66	42.89	300m:	4:10.41	41.85
							350m:	4:51.04	40.63
							400m:	5:28.46	37.42
2.	Lissens Tuur		LAQUA/11393/105			4:43.75	<b>5:43.95</b>	234	
	50m:	39.28	39.28	150m:	2:07.35	44.04	250m:	3:36.97	44.97
	100m:	1:23.31	44.03	200m:	2:52.00	44.65	300m:	4:19.99	43.02
							350m:	5:02.76	42.77
							400m:	5:43.95	41.19
3.	Gypen Thomas		ZCT/11115/10			5:53.13	<b>5:54.23</b>	215	
	50m:	39.35	39.35	150m:	2:08.45	44.86	250m:	3:39.32	45.32
	100m:	1:23.59	44.24	200m:	2:54.00	45.55	300m:	4:23.82	44.50
							350m:	5:09.51	45.69
							400m:	5:54.23	44.72
4.	Bakx Warre		ZCK/12095/10			6:55.97	<b>6:04.61</b>	197	
	50m:	39.02	39.02	150m:	2:10.79	46.86	250m:	3:43.73	46.01
	100m:	1:23.93	44.91	200m:	2:57.72	46.93	300m:	4:31.71	47.98
							350m:	5:18.98	47.27
							400m:	6:04.61	45.63
5.	Mertens Sibbe		ZCT/11133/10			7:21.63	<b>6:11.73</b>	186	
	50m:	43.07	43.07	150m:	2:18.35	47.92	250m:	3:53.56	47.59
	100m:	1:30.43	47.36	200m:	3:05.97	47.62	300m:	4:41.09	47.53
							350m:	5:27.65	46.56
							400m:	6:11.73	44.08
6.	Puttaert Arthur		DDAT/11111/10			6:38.20	<b>6:24.11</b>	168	
	50m:	41.80	41.80	150m:	2:18.07	48.22	250m:	3:56.49	49.29
	100m:	1:29.85	48.05	200m:	3:07.20	49.13	300m:	4:45.95	49.46
							350m:	5:34.95	49.00
							400m:	6:24.11	49.16
7.	Bas Briek		STZ/11115/10			7:02.26	<b>6:50.73</b>	137	
	50m:	41.34	41.34	150m:	2:19.70	51.07	250m:	4:06.36	54.26
	100m:	1:28.63	47.29	200m:	3:12.10	52.40	300m:	5:01.55	55.19
							350m:	5:57.47	55.92
							400m:	6:50.73	53.26
dis	Van Hoof Cobe		dis: BEST/11118/10			6:17.95	<b>5:52.32</b>		
	<i>SW 4.4 - valse start</i>								
	50m:	38.31	38.31	150m:	2:06.96	45.23	250m:	3:37.73	45.31
	100m:	1:21.73	43.42	200m:	2:52.42	45.46	300m:	4:23.67	45.94
							350m:	5:08.91	45.24
							400m:	5:52.32	43.41
<b>12 jaar</b>									
1.	Tubbe Xander		STZ/11003/09			5:35.23	<b>5:19.17</b>	294	
	50m:	36.00	36.00	150m:	1:57.11	41.27	250m:	3:17.36	40.10
	100m:	1:15.84	39.84	200m:	2:37.26	40.15	300m:	3:56.90	39.54
							350m:	4:35.00	38.10
							400m:	5:19.17	44.17
2.	Roovers Lucas		KAZS/11085/09			5:30.55	<b>5:23.74</b>	281	
	50m:	35.47	35.47	150m:	1:57.55	41.62	250m:	3:20.19	41.50
	100m:	1:15.93	40.46	200m:	2:38.69	41.14	300m:	4:02.54	42.35
							350m:	4:44.65	42.11
							400m:	5:23.74	39.09
3.	Geladi Bjorn		KLSVZ/11121/09			5:27.55	<b>5:29.06</b>	268	
	50m:	35.96	35.96	150m:	1:59.39	42.26	250m:	3:25.64	43.65
	100m:	1:17.13	41.17	200m:	2:41.99	42.60	300m:	4:08.21	42.57
							350m:	4:51.25	43.04
							400m:	5:29.06	37.81
4.	Kentin Shane		STZ/11001/09			5:50.34	<b>5:30.27</b>	265	
	50m:	37.72	37.72	150m:	2:03.43	43.30	250m:	3:27.94	42.21
	100m:	1:20.13	42.41	200m:	2:45.73	42.30	300m:	4:09.64	41.70
							350m:	4:51.13	41.49
							400m:	5:30.27	39.14
5.	Triangle Lars		ZORO/11117/09			5:43.99	<b>5:31.19</b>	263	
	50m:	36.15	36.15	150m:	1:58.06	41.28	250m:	3:24.64	43.57
	100m:	1:16.78	40.63	200m:	2:41.07	43.01	300m:	4:08.52	43.88
							350m:	4:51.15	42.63
							400m:	5:31.19	40.04
6.	Decaluwé Georges		ZCT/11097/09			5:25.48	<b>5:32.69</b>	259	
	50m:	36.97	36.97	150m:	2:02.06	42.94	250m:	3:28.65	43.46
	100m:	1:19.12	42.15	200m:	2:45.19	43.13	300m:	4:12.11	43.46
							350m:	4:53.54	41.43
							400m:	5:32.69	39.15
7.	Slaets Cédric		ZCT/11091/09			6:02.15	<b>5:36.64</b>	250	
	50m:	37.20	37.20	150m:	2:03.76	44.37	250m:	3:30.15	42.71
	100m:	1:19.39	42.19	200m:	2:47.44	43.68	300m:	4:14.14	43.99
							350m:	4:56.92	42.78
							400m:	5:36.64	39.72

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Programmanr. 26, Jongens, 400m vrije slag, 12 jaar

Rang			Inscr.			Tijd	Pnt		
8.	Van Grunderbeeck Bas		ZCT/11110/09			5:37.96	<b>5:37.09</b>	249	
	50m:	36.96 36.96	150m:	2:03.46 43.25	250m:	3:31.29 43.54	350m:	4:56.62 42.17	
	100m:	1:20.21 43.25	200m:	2:47.75 44.29	300m:	4:14.45 43.16	400m:	5:37.09 40.47	
9.	Geens Dré		ZCT/11117/09			6:15.77	<b>5:37.64</b>	248	
	50m:	37.18 37.18	150m:	2:02.09 43.11	250m:	3:29.90 44.32	350m:	4:57.63 43.17	
	100m:	1:18.98 41.80	200m:	2:45.58 43.49	300m:	4:14.46 44.56	400m:	5:37.64 40.01	
10.	De Maerschalc Bill		ZCK/12063/09			6:07.77	<b>5:42.55</b>	237	
	50m:	37.14 37.14	150m:	2:03.65 44.38	250m:	3:32.66 44.99	350m:	5:02.41 45.16	
	100m:	1:19.27 42.13	200m:	2:47.67 44.02	300m:	4:17.25 44.59	400m:	5:42.55 40.14	
11.	Struyf Arthur		TRUST/11162/09			6:03.27	<b>6:06.83</b>	193	
	50m:	39.11 39.11	150m:	2:11.56 47.21	250m:	3:46.46 46.85	350m:	5:19.83 46.53	
	100m:	1:24.35 45.24	200m:	2:59.61 48.05	300m:	4:33.30 46.84	400m:	6:06.83 47.00	
12.	Wegener Luca		SCZ/11048/09			6:19.30	<b>6:10.00</b>	188	
	50m:	40.52 40.52	150m:	2:15.53 48.03	250m:	3:50.40 47.01	350m:	5:25.87 47.74	
	100m:	1:27.50 46.98	200m:	3:03.39 47.86	300m:	4:38.13 47.73	400m:	6:10.00 44.13	
13.	Coppens Pepijn		STZ/11098/09			6:26.39	<b>6:18.13</b>	176	
	50m:	41.18 41.18	150m:	2:16.51 47.68	250m:	3:55.84 50.11	350m:	5:34.07 48.38	
	100m:	1:28.83 47.65	200m:	3:05.73 49.22	300m:	4:45.69 49.85	400m:	6:18.13 44.06	
14.	Janssens Jaron		DDAT/11113/09			6:57.71	<b>6:56.96</b>	131	
	50m:	43.25 43.25	150m:	2:30.90 54.82	250m:	4:18.46 53.91	350m:	6:08.05 54.58	
	100m:	1:36.08 52.83	200m:	3:24.55 53.65	300m:	5:13.47 55.01	400m:	6:56.96 48.91	

13 jaar

1.	De Swerd Mathias		TRUST/11081/08			4:47.93	<b>4:43.47</b>	419	
	50m:	31.47 31.47	150m:	1:42.45 36.15	250m:	2:57.04 37.09	350m:	4:10.42 36.69	
	100m:	1:06.30 34.83	200m:	2:19.95 37.50	300m:	3:33.73 36.69	400m:	4:43.47 33.05	
2.	Delesalle Louis		BEST/11091/08			5:26.42	<b>4:49.07</b>	395	
	50m:	31.50 31.50	150m:	1:44.80 37.45	250m:	3:01.62 38.87	350m:	4:14.04 37.75	
	100m:	1:07.35 35.85	200m:	2:22.75 37.95	300m:	3:36.29 34.67	400m:	4:49.07 35.03	
3.	Thiébaud Noah		STZ/11028/08			5:07.30	<b>4:52.81</b>	380	
	50m:	31.66 31.66	150m:	1:44.78 37.29	250m:	3:00.70 38.48	350m:	4:17.63 38.67	
	100m:	1:07.49 35.83	200m:	2:22.22 37.44	300m:	3:38.96 38.26	400m:	4:52.81 35.18	
4.	Scheers Pieter		ZCT/11080/08			4:55.79	<b>4:55.82</b>	369	
	50m:	32.72 32.72	150m:	1:49.66 38.79	250m:	3:05.85 38.01	350m:	4:22.02 37.46	
	100m:	1:10.87 38.15	200m:	2:27.84 38.18	300m:	3:44.56 38.71	400m:	4:55.82 33.80	
5.	Pelgrims Lowie		ZCT/11073/08			5:00.95	<b>4:57.80</b>	362	
	50m:	33.55 33.55	150m:	1:46.20 40.05	250m:	3:07.15 45.75	350m:	4:22.18 37.69	
	100m:	1:06.15 32.60	200m:	2:21.40 35.20	300m:	3:44.49 37.34	400m:	4:57.80 35.62	
6.	Vets Siebe		KAZS/11065/08			5:52.96	<b>4:59.85</b>	354	
	50m:	33.36 33.36	150m:	1:49.10 38.69	250m:	3:06.99 39.13	350m:	4:23.73 37.52	
	100m:	1:10.41 37.05	200m:	2:27.86 38.76	300m:	3:46.21 39.22	400m:	4:59.85 36.12	
7.	Cleymans Torben		STZ/11081/08			6:22.31	<b>5:04.05</b>	340	
	50m:	33.60 33.60	150m:	1:50.36 39.40	250m:	3:09.48 39.38	350m:	4:26.97 37.71	
	100m:	1:10.96 37.36	200m:	2:30.10 39.74	300m:	3:49.26 39.78	400m:	5:04.05 37.08	
8.	Baghdasaryan Gevorg		ALZV/11120/08			5:20.01	<b>5:06.17</b>	333	
	50m:	34.94 34.94	150m:	1:52.79 38.69	250m:	3:12.42 39.49	350m:	4:31.53 39.65	
	100m:	1:14.10 39.16	200m:	2:32.93 40.14	300m:	3:51.88 39.46	400m:	5:06.17 34.64	
9.	Van der Borgh Floris		ZCT/11072/08			5:10.58	<b>5:11.30</b>	316	
	50m:	34.93 34.93	150m:	1:53.47 39.58	250m:	3:13.39 40.10	350m:	4:33.17 39.98	
	100m:	1:13.89 38.96	200m:	2:33.29 39.82	300m:	3:53.19 39.80	400m:	5:11.30 38.13	
10.	Vanolande Vincent		STZ/11079/08			5:27.79	<b>5:11.44</b>	316	
	50m:	33.34 33.34	150m:	1:52.66 40.98	250m:	3:14.34 40.13	350m:	4:35.52 40.17	
	100m:	1:11.68 38.34	200m:	2:34.21 41.55	300m:	3:55.35 41.01	400m:	5:11.44 35.92	

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Programmanr. 26, Jongens, 400m vrije slag, 13 jaar

Rang			Inscr.				Tijd	Pnt		
11.	Bogaerts Neo		SCZ/11041/08 5:12.35				<b>5:17.11</b>	299		
	50m:	34.76 34.76	150m:	1:51.96 39.29	250m:	3:13.27 40.90	350m:	4:35.86 41.45	41.45	
	100m:	1:12.67 37.91	200m:	2:32.37 40.41	300m:	3:54.41 41.14	400m:	5:17.11 41.25	41.25	
12.	Dumoulin Piessens Jonas		STZ/11064/08 6:21.49				<b>5:32.41</b>	260		
	50m:	34.71 34.71	150m:	1:57.77 42.48	250m:	3:24.23 43.20	350m:	4:51.37 43.21	43.21	
	100m:	1:15.29 40.58	200m:	2:41.03 43.26	300m:	4:08.16 43.93	400m:	5:32.41 41.04	41.04	
13.	Shulyk Nikita		STZ/11066/08 6:09.15				<b>5:44.76</b>	233		
	50m:	37.23 37.23	150m:	2:04.82 44.35	250m:	3:33.65 44.63	350m:	5:02.04 44.10	44.10	
	100m:	1:20.47 43.24	200m:	2:49.02 44.20	300m:	4:17.94 44.29	400m:	5:44.76 42.72	42.72	
14.	Fernane Walid		STZ/11029/08 6:03.98				<b>5:49.83</b>	223		
	50m:	39.47 39.47	150m:	2:08.11 44.07	250m:	3:37.54 45.04	350m:	5:07.03 44.99	44.99	
	100m:	1:24.04 44.57	200m:	2:52.50 44.39	300m:	4:22.04 44.50	400m:	5:49.83 42.80	42.80	
15.	Maes Yoran		TRUST/11156/08 6:25.19				<b>5:55.54</b>	212		
	50m:	39.86 39.86	150m:	2:10.73 45.33	250m:	3:41.71 45.14	350m:	5:11.25 43.40	43.40	
	100m:	1:25.40 45.54	200m:	2:56.57 45.84	300m:	4:27.85 46.14	400m:	5:55.54 44.29	44.29	
16.	Wouters Hannes		KAZS/11077/08 7:12.76				<b>5:59.95</b>	205		
	50m:	39.15 39.15	150m:	2:09.87 46.45	250m:	3:43.33 47.03	350m:	5:16.17 46.05	46.05	
	100m:	1:23.42 44.27	200m:	2:56.30 46.43	300m:	4:30.12 46.79	400m:	5:59.95 43.78	43.78	
17.	Pillards Ward		BEST/11115/08 6:10.14				<b>6:00.96</b>	203		
	50m:	39.81 39.81	150m:	2:12.17 46.21	250m:	3:46.61 47.64	350m:	5:19.83 45.11	45.11	
	100m:	1:25.96 46.15	200m:	2:58.97 46.80	300m:	4:34.72 48.11	400m:	6:00.96 41.13	41.13	

14 jaar

1.	Brynaert Jasper		STZ/11082/07 5:11.43				<b>4:48.03</b>	400		
	50m:	32.57 32.57	150m:	1:43.39 35.48	250m:	2:57.41 37.58	350m:	4:11.72 36.94	36.94	
	100m:	1:07.91 35.34	200m:	2:19.83 36.44	300m:	3:34.78 37.37	400m:	4:48.03 36.31	36.31	
2.	De Backer Bjorn		ZIOS/11045/07 4:51.67				<b>4:48.21</b>	399		
	50m:	31.94 31.94	150m:	1:44.45 36.92	250m:	2:59.14 37.22	350m:	4:13.43 37.21	37.21	
	100m:	1:07.53 35.59	200m:	2:21.92 37.47	300m:	3:36.22 37.08	400m:	4:48.21 34.78	34.78	
3.	Bohmer Tobias		ZCT/11070/07 4:50.37				<b>4:49.61</b>	393		
	50m:	32.21 32.21	150m:	1:44.03 36.47	250m:	2:58.79 37.70	350m:	4:13.77 37.21	37.21	
	100m:	1:07.56 35.35	200m:	2:21.09 37.06	300m:	3:36.56 37.77	400m:	4:49.61 35.84	35.84	
4.	Brynaert Jonas		STZ/11063/07 5:22.74				<b>4:51.29</b>	386		
	50m:	32.01 32.01	150m:	1:47.01 38.22	250m:	3:01.67 36.82	350m:	4:16.26 37.48	37.48	
	100m:	1:08.79 36.78	200m:	2:24.85 37.84	300m:	3:38.78 37.11	400m:	4:51.29 35.03	35.03	
5.	Raes Dries		BEST/11089/07 5:21.21				<b>4:55.77</b>	369		
	50m:	32.19 32.19	150m:	1:46.83 38.34	250m:	3:03.73 37.72	350m:	4:20.34 37.38	37.38	
	100m:	1:08.49 36.30	200m:	2:26.01 39.18	300m:	3:42.96 39.23	400m:	4:55.77 35.43	35.43	
6.	Geens Thibaut		ZCK/12035/07 5:10.15				<b>4:57.48</b>	363		
	50m:	32.59 32.59	150m:	1:48.60 38.75	250m:	3:05.82 39.26	350m:	4:22.89 38.66	38.66	
	100m:	1:09.85 37.26	200m:	2:26.56 37.96	300m:	3:44.23 38.41	400m:	4:57.48 34.59	34.59	
7.	Vanacker Daan		DDAT/11099/07 5:02.76				<b>4:59.65</b>	355		
	50m:	32.47 32.47	150m:	1:47.91 38.36	250m:	3:05.60 38.33	350m:	4:22.24 38.13	38.13	
	100m:	1:09.55 37.08	200m:	2:27.27 39.36	300m:	3:44.11 38.51	400m:	4:59.65 37.41	37.41	
8.	Govaert Kwinten		STZ/11085/07 5:13.30				<b>5:07.09</b>	330		
	50m:	33.99 33.99	150m:	1:49.77 38.34	250m:	3:11.19 40.56	350m:	4:30.37 38.18	38.18	
	100m:	1:11.43 37.44	200m:	2:30.63 40.86	300m:	3:52.19 41.00	400m:	5:07.09 36.72	36.72	
9.	Van Opstal Jelle		KLSVZ/11110/07 5:20.44				<b>5:12.84</b>	312		
	50m:	35.72 35.72	150m:	1:54.80 39.88	250m:	3:13.15 39.05	350m:	4:33.41 39.79	39.79	
	100m:	1:14.92 39.20	200m:	2:34.10 39.30	300m:	3:53.62 40.47	400m:	5:12.84 39.43	39.43	
10.	Smismans Kamil		STZ/11033/07 5:38.93				<b>5:24.33</b>	280		
	50m:	35.40 35.40	150m:	1:54.81 40.13	250m:	3:15.64 40.22	350m:	4:39.08 42.30	42.30	
	100m:	1:14.68 39.28	200m:	2:35.42 40.61	300m:	3:56.78 41.14	400m:	5:24.33 45.25	45.25	

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Programmanr. 26, Jongens, 400m vrije slag, 14 jaar

Rang			Inscr.				Tijd	Pnt		
11.	Seghers Michiel		DDAT/11098/07 5:38.41				<b>5:25.85</b>	276		
	50m:	34.88 34.88	150m:	1:57.47 42.05	250m:	3:21.76 41.46	350m:	4:45.78 41.70		
	100m:	1:15.42 40.54	200m:	2:40.30 42.83	300m:	4:04.08 42.32	400m:	5:25.85 40.07		
15 jaar										
1.	Danhieux Tibe		ZORO/11127/06 4:17.35				<b>4:11.97</b>	597		
	50m:	27.99 27.99	150m:	1:31.62 32.24	250m:	2:36.75 32.65	350m:	3:41.39 32.36		
	100m:	59.38 31.39	200m:	2:04.10 32.48	300m:	3:09.03 32.28	400m:	4:11.97 30.58		
2.	Vanlaer Mathijs		TRUST/11064/06 4:28.63				<b>4:32.36</b>	473		
	50m:	29.30 29.30	150m:	1:38.85 35.52	250m:	2:49.08 35.07	350m:	3:57.88 34.53		
	100m:	1:03.33 34.03	200m:	2:14.01 35.16	300m:	3:23.35 34.27	400m:	4:32.36 34.48		
3.	Mees Ruben		SCZ/11023/06 4:50.88				<b>4:33.75</b>	466		
	50m:	29.89 29.89	150m:	1:38.94 35.03	250m:	2:50.10 35.37	350m:	4:00.32 34.88		
	100m:	1:03.91 34.02	200m:	2:14.73 35.79	300m:	3:25.44 35.34	400m:	4:33.75 33.43		
4.	Catry Arne		ZCT/11047/06 5:27.98				<b>5:00.74</b>	351		
	50m:	33.04 33.04	150m:	1:49.22 38.92	250m:	3:07.06 39.36	350m:	4:24.80 38.66		
	100m:	1:10.30 37.26	200m:	2:27.70 38.48	300m:	3:46.14 39.08	400m:	5:00.74 35.94		
5.	Van Boxtael Berend		KLSVZ/11044/06 5:14.50				<b>5:10.58</b>	319		
	50m:	34.96 34.96	150m:	1:52.99 39.40	250m:	3:12.94 40.24	350m:	4:32.86 40.24		
	100m:	1:13.59 38.63	200m:	2:32.70 39.71	300m:	3:52.62 39.68	400m:	5:10.58 37.72		
6.	Vanolande Matthieu		STZ/11071/06 6:20.59				<b>5:32.74</b>	259		
	50m:	35.16 35.16	150m:	1:58.73 42.74	250m:	3:25.91 44.25	350m:	4:53.63 43.43		
	100m:	1:15.99 40.83	200m:	2:41.66 42.93	300m:	4:10.20 44.29	400m:	5:32.74 39.11		
16 jaar										
1.	Pelgrims-Rens Yorben		KAZS/11003/05 4:19.93				<b>4:22.47</b>	528		
	50m:	29.41 29.41	150m:	1:35.42 33.25	250m:	2:42.65 33.67	350m:	3:50.09 33.57		
	100m:	1:02.17 32.76	200m:	2:08.98 33.56	300m:	3:16.52 33.87	400m:	4:22.47 32.38		
2.	Feyaerts Floris		TRUST/11031/05 4:26.27				<b>4:25.44</b>	511		
	50m:	29.71 29.71	150m:	1:37.17 34.31	250m:	2:43.93 32.59	350m:	3:51.62 34.02		
	100m:	1:02.86 33.15	200m:	2:11.34 34.17	300m:	3:17.60 33.67	400m:	4:25.44 33.82		
3.	Van Hoof Daan		LAQUA/11168/05 4:38.02				<b>4:27.18</b>	501		
	50m:	29.81 29.81	150m:	1:37.47 34.62	250m:	2:46.92 34.69	350m:	3:54.97 33.51		
	100m:	1:02.85 33.04	200m:	2:12.23 34.76	300m:	3:21.46 34.54	400m:	4:27.18 32.21		
4.	Delen Kobe		KAZS/11033/05 4:23.90				<b>4:29.40</b>	489		
	50m:	30.68 30.68	150m:	1:38.45 33.83	250m:	2:46.04 33.67	350m:	3:55.68 35.16		
	100m:	1:04.62 33.94	200m:	2:12.37 33.92	300m:	3:20.52 34.48	400m:	4:29.40 33.72		
5.	Felis Maxence		SCWR/11029/05 4:49.47				<b>4:34.86</b>	460		
	50m:	29.94 29.94	150m:	1:38.40 34.98	250m:	2:49.74 35.52	350m:	4:00.88 35.55		
	100m:	1:03.42 33.48	200m:	2:14.22 35.82	300m:	3:25.33 35.59	400m:	4:34.86 33.98		
6.	Rimanque Hannes		TRUST/11046/05 4:47.82				<b>4:42.16</b>	425		
	50m:	30.63 30.63	150m:	1:41.36 36.13	250m:	2:55.39 36.88	350m:	4:08.74 36.42		
	100m:	1:05.23 34.60	200m:	2:18.51 37.15	300m:	3:32.32 36.93	400m:	4:42.16 33.42		
7.	Allardin Jules		SCWR/11020/05 4:57.45				<b>4:51.36</b>	386		
	50m:	31.35 31.35	150m:	1:44.21 37.02	250m:	3:00.02 37.94	350m:	4:14.99 37.21		
	100m:	1:07.19 35.84	200m:	2:22.08 37.87	300m:	3:37.78 37.76	400m:	4:51.36 36.37		
8.	Dekoninck Maxim		STZ/11055/05 5:07.38				<b>5:06.18</b>	333		
	50m:	32.24 32.24	150m:	1:47.73 38.88	250m:	3:06.09 39.91	350m:	4:27.21 40.70		
	100m:	1:08.85 36.61	200m:	2:26.18 38.45	300m:	3:46.51 40.42	400m:	5:06.18 38.97		
9.	Vinckx Gebbe		KAZS/11045/05 5:25.68				<b>5:12.71</b>	312		
	50m:	34.46 34.46	150m:	1:52.50 39.78	250m:	3:14.27 41.30	350m:	4:35.52 40.24		
	100m:	1:12.72 38.26	200m:	2:32.97 40.47	300m:	3:55.28 41.01	400m:	5:12.71 37.19		

PK 2021 Vlaams-Brabant & Brussel  
Leuven, 16 - 17/10/2021

Programmanr. 26, Heren, 400m vrije slag

17 - 18 jaar

1.	Van Ermen Alexander		DDAT/11084/04	4:09.18	<b>4:00.11</b>	690						
	50m:	27.55	27.55	150m:	1:26.61	29.91	250m:	2:28.05	30.75	350m:	3:29.93	30.95
	100m:	56.70	29.15	200m:	1:57.30	30.69	300m:	2:58.98	30.93	400m:	4:00.11	30.18
2.	Berx Robbe		TRUST/11012/03	4:01.83	<b>4:11.49</b>	601						
	50m:	28.30	28.30	150m:	1:31.29	31.90	250m:	2:35.98	32.69	350m:	3:40.82	32.23
	100m:	59.39	31.09	200m:	2:03.29	32.00	300m:	3:08.59	32.61	400m:	4:11.49	30.67
3.	Gillis Xander		ZCK/12076/04	4:15.76	<b>4:14.78</b>	578						
	50m:	28.75	28.75	150m:	1:32.46	32.05	250m:	2:37.64	32.58	350m:	3:43.08	32.49
	100m:	1:00.41	31.66	200m:	2:05.06	32.60	300m:	3:10.59	32.95	400m:	4:14.78	31.70
4.	Van genechten Sander		LAQUA/11460/034:	14.52	<b>4:21.08</b>	537						
	50m:	28.73	28.73	150m:	1:33.69	32.92	250m:	2:40.29	33.40	350m:	3:47.94	33.83
	100m:	1:00.77	32.04	200m:	2:06.89	33.20	300m:	3:14.11	33.82	400m:	4:21.08	33.14
5.	Bollen Vincent		LAQUA/11190/044:	36.10	<b>4:27.86</b>	497						
	50m:	28.98	28.98	150m:	1:35.53	33.69	250m:	2:44.76	34.86	350m:	3:54.97	35.27
	100m:	1:01.84	32.86	200m:	2:09.90	34.37	300m:	3:19.70	34.94	400m:	4:27.86	32.89
6.	Matthijs Laurenz		SCZ/10172/04	4:33.36	<b>4:33.02</b>	469						
	50m:	29.75	29.75	150m:	1:37.07	34.13	250m:	2:46.63	34.66	350m:	3:57.87	35.80
	100m:	1:02.94	33.19	200m:	2:11.97	34.90	300m:	3:22.07	35.44	400m:	4:33.02	35.15
7.	Heymans Quinten		STZ/11049/03	4:37.34	<b>4:39.65</b>	437						
	50m:	29.62	29.62	150m:	1:38.54	34.84	250m:	2:50.11	36.26	350m:	4:04.03	37.08
	100m:	1:03.70	34.08	200m:	2:13.85	35.31	300m:	3:26.95	36.84	400m:	4:39.65	35.62
8.	Van Boxstael Jan		KLSVZ/11013/04	4:46.62	<b>4:42.42</b>	424						
	50m:	32.66	32.66	150m:	1:44.23	35.92	250m:	2:56.98	36.46	350m:	4:09.14	35.99
	100m:	1:08.31	35.65	200m:	2:20.52	36.29	300m:	3:33.15	36.17	400m:	4:42.42	33.28
9.	Pillet Brecht		DDAT/11017/04	4:48.51	<b>4:50.28</b>	390						
	50m:	31.24	31.24	150m:	1:42.90	36.48	250m:	2:58.08	37.65	350m:	4:14.35	37.93
	100m:	1:06.42	35.18	200m:	2:20.43	37.53	300m:	3:36.42	38.34	400m:	4:50.28	35.93
10.	Huygh Yaro		STZ/11061/03	4:46.13	<b>5:03.58</b>	341						
	50m:	32.17	32.17	150m:	1:48.07	38.61	250m:	3:05.61	38.70	350m:	4:24.87	39.50
	100m:	1:09.46	37.29	200m:	2:26.91	38.84	300m:	3:45.37	39.76	400m:	5:03.58	38.71

19 jaar en ouder

1.	Hermans Janou		TRUST/11005/98	4:17.96	<b>4:19.00</b>	550						
	50m:	28.35	28.35	150m:	1:32.11	32.48	250m:	2:37.88	33.16	350m:	3:45.72	34.15
	100m:	59.63	31.28	200m:	2:04.72	32.61	300m:	3:11.57	33.69	400m:	4:19.00	33.28
2.	Dobbelaere Sam		LAQUA/11153/014:	22.43	<b>4:27.88</b>	497						
	50m:	29.53	29.53	150m:	1:35.30	33.35	250m:	2:43.48	34.04	350m:	3:53.12	34.92
	100m:	1:01.95	32.42	200m:	2:09.44	34.14	300m:	3:18.20	34.72	400m:	4:27.88	34.76