



Event 110  
21.12.2020 - 17:38

Men, 400m Freestyle

Open  
Results

EER	3:42.12	ZIRK, Kregor	USK	Las Vegas (USA)	21.12.2019
EEJR - 18	3:47.51	ZIRK, Kregor	USK	Tallinn	18.12.2016
EEJR - 16	3:48.34	ZIRK, Kregor	USK	Tallinn	20.12.2015
EEJR - 14	4:00.75	ZIRK, Kregor	USK	Keila	07.06.2014

Rank					YB					Time		
1.	HELDE, Kaspar				02	TOPi Ujumisklubi				<b>3:51.81</b>		
	50m:	26.09	26.09	150m:	1:24.35	29.64	250m:	2:24.15	29.98	350m:	3:23.38	29.26
	100m:	54.71	28.62	200m:	1:54.17	29.82	300m:	2:54.12	29.97	400m:	3:51.81	28.43
2.	LIHATS, Erik				03	Spordiklubi Garant				<b>3:55.29</b>		
	50m:	26.29	26.29	150m:	1:24.52	29.35	250m:	2:24.39	29.96	350m:	3:24.25	29.93
	100m:	55.17	28.88	200m:	1:54.43	29.91	300m:	2:54.32	29.93	400m:	3:55.29	31.04
3.	TAMMER, Toomas Tanel				03	Yess				<b>3:59.76</b>		
	50m:	26.78	26.78	150m:	1:26.12	30.06	250m:	2:27.58	30.65	350m:	3:29.00	30.52
	100m:	56.06	29.28	200m:	1:56.93	30.81	300m:	2:58.48	30.90	400m:	3:59.76	30.76
4.	TURU, Vladimir				99	Spordiklubi Garant				<b>4:05.10</b>		
	50m:	26.84	26.84	150m:	1:26.68	30.33	250m:	2:29.24	31.69	350m:	3:33.51	32.23
	100m:	56.35	29.51	200m:	1:57.55	30.87	300m:	3:01.28	32.04	400m:	4:05.10	31.59
5.	SEPP, Konrad Aleksander				05	Viimsi Veeklubi/Bruno Ujumiskool				<b>4:06.86</b>		
	50m:	28.46	28.46	150m:	1:31.36	31.50	250m:	2:34.04	31.32	350m:	3:36.64	31.17
	100m:	59.86	31.40	200m:	2:02.72	31.36	300m:	3:05.47	31.43	400m:	4:06.86	30.22
6.	PIUS, Rinel				99	Viimsi Veeklubi/Bruno Ujumiskool				<b>4:12.22</b>		
	50m:	28.13	28.13	150m:	1:30.42	31.45	250m:	2:34.44	32.24	350m:	3:39.89	33.18
	100m:	58.97	30.84	200m:	2:02.20	31.78	300m:	3:06.71	32.27	400m:	4:12.22	32.33
7.	ALIHODZIN, Artjom				02	Spordiklubi Garant				<b>4:14.48</b>		
	50m:	26.68	26.68	150m:	1:27.63	31.06	250m:	2:32.53	32.71	350m:	3:40.73	34.42
	100m:	56.57	29.89	200m:	1:59.82	32.19	300m:	3:06.31	33.78	400m:	4:14.48	33.75
8.	ULMAS, Artur				04	Kalevi Ujumiskool				<b>4:23.77</b>		
	50m:	28.47	28.47	150m:	1:32.87	32.73	250m:	2:40.45	33.89	350m:	3:49.04	34.39
	100m:	1:00.14	31.67	200m:	2:06.56	33.69	300m:	3:14.65	34.20	400m:	4:23.77	34.73