

Torneio Internacional da Guarda - Cidade dos 5 F's  
(Farta, Forte, Fiel, Fria, Formosa)  
Guarda, 09-01-2021

Prova 7 09-01-2021 - 10:55	Femin., 200m Estilos				Absoluto Resultados
RN Absoluto	2:12.08	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	16-12-2017
RN Sen	2:12.08	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	16-12-2017
RN Jun 17	2:16.22	PEREIRA Raquel Gomes	SAD	Algés	19-11-2016
RN Jun 16	2:14.94	ROSA Maria Carolina	SCP	S. António Cavaleiros	19-12-2009
RN Juv A	2:18.13	CUNHA Mariana Pacheco	CFP	Felgueiras	27-04-2019
RN Juv B	2:19.79	CUNHA Mariana Pacheco	CFP	Felgueiras	14-04-2018
RN Inf A	2:21.36	FERNANDES Carolina Miranda	CGA	Felgueiras	10-03-2018
RN Inf B	2:28.04	FERNANDES Carolina Miranda	CGA	Mealhada	08-04-2017

Pontos: FINA 2020

Lugar	Ano				Tempo final	FINA	Pts
1. MARTINS Francisca Soares	03	Portugal		<b>2:21.41</b>	639		
50m: 30.84 30.84	100m: 1:06.17 35.33	150m: 1:49.06 42.89	200m: 2:21.41 32.35				
2. CARDEAL Joana Nunes	02	Portugal		<b>2:21.65</b>	636		
50m: 30.24 30.24	100m: 1:06.36 36.12	150m: 1:49.12 42.76	200m: 2:21.65 32.53				
3. MOURA Maria Ferreira	04	Sporting		<b>2:25.23</b>	590		
50m: 30.72 30.72	100m: 1:07.37 36.65	150m: 1:51.21 43.84	200m: 2:25.23 34.02				
4. LOPES Daniela Magalhaes	05	Famalicao		<b>2:27.79</b>	560		
50m: 31.80 31.80	100m: 1:11.68 39.88	150m: 1:54.47 42.79	200m: 2:27.79 33.32				
5. FERNANDES Carolina Miranda	05	Seleccao Centro Norte Portugal		<b>2:27.93</b>	559		
50m: 30.00 30.00	100m: 1:07.85 37.85	150m: 1:53.44 45.59	200m: 2:27.93 34.49				
6. VEIGA Ana Filipa	01	Seleccao Centro Norte Portugal		<b>2:28.72</b>	550		
50m: 32.88 32.88	100m: 1:13.41 40.53	150m: 1:54.83 41.42	200m: 2:28.72 33.89				
7. NICOLAU Margarida Claudino	05	Torres Novas		<b>2:29.96</b>	536		
50m: 31.48 31.48	100m: 1:10.23 38.75	150m: 1:54.35 44.12	200m: 2:29.96 35.61				
8. REIS Erica Cristina	05	Sporting		<b>2:30.00</b>	536		
50m: 33.10 33.10	100m: 1:12.39 39.29	150m: 1:55.28 42.89	200m: 2:30.00 34.72				
9. RAMOS Ana Rita	02	Porto		<b>2:30.40</b>	531		
50m: 32.49 32.49	100m: 1:10.13 37.64	150m: 1:57.16 47.03	200m: 2:30.40 33.24				
10. MORGADO Alice Jesus	04	Sporting		<b>2:34.69</b>	488		
50m: 32.42 32.42	100m: 1:12.98 40.56	150m: 1:59.02 46.04	200m: 2:34.69 35.67				
11. RAMOS Ines Asseiceira	03	Torres Novas		<b>2:35.81</b>	478		
50m: 34.35 34.35	100m: 1:12.02 37.67	150m: 1:59.82 47.80	200m: 2:35.81 35.99				
12. CANINHAS Maria Pinto	05	Seleccao do Interior Centro		<b>2:36.05</b>	476		
50m: 34.12 34.12	100m: 1:13.59 39.47	150m: 2:01.89 48.30	200m: 2:36.05 34.16				
13. MATIAS Marta Filipa	03	Seleccao do Interior Centro		<b>2:42.23</b>	423		
50m: 32.85 32.85	100m: 1:14.84 41.99	150m: 2:04.48 49.64	200m: 2:42.23 37.75				
14. CASINHAS Leonor Nobre	06	Seleccao do Alentejo		<b>2:55.70</b>	333		
50m: 34.89 34.89	100m: 1:22.42 47.53	150m: 2:13.92 51.50	200m: 2:55.70 41.78				

Organizadores |



Parceiros |



Patrocinadores |



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Guarda, 09-01-2021

Prova 7, Femin., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	FINA	Pts
DNS REBELO Camila Rodrigues	03 Portugal			

Organizadores |



Parceiros |



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