

95th Latvian Championship
Riga, 1. - 3.3.2019

Event 22
02.03.2019 - 17:53

Men, 400m Medley

Open
Results

Latvian Records 4:22.60 KALNINS Uvis LAT Gwangju (KOR) 10.07.2015

II : 5:52.85

Points: FINA 2018

Rank	Name	YB	Club	RT	Time	Pts
1.	GADGAARD Mikkel	99	Esbjerg Svoemmeklub	+0,72	4:34.82	698
	50m: 28.47 28.47	150m: 1:39.12	37.72	250m: 2:53.77	38.54	350m: 4:05.43 31.78
	100m: 1:01.40 32.93	200m: 2:15.23	36.11	300m: 3:33.65	39.88	400m: 4:34.82 29.39
2.	KURACHKIN Kanstantsin	00	SDUSHOR Start	+0,72	4:35.53	693
	50m: 28.90 28.90	150m: 1:40.03	37.04	250m: 2:55.76	40.04	350m: 4:06.16 30.55
	100m: 1:02.99 34.09	200m: 2:15.72	35.69	300m: 3:35.61	39.85	400m: 4:35.53 29.37
3.	POULOS George	02	Orcas Swimming of Burlington	+0,69	4:48.70	602
	50m: 29.40 29.40	150m: 1:42.27	38.52	250m: 3:00.48	40.59	350m: 4:16.36 34.17
	100m: 1:03.75 34.35	200m: 2:19.89	37.62	300m: 3:42.19	41.71	400m: 4:48.70 32.34
4.	SHARAPAU Mikita	95	SDUSHOR Start	+0,71	4:49.24	599
	50m: 28.94 28.94	150m: 1:39.03	37.00	250m: 2:57.75	41.11	350m: 4:15.56 35.33
	100m: 1:02.03 33.09	200m: 2:16.64	37.61	300m: 3:40.23	42.48	400m: 4:49.24 33.68
5.	MIKELSONS Kristaps	04	Valmieras BSS	+0,67	4:49.74	596
	50m: 30.70 30.70	150m: 1:45.53	37.44	250m: 3:02.31	40.87	350m: 4:17.91 34.06
	100m: 1:08.09 37.39	200m: 2:21.44	35.91	300m: 3:43.85	41.54	400m: 4:49.74 31.83
6.	TSIARESHCHANKA Aliaksei	99	SDUSHOR Start	+0,73	4:56.02	558
	50m: 28.84 28.84	150m: 1:41.23	37.83	250m: 3:01.73	42.44	350m: 4:21.38 35.46
	100m: 1:03.40 34.56	200m: 2:19.29	38.06	300m: 3:45.92	44.19	400m: 4:56.02 34.64
7.	DRAGASJUS Donats	04	Jelgavas pilseta	+0,65	4:58.88	543
	50m: 31.37 31.37	150m: 1:46.65	38.05	250m: 3:05.97	42.20	350m: 4:25.17 35.82
	100m: 1:08.60 37.23	200m: 2:23.77	37.12	300m: 3:49.35	43.38	400m: 4:58.88 33.71
8.	BOICOVS Ilja	97	Jelgavas SPS	+0,66	4:59.95	537
	50m: 30.01 30.01	150m: 1:45.30	38.88	250m: 3:05.66	41.80	350m: 4:23.10 36.20
	100m: 1:06.42 36.41	200m: 2:23.86	38.56	300m: 3:46.90	41.24	400m: 4:59.95 36.85
9.	NIKIFOROVS Danils	00	Valmieras BSS	+0,73	5:04.23	514
	50m: 30.84 30.84	150m: 1:47.42	37.59	250m: 3:07.83	42.64	350m: 4:27.35 35.46
	100m: 1:09.83 38.99	200m: 2:25.19	37.77	300m: 3:51.89	44.06	400m: 5:04.23 36.88
10.	LIEPA Arturs	03	BJSS Ridzene-OSC	+0,65	5:10.52	484
	50m: 31.66 31.66	150m: 1:50.68	40.14	250m: 3:12.25	42.05	350m: 4:34.86 37.85
	100m: 1:10.54 38.88	200m: 2:30.20	39.52	300m: 3:57.01	44.76	400m: 5:10.52 35.66
11.	GAVRILUKS Andrejs	01	SK Delfins	+0,70	5:13.88	468
	50m: 30.48 30.48	150m: 1:49.71	42.54	250m: 3:15.14	44.28	350m: 4:37.00 37.33
	100m: 1:07.17 36.69	200m: 2:30.86	41.15	300m: 3:59.67	44.53	400m: 5:13.88 36.88
12.	GARAIŠ Magnuss	05	BJSS Ridzene-ZOL	+0,63	5:28.64	408
	50m: 33.03 33.03	150m: 1:57.68	44.41	250m: 3:24.64	44.13	350m: 4:51.86 41.39
	100m: 1:13.27 40.24	200m: 2:40.51	42.83	300m: 4:10.47	45.83	400m: 5:28.64 36.78
13.	PETRIKINS Danila	06	BJSS Ridzene-ZOL	+0,74	5:28.98	407
	50m: 33.76 33.76	150m: 1:58.31	43.40	250m: 3:26.82	47.00	350m: 4:53.30 37.83
	100m: 1:14.91 41.15	200m: 2:39.82	41.51	300m: 4:15.47	48.65	400m: 5:28.98 35.68