

95th Latvian Championship  
Riga, 1. - 3.3.2019

Event 10  
01.03.2019 - 17:44

Men, 400m Freestyle

Open  
Results

Latvian Records 3:54.64 MILOSLAVSKIS Romans LAT Vienna (AUT) 24.04.2009

II : 5:18.46

Points: FINA 2018

Rank	Name	YB	Club	RT	Time	Pts
1.	GADGAARD Mikkel	99	Esbjerg Svoemmeklub	+0,72	<b>4:00.12</b>	769
	50m: 27.20 27.20	150m: 1:27.18	30.13	250m: 2:28.16	30.59	350m: 3:30.47 31.11
	100m: 57.05 29.85	200m: 1:57.57	30.39	300m: 2:59.36	31.20	400m: 4:00.12 29.65
2.	KURACHKIN Kanstantsin	00	SDUSHOR Start	+0,71	<b>4:02.42</b>	748
	50m: 27.08 27.08	150m: 1:28.51	31.22	250m: 2:30.76	30.85	350m: 3:32.51 30.59
	100m: 57.29 30.21	200m: 1:59.91	31.40	300m: 3:01.92	31.16	400m: 4:02.42 29.91
3.	STRAITSELEU Mikhail	00	Belarus	+0,65	<b>4:06.50</b>	711
	50m: 27.82 27.82	150m: 1:29.91	31.47	250m: 2:32.30	30.96	350m: 3:34.87 31.18
	100m: 58.44 30.62	200m: 2:01.34	31.43	300m: 3:03.69	31.39	400m: 4:06.50 31.63
4.	MARKOVS Arturs	01	Kipsalas peldbaseins	+0,72	<b>4:07.94</b>	699
	50m: 27.73 27.73	150m: 1:30.11	31.49	250m: 2:33.00	31.76	350m: 3:36.91 31.92
	100m: 58.62 30.89	200m: 2:01.24	31.13	300m: 3:04.99	31.99	400m: 4:07.94 31.03
5.	TSIMAFEYEU Hleb	99	Region Minsk	+0,73	<b>4:13.29</b>	655
	50m: 28.09 28.09	150m: 1:31.50	32.05	250m: 2:35.98	32.48	350m: 3:40.96 32.66
	100m: 59.45 31.36	200m: 2:03.50	32.00	300m: 3:08.30	32.32	400m: 4:13.29 32.33
6.	HOEGILD Magnus	99	Esbjerg Svoemmeklub	+0,65	<b>4:15.89</b>	636
	50m: 28.98 28.98	150m: 1:34.77	33.00	250m: 2:40.86	32.16	350m: 3:45.05 31.74
	100m: 1:01.77 32.79	200m: 2:08.70	33.93	300m: 3:13.31	32.45	400m: 4:15.89 30.84
7.	MALINOUSKI Yauheni	00	Region Minsk	+0,59	<b>4:16.92</b>	628
	50m: 28.34 28.34	150m: 1:33.21	33.07	250m: 2:39.65	33.41	350m: 3:45.70 32.83
	100m: 1:00.14 31.80	200m: 2:06.24	33.03	300m: 3:12.87	33.22	400m: 4:16.92 31.22
8.	AUDZEVICS Jekabs	01	Jelgavas SPS	+0,68	<b>4:17.22</b>	626
	50m: 28.59 28.59	150m: 1:32.94	33.06	250m: 2:39.59	33.38	350m: 3:46.10 33.02
	100m: 59.88 31.29	200m: 2:06.21	33.27	300m: 3:13.08	33.49	400m: 4:17.22 31.12
9.	BREGIS Kristofers Dags	01	Valmieras BSS		<b>4:17.65</b>	623
	50m: 28.47 28.47	150m: 1:32.14	32.14	250m: 2:37.64	32.76	350m: 3:44.44 33.48
	100m: 1:00.00 31.53	200m: 2:04.88	32.74	300m: 3:10.96	33.32	400m: 4:17.65 33.21
10.	LIHHATS Erik	03	SK Garant	+0,69	<b>4:23.24</b>	584
	50m: 28.84 28.84	150m: 1:34.83	33.05	250m: 2:41.79	33.05	350m: 3:49.46 33.54
	100m: 1:01.78 32.94	200m: 2:08.74	33.91	300m: 3:15.92	34.13	400m: 4:23.24 33.78
11.	LIEPA Arturs	03	BJSS Ridzene-OSC	+0,66	<b>4:23.59</b>	581
	50m: 29.09 29.09	150m: 1:35.31	33.60	250m: 2:44.35	34.55	350m: 3:52.52 33.63
	100m: 1:01.71 32.62	200m: 2:09.80	34.49	300m: 3:18.89	34.54	400m: 4:23.59 31.07
12.	POULOS George	02	Orcas Swimming of Burlington	+0,70	<b>4:24.41</b>	576
	50m: 28.86 28.86	150m: 1:34.76	33.76	250m: 2:42.94	34.56	350m: 3:51.61 34.18
	100m: 1:01.00 32.14	200m: 2:08.38	33.62	300m: 3:17.43	34.49	400m: 4:24.41 32.80
13.	FREIMANIS Roberts	02	Jelgavas SPS	+0,63	<b>4:25.30</b>	570
	50m: 29.13 29.13	150m: 1:35.28	33.51	250m: 2:43.61	34.08	350m: 3:52.62 34.62
	100m: 1:01.77 32.64	200m: 2:09.53	34.25	300m: 3:18.00	34.39	400m: 4:25.30 32.68
14.	VAZDIKIS Artis	00	BJSS Ridzene-ZIEP	+0,86	<b>4:29.45</b>	544
	50m: 29.75 29.75	150m: 1:36.72	33.98	250m: 2:46.93	35.00	350m: 3:56.18 34.43
	100m: 1:02.74 32.99	200m: 2:11.93	35.21	300m: 3:21.75	34.82	400m: 4:29.45 33.27
15.	BERGMANIS Anrijs Ansis	03	Jurmālas SS	+0,73	<b>4:33.38</b>	521
	50m: 29.68 29.68	150m: 1:36.30	33.73	250m: 2:47.08	35.50	350m: 3:59.06 36.12
	100m: 1:02.57 32.89	200m: 2:11.58	35.28	300m: 3:22.94	35.86	400m: 4:33.38 34.32
16.	AUDZEVICS Pauls	03	Jelgavas SPS	+0,71	<b>4:34.64</b>	514
	50m: 30.85 30.85	150m: 1:40.06	34.83	250m: 2:50.72	35.62	350m: 4:01.21 35.00
	100m: 1:05.23 34.38	200m: 2:15.10	35.04	300m: 3:26.21	35.49	400m: 4:34.64 33.43

95th Latvian Championship  
Riga, 1. - 3.3.2019

Event 10, Men, 400m Freestyle, Open

Rank	Name	YB	Club	RT	Time	Pts
17.	MIHAILOVS Jegors	04	BJSS Ridzene-OSC	+0,65	<b>4:35.05</b>	512
	50m: 29.90 29.90	150m: 1:37.97	34.49	250m: 2:49.42	35.94	350m: 4:01.15 36.06
	100m: 1:03.48 33.58	200m: 2:13.48	35.51	300m: 3:25.09	35.67	400m: 4:35.05 33.90
18.	ADAMSONS Karlis	03	BJSS Ridzene-ZIEP	+0,72	<b>4:38.46</b>	493
	50m: 30.09 30.09	150m: 1:38.30	34.90	250m: 2:49.93	36.22	350m: 4:02.53 36.08
	100m: 1:03.40 33.31	200m: 2:13.71	35.41	300m: 3:26.45	36.52	400m: 4:38.46 35.93
19.	LIEPINS Karlis	02	Valmieras BSS	+0,73	<b>4:42.04</b>	475
	50m: 29.68 29.68	150m: 1:37.77	34.74	250m: 2:50.62	36.88	350m: 4:05.63 37.64
	100m: 1:03.03 33.35	200m: 2:13.74	35.97	300m: 3:27.99	37.37	400m: 4:42.04 36.41
20.	UBAVICUS Markuss	01	SK Aquatics	+0,79	<b>4:44.56</b>	462
	50m: 30.36 30.36	150m: 1:41.57	36.09	250m: 2:56.47	37.91	350m: 4:09.66 36.38
	100m: 1:05.48 35.12	200m: 2:18.56	36.99	300m: 3:33.28	36.81	400m: 4:44.56 34.90
21.	RULLIS Reds	05	Valmieras BSS	+0,79	<b>4:44.96</b>	460
	50m: 31.84 31.84	150m: 1:44.33	36.65	250m: 2:58.24	36.47	350m: 4:11.01 36.15
	100m: 1:07.68 35.84	200m: 2:21.77	37.44	300m: 3:34.86	36.62	400m: 4:44.96 33.95
22.	LOGINS Kristians	03	BJSS Ridzene-ZIEP	+0,68	<b>4:46.95</b>	451
	50m: 32.14 32.14	150m: 1:44.62	36.69	250m: 2:58.21	36.95	350m: 4:12.00 36.13
	100m: 1:07.93 35.79	200m: 2:21.26	36.64	300m: 3:35.87	37.66	400m: 4:46.95 34.95
23.	SAVINOVS Daniils	03	BJSS Ridzene-DSN	+0,62	<b>4:48.56</b>	443
	50m: 30.49 30.49	150m: 1:41.41	36.55	250m: 2:56.65	37.99	350m: 4:12.66 37.79
	100m: 1:04.86 34.37	200m: 2:18.66	37.25	300m: 3:34.87	38.22	400m: 4:48.56 35.90
24.	PETRIKINS Danila	06	BJSS Ridzene-ZOL	+0,76	<b>4:48.77</b>	442
	50m: 32.27 32.27	150m: 1:44.79	36.36	250m: 2:59.31	36.77	350m: 4:13.51 37.18
	100m: 1:08.43 36.16	200m: 2:22.54	37.75	300m: 3:36.33	37.02	400m: 4:48.77 35.26
25.	MIHAILOVS Olegs	05	Rezeknes BJSS	+0,86	<b>4:50.38</b>	435
	50m: 32.11 32.11	150m: 1:44.74	37.01	250m: 3:00.33	37.96	350m: 4:16.86 37.86
	100m: 1:07.73 35.62	200m: 2:22.37	37.63	300m: 3:39.00	38.67	400m: 4:50.38 33.52
26.	ABOLINS Toms	92	PK Champions	+0,77	<b>4:50.71</b>	433
	50m: 31.59 31.59	150m: 1:42.82	36.48	250m: 2:57.90	37.91	350m: 4:13.80 37.92
	100m: 1:06.34 34.75	200m: 2:19.99	37.17	300m: 3:35.88	37.98	400m: 4:50.71 36.91
27.	DZIRKALIS Janis	05	PK Ogre	+0,66	<b>4:51.90</b>	428
	50m: 32.29 32.29	150m: 1:44.88	36.71	250m: 3:00.10	37.68	350m: 4:16.44 38.46
	100m: 1:08.17 35.88	200m: 2:22.42	37.54	300m: 3:37.98	37.88	400m: 4:51.90 35.46
28.	VEGERIS Francis Daniels	03	BJSS Ridzene-OSC	+0,66	<b>5:09.25</b>	360
	50m: 33.47 33.47	150m: 1:51.75	39.77	250m: 3:12.13	40.09	350m: 4:31.89 39.81
	100m: 1:11.98 38.51	200m: 2:32.04	40.29	300m: 3:52.08	39.95	400m: 5:09.25 37.36