

16e Meeting Lemanique
Clarens, 9. - 10.3.2019

Epreuve 32
10.03.2019 - 16:40

Messieurs, 400m 4 nages

Cat. générale
Liste résultats

Temps limite : 6:00.00

Points: FINA 2018

Rang			AN						Temps	Pts		
1.	ROCHAT, Jean-Fra. ois		91	Rfn					4:49.22	599		
	50m:	28.99	28.99	150m:	1:42.49	39.14	250m:	3:03.33	42.28	350m:	4:17.49	32.82
	100m:	1:03.35	34.36	200m:	2:21.05	38.56	300m:	3:44.67	41.34	400m:	4:49.22	31.73
2.	JORDAN, Oscar		00	Montreux-Natation					4:57.75	549		
	50m:	29.69	29.69	150m:	1:44.00	39.22	250m:	3:03.50	41.25	350m:	4:22.71	37.53
	100m:	1:04.78	35.09	200m:	2:22.25	38.25	300m:	3:45.18	41.68	400m:	4:57.75	35.04
3.	DALI, Yanis		03	Natation Sportive Genève					4:58.49	545		
	50m:	31.07	31.07	150m:	1:49.56	40.36	250m:	3:10.75	42.03	350m:	4:26.37	33.74
	100m:	1:09.20	38.13	200m:	2:28.72	39.16	300m:	3:52.63	41.88	400m:	4:58.49	32.12
4.	GOLOMBEK, Noam		01	Natation Sportive Genève					4:59.54	539		
	50m:	32.17	32.17	150m:	1:50.24	40.62	250m:	3:10.06	41.57	350m:	4:27.23	34.82
	100m:	1:09.62	37.45	200m:	2:28.49	38.25	300m:	3:52.41	42.35	400m:	4:59.54	32.31
5.	GOLOMBEK, Liam		03	Natation Sportive Genève					5:08.27	494		
	50m:	32.77	32.77	150m:	1:49.08	38.73	250m:	3:12.84	45.38	350m:	4:34.37	34.69
	100m:	1:10.35	37.58	200m:	2:27.46	38.38	300m:	3:59.68	46.84	400m:	5:08.27	33.90
6.	VOLET, Loïc		01	Vevey-Natation					5:11.28	480		
	50m:	30.48	30.48	150m:	1:47.41	40.02	250m:	3:13.04	45.65	350m:	4:35.41	37.04
	100m:	1:07.39	36.91	200m:	2:27.39	39.98	300m:	3:58.37	45.33	400m:	5:11.28	35.87
7.	ALLEGRI, Gilles		03	Roll					5:11.45	479		
	50m:	32.04	32.04	150m:	1:52.53	42.67	250m:	3:17.70	45.01	350m:	4:36.43	33.38
	100m:	1:09.86	37.82	200m:	2:32.69	40.16	300m:	4:03.05	45.35	400m:	5:11.45	35.02
8.	ANTONIN, Felix		01	CN Sion					5:12.52	474		
	50m:	32.20	32.20	150m:	1:51.68	40.98	250m:	3:17.49	45.21	350m:	4:39.06	36.27
	100m:	1:10.70	38.50	200m:	2:32.28	40.60	300m:	4:02.79	45.30	400m:	5:12.52	33.46
9.	BAILLOD, Julien		80	Nyon					5:14.72	465		
	50m:	32.56	32.56	150m:	1:53.57	42.18	250m:	3:17.75	43.81	350m:	4:39.79	37.44
	100m:	1:11.39	38.83	200m:	2:33.94	40.37	300m:	4:02.35	44.60	400m:	5:14.72	34.93
10.	HAGEN, Amon		04	Lancy Natation					5:17.93	451		
	50m:	33.09	33.09	150m:	1:52.05	39.35	250m:	3:17.37	45.16	350m:	4:41.26	36.38
	100m:	1:12.70	39.61	200m:	2:32.21	40.16	300m:	4:04.88	47.51	400m:	5:17.93	36.67
11.	ROTHENBUHLER, Lei		04	Rfn					5:19.31	445		
	50m:	33.56	33.56	150m:	1:55.91	42.70	250m:	3:21.60	43.36	350m:	4:43.98	38.21
	100m:	1:13.21	39.65	200m:	2:38.24	42.33	300m:	4:05.77	44.17	400m:	5:19.31	35.33
12.	PUENZIEUX, Loris		05	Montreux-Natation					5:25.99	418		
	50m:	34.28	34.28	150m:	1:57.92	42.82	250m:	3:25.65	47.78	350m:	4:49.69	36.34
	100m:	1:15.10	40.82	200m:	2:37.87	39.95	300m:	4:13.35	47.70	400m:	5:25.99	36.30
13.	BACKHAUS, Daniel		05	Lausanne Natation					5:40.20	368		
	50m:	36.94	36.94	150m:	2:04.68	43.32	250m:	3:35.61	46.97	350m:	5:03.39	39.51
	100m:	1:21.36	44.42	200m:	2:48.64	43.96	300m:	4:23.88	48.27	400m:	5:40.20	36.81
14.	BIALON, Nicolas		06	Rfn					5:44.21	355		
	50m:	36.12	36.12	150m:	2:06.70	47.48	250m:	3:38.93	47.88	350m:	5:07.02	38.99
	100m:	1:19.22	43.10	200m:	2:51.05	44.35	300m:	4:28.03	49.10	400m:	5:44.21	37.19
15.	POMELLI, Raphaël		05	Vevey-Natation					5:55.29	323		
	50m:	35.69	35.69	150m:	2:09.16	47.15	250m:	3:43.70	48.42	350m:	5:15.48	41.55
	100m:	1:22.01	46.32	200m:	2:55.28	46.12	300m:	4:33.93	50.23	400m:	5:55.29	39.81
16.	EGANDI, Alec		04	Vevey-Natation					6:00.03	310		
	50m:	34.93	34.93	150m:	2:10.58	49.69	250m:	3:47.45	48.42	350m:	5:19.99	41.14
	100m:	1:20.89	45.96	200m:	2:59.03	48.45	300m:	4:38.85	51.40	400m:	6:00.03	40.04
forf.déc.	WIDMER, Thibaud		01	Fri								
forf.déc.	MESHESHA, Gabriel		05	Cns								